

EARLY CHILDHOOD DISTANCE LEARNING MATERIALS

INFANTS - Spring





Week 2

DIRECTIONS FOR EACH DAY THIS WEEK: The goal is to do 5 activities, one in each area. After you complete an activity, color in the box to show it's done. The goal is to have a blackout by the end of the week, with every box colored in. Get ready...Get Set...LEARN!

L Literacy	E Exercise	A Arts	R Regulation	N Numbers
Read 15 minutes with your child.	Check out Just Dance on youtube.com	Go on a color hunt around your house or outside	Get 2 straws and a cotton ball and blow the cotton ball back and forth gently. Talk about slowing down our breathes	Complete one of the math packet activities
Pick your favorite book and talk about why this book is you favorite	Go to https://www.kidsyogastories.com/yoga-for-spring/ and learn new spring inspired yoga positions	Draw a picture of your favorite flower	Help do a chore around the house	Take a walk around the neighborhood and count how many flowers you see
Pretend you are at a park and lay on a blanket and read a book	Play follow the leader	Draw a picture of what you like to do outside	Play different songs and talk about how they make you feel.	Collect different things from around your house and sort them
Complete one of the literacy packet activities	Make an 'obstacle' course with chalk. Pinterest has lots of great ideas	Make your own homemade paint	Dance around the house with different tempo songs	Make a tally chart of your families favorite food
Have your child read a story to you. Remember talking about the pictures is the first step in reading.	Talk about where healthy foods come from: the ground, trees, plants	Find a spot in your house to display all your awesome artwork	Practice STAR breathing. S mile, T ake a deep breath, a nd R elax. Fill up your belly like a balloon and slowly let it out. Do this 3 times	See how high you can count to. Is it 10? 20? 30? 100?
Read to a stuffed animal or two	Enjoy the weather and go for a walk	Play your favorite song and clap to the beat	Talk about and find things that help calm your child down	Go on a shape scavenger hunt around your house

Daily Check-In: Tell me how you're feeling today?



Happy/Excited



Calm/Relaxed



Anxious/Worried



Sad/Upset



Angry/Frustrated



	Handwriting	Literacy	Math	STEAM
Monday	Playdoh letters	Talk about how the Playdoh feels	Color Matching	Snow is melting! Melt ice
Tuesday	Flowers with petals that spell your name	Write the letters on the flower petals	Shape Matching	Make Bubbles
Wednesday	Trace the letter A	Matching Letters on Ladybugs	Find Pairs	Moon Dough
Thursday	Hair Gel Writing	Read your favorite book together	Count the Raindrops	Race to the Rainbow
Friday	Chalk Writing	Name Hunt	Scavenger Hunt	Dance Party!

Monday!

Playdoh letters: Handwriting and Literacy

Materials: Play-doh

Instructions: Create letters or anything you'd like

If you don't have any Play-doh on hand here is a recipe.

Materials:

- 1 cup flour
- 1 cup water (a few drops food coloring)
- ¼ cup salt
- 1 Tbsp oil
- 2 tsp cream of tartar

Instructions:

- Put in the dry mixture first and make sure it's incorporated. Then add the wet. Next turn on the medium/high heat and knead. (Be careful it will be hot.)
- Talk about how the Playdoh feels. For example squishy, soft, is it crumbly?, etc.

Goal: Fine motor development

Conversation skills

Melt Ice: STEAM

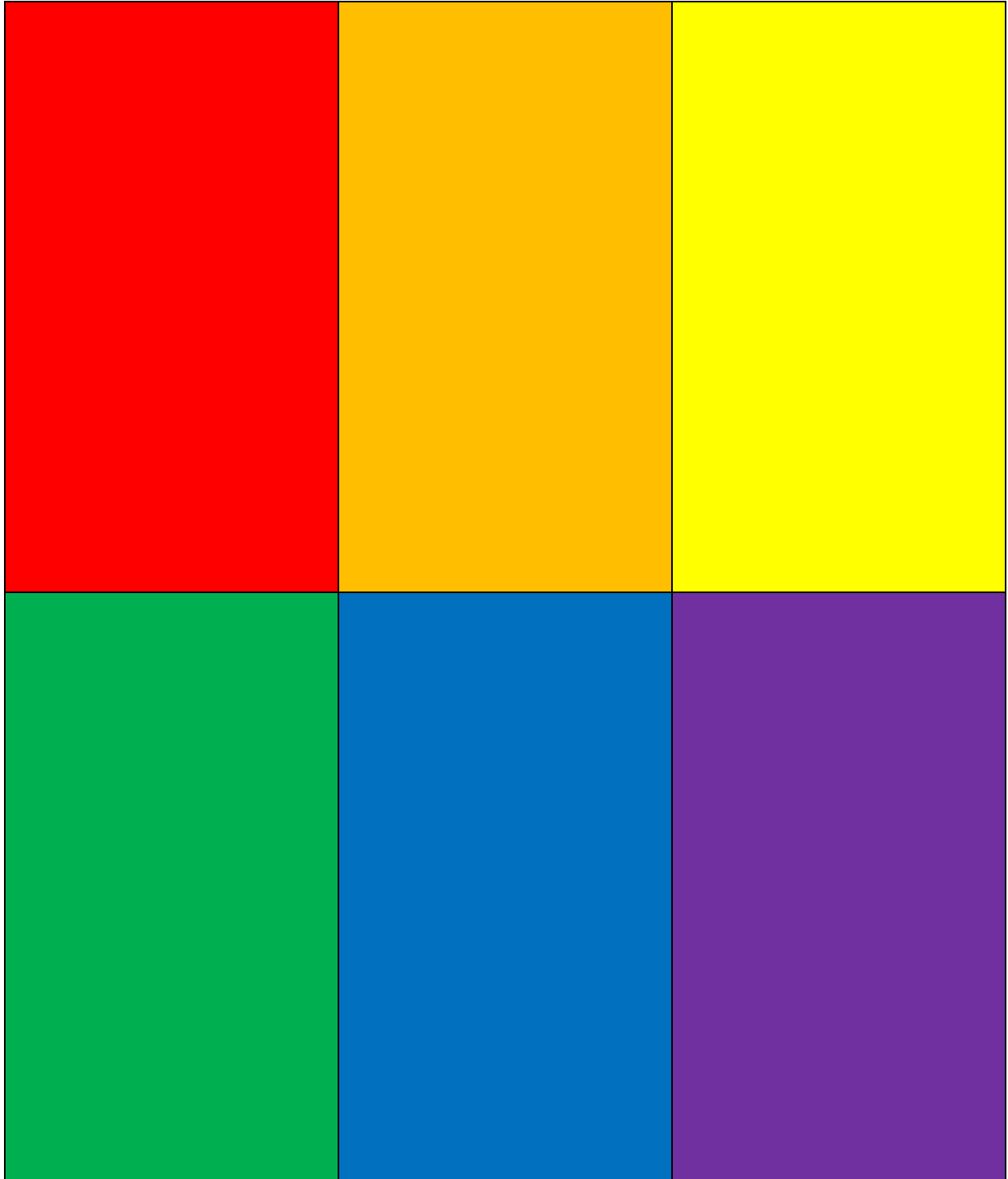
All you need to do for this is have some ice. Put the ice in a bowl or on a plate. Come up with different ways to melt it.

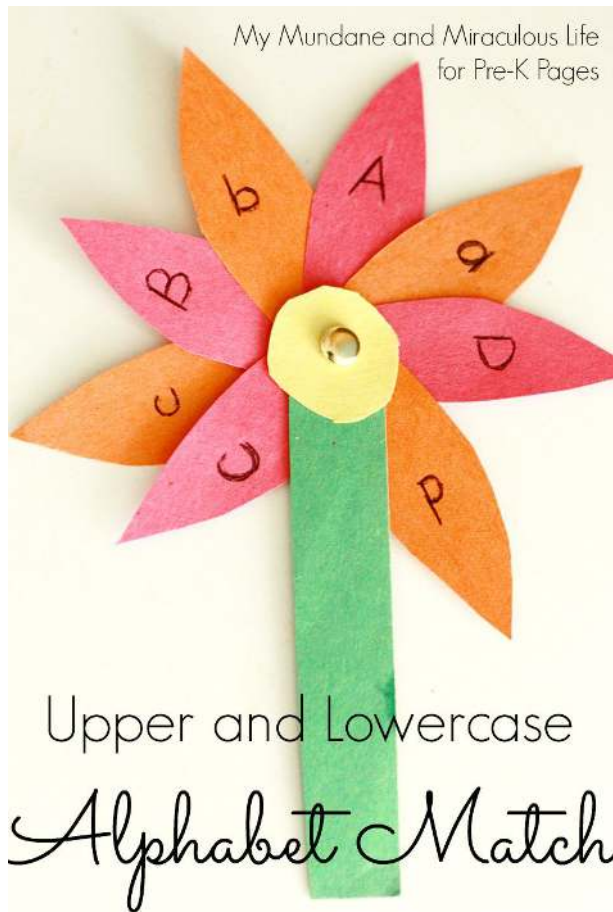
Goal: using problem solving skills to come up with new ways to melt the ice

Color Matching: Math

Instructions: Find small items that fit in these boxes that match these colors.

Goal: Matching by color





Tuesday!

Flower Petal Name: Handwriting and Literacy

Materials:

- Colored paper (or white paper you can color in yourself)
- Glue
- (optional) a brad for the middle

Instructions:

Step 1: Cut out a stem, a middle piece, and petals (there should be enough petals for each letter of your name)

Step 2: Write one letter on each petal

Step 3: Glue the middle piece on the stem

Step 4: Glue the petals onto the backside of the stem.

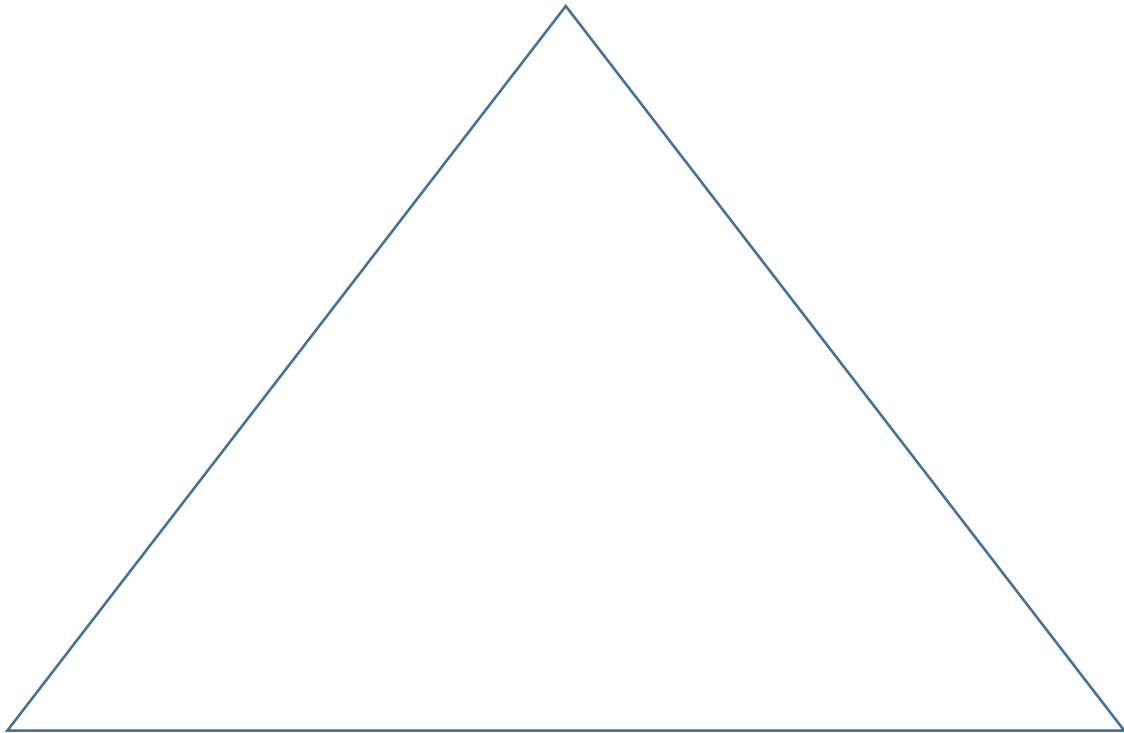
Goal: Identify names and letters

Snips with scissors

Matching Shapes: Math

Instructions: Find something in your house that is this shape.

Goal: Understands shapes

**Bubbles: STEAM**

Materials:

- ½ cup soap
- 1 cup water
- 2 Tbsp Corn Syrup

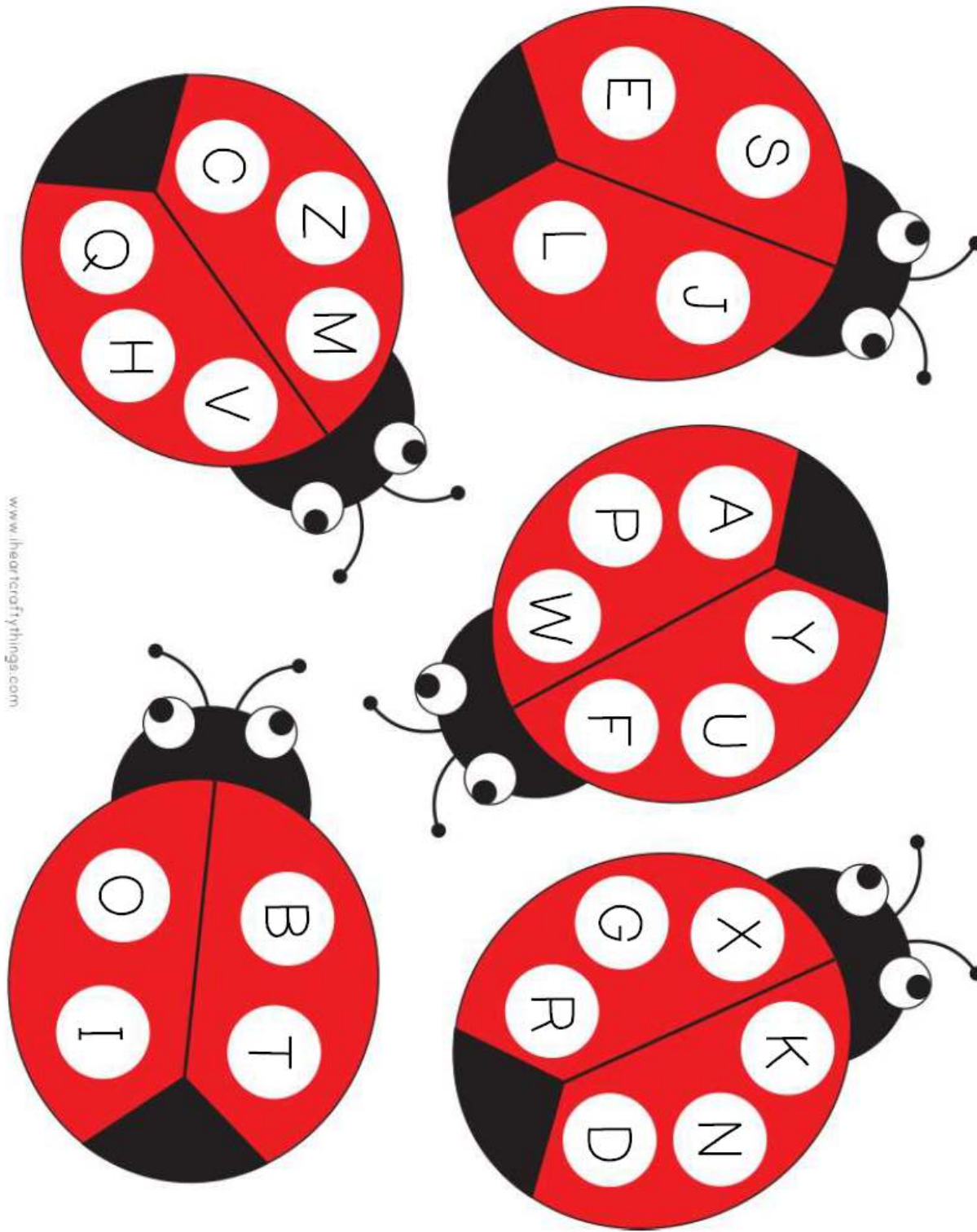
Instructions:

- Mix together and find any kitchen utensils that might work to blow bubbles.
- If you don't want to make a mess blow bubbles in the bathtub or in the sink!

Goal: cause and effect (Blowing into the bubble wand creates bubbles)



Wednesday!



www.hearcraftythings.com

Ladybug Alphabet Matching: Literacy

Materials: The ladybug alphabet sheet found in packet.

Paper-write the letters of the Alphabet on a sheet of paper and then cut them out.

Instructions: Take the letters that are cut out and math them to the letters on the ladybug.

If you have alphabet stickers you could also use those!

Goal: Identifies letters

Find Pairs: Math

Make a game out of finding pairs throughout the house. Find matching shoes, matching socks, two toys that are the same, etc.

Goal: Classifying objects

Moon Dough: STEAM

Materials:

- 1 cup Corn Starch
- ½ cup Conditioner

Instructions:

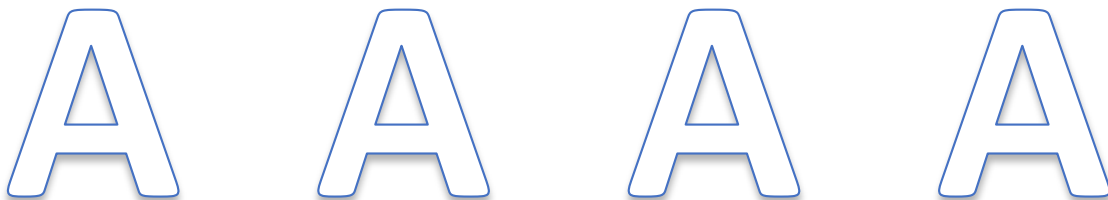
- Mix them together
- Could also add food coloring for different colors

This is a fun sensory activity to do together. It's also science!

Goal: feel a new texture

Trace the Letter A: Handwriting

Goal: writes letters



Thursday!

Hair Gel Writing: Handwriting

Place clear hair gel and food coloring in a sandwich bag. Force all the air out of the bag and seal tightly with packing tape or duct tape. Place the bag on a flat surface and encourage children to use their index fingers to write on the bag.

Goal: Fine motor skills such as using refined finger and wrist movements

Read Together: Literacy

Read your favorite book together. If you read a book over and over again with your child they will eventually be able to recite parts of it to you or with you!

Goal: Interacts during reading experiences

Count the Raindrops: Math

Use the last page and count how many raindrops lead to the rainbow.

Goal: Counting

Race to the Rainbow: STEAM

Use the last page as a game board and see who can make it to the rainbow first.

Materials: Game board, Dice (one or two), game pieces (anything that fits on the raindrops)

Instructions: Take turns rolling the die and move forward that many places on the raindrops. Work together to count how many places you need to go.

Goal: Taking turns and counting

Friday!

Chalk Writing: Handwriting

Go outside and write your name with chalk on the sidewalk.

Goal: Grips writing tool using three point grip

Name Hunt: Literacy

Materials: paper, writing utensil, tape

Instructions: Write your child's name on small strips of paper. Then tape them up on the wall, couch, floor, or wherever you want. Have your child hunt for their name throughout your home.

Goal: Identifies name

Scavenger Hunt: Math

Go for a walk.

Pick up sticks and when you get back count how many you have.

Keep track of how many bugs you see.

If you see a bike tell mom what color it is.

Look and listen for birds.

If you see cars count how many red ones you see.

Goal: Classifying objects

Dance Party: STEAM

It's Friday! Dance about it! Find your favorite songs and dance or search JP Dance Party (by Amanda Renee) on Spotify for a playlist full of kid friendly songs that JP Fargo/Moorhead kids love!

Goal: Movement- watch for skills such as jumping and spinning



RAINBOW RACE

START

