

Early Childhood Distance Learning Materials



Infants
Week #12
July 6-10, 2020

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Home Learning Bingo Board

DIRECTIONS FOR EACH DAY THIS WEEK: The goal is to do 5 activities in each area. After you complete an activity, color in the box and show it is done. The goal is to have a blackout by the end of the week with every box colored in! Get ready...get set...LEARN!

L Literacy	E Exercise	A Arts	R Regulation	N Numbers
Read 15 minutes with your child <div style="border: 1px solid black; display: inline-block; padding: 2px;"> M T W R F </div>	Have a family dance party!	Trace their hands and let them color it	Practice STAR breathing: Smile, Take a deep breath, and Relax. Fill up your belly like a balloon and slowly let it out 3 times	Count 1 to 5
Show them their name printed on a piece of paper.	Create an obstacle course in your home printed out and run it 5 times	Make up a new song about your baby	What did you do to show kindness? Draw a picture	Find items in your house you can make patterns with. Can you make an AB pattern?
Retell main events in your favorite book	Find color freeze dance on Youtube and dance to it	Use objects from around your house to create a new art project	Choose a job that you can do today to help your family	Count body parts that you have two of. Legs arms ears eyes
Make up a story about you and your child and tell them the story.	Go outside for a walk	Dance to music	Help your child make a daily schedule that you can put up in your house	Find different circles in your house
Talk about how special/unique your child is with them.	Do each stretch for a 10 second hold and repeat 3 times: baby pose, up dog, down dog, tree pose	Let them touch different textures soft hard rough	Help your child identify a space to go to help them feel calm.	Play so big with your baby
Let them feel look at a book by themselves	Give them a food that gives them energy	Play your favorite song and clap to the beat	What toy or animal helps you calm down when you're feeling upset? Draw how they help you.	Count your baby's fingers and toes.

Daily Check-In

Tell me how you're feeling today?



Monday	What makes your baby smile?
Tuesday	Can you get giggles or laughs from your baby?
Wednesday	Wacky day go with the flow
Thursday	Extra one on one time
Friday	Take pictures of baby

Social Emotional Development & Social Systems Cognitive Activities

Positive Parenting



ZERO TO THREE
Early connections last a lifetime

Positive parenting describes a set of parental behaviors that foster a child's capacity to **love, trust, explore and learn**. The goal of positive parenting is to help parents guide their children's healthy development in the context of the family's culture. Key elements of positive parenting include the ability to:

Understand or imagine the **child's point of view**, especially during challenging moments.



Respond with interest and **sensitivity** to the child's cues.



Recognize that **parenting can be stressful** and missteps are a natural part of child-rearing.



Recognize and **celebrate** the child's strengths, abilities, and capacity to learn and develop.



Provide consistent, **age-appropriate guidelines** and limits for child behavior.



Work toward a **balance** of meeting parental needs and child needs.



Delight in **moments of connection** with the child;



Recognize and **regulate their own feelings** and behaviors before they respond to the child.



Seek help, support or additional information on parenting **when needed.**



Activity #1 Title	Learning Goal/Objective	Materials
Follow me	Interaction and social development	Child and adult
Activity/Lesson Description		
Say what you are doing, and do it at the same time. I'm putting my arms out! Can you do it too? Look, I'm smiling. Can you smile too? It helps put words to what you are doing.		

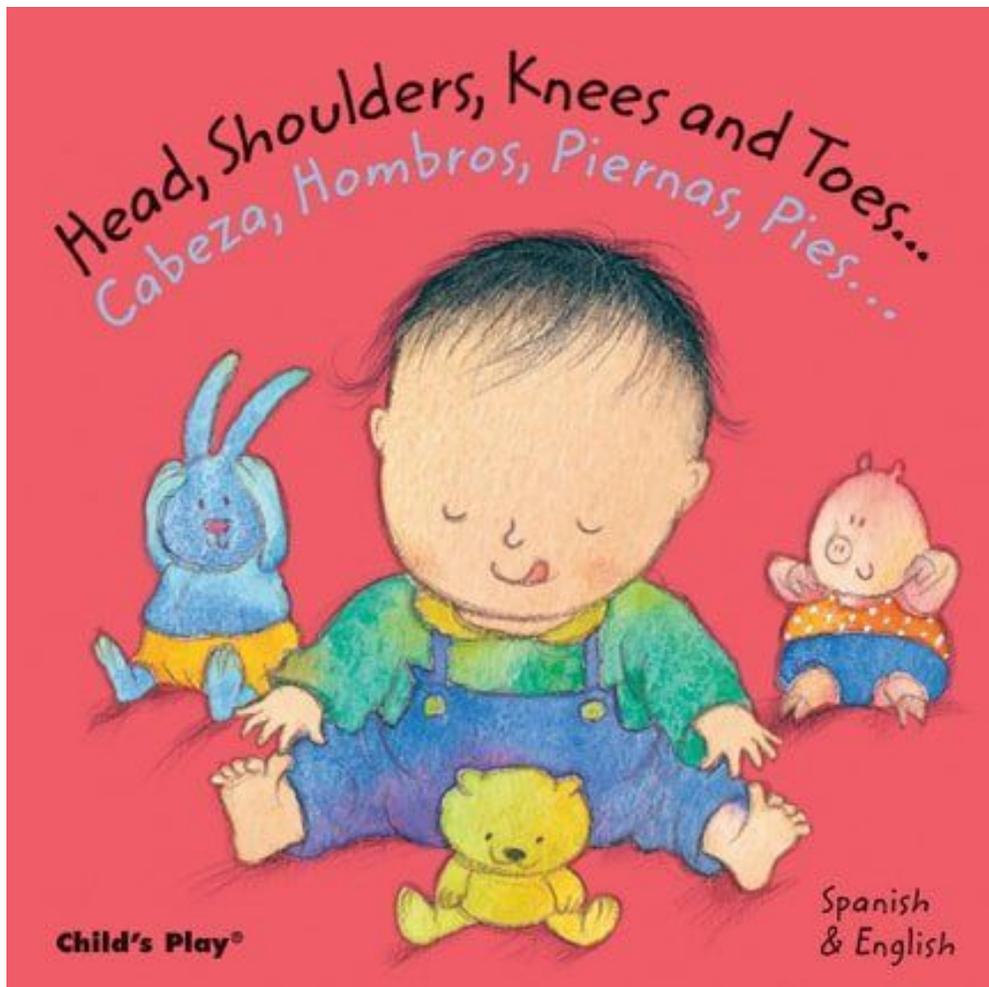
Activity #2 Title	Learning Goal/Objective	Materials
Hide and seek	Cause and effect, teaches object permanence, develops problem solving skills, and develops social skills	none
Activity/Lesson Description		
Go out of your baby's sight for a few seconds then, count out loud "1...2....I found you!" Tickle and giggle with your baby and then do it again.		

Activity #2 Title	Learning Goal/Objective	Materials
Color with big chalk outside	Develops bonding time, hand and eye coordination, language and writing skills	Big Colored Chalk
Activity/Lesson Description		
Gather different color chalk. You may wet chalk to soften it and making it easier for your baby to draw on the sidewalk. Sit down together and draw anything you want. Talk with your baby while she is drawing. Say things like "did you make a line with your chalk?" Acknowledge what she is doing by naming it as she draws. You can even ask questions such as "is that the blue chalk or white chalk you are drawing with?"		

Activity # 4	Learning Goal/Objective	Materials
Go for a walk together	To get outside and explore the world, to encourage language development	Outdoors
Activity/Lesson Description		
Take a walk outside. If your child is able to walk, hold his hand and talk about what you see. If your child is not yet walking, a stroller can be used. Enjoy the day and time together just being outside.		

Activity #5 Title	Learning Goal/Objective	Materials
Practice handwashing	To practice good hand washing to develop self help skills, to help stay healthy	Soap and water
Activity/Lesson Description		
<p>Go to a sink and hold your baby's hand over the water. Use a drop of soap and let your baby know that you are going to wash his hands now. Rub his hands together and sing a song while you wash them. This is a song commonly used in the classroom "This is the way we wash our hands, wash our hands, wash our hands This is the way we wash our hands so early in the morning!" Or feel free to make up your own song and just go with it!</p>		

Language, Literacy & Communication Activities



Activity #1 Title	Learning Goal/Objective	Materials
Telephone	Back and forth communication	Phone or a toy to use as a phone
Activity/Lesson Description		
Have a conversation with you baby as you would with someone on the phone. Let your baby respond (even with babble or sounds) and show your baby how a conversation works.		

Activity #2 Title	Learning Goal/Objective	Materials
This little piggy	Helps to develop language skills, cognitive learning concepts, math	none
Activity/Lesson Description		
Point to and wiggle your baby’s big toe while your singing or saying this nursery rhyme. “This little piggy went to the market (move to second toe), this little piggy stayed home (move to third toe), this little piggy had roast beef (move to the fourth toe), this little piggy had none (move the fifth toe), this little piggy cried wee wee wee all the way home.”		

Activity #3 Title	Learning Goal/Objective	Materials
Read books about me	To help develop healthy self esteem, build confidence, appreciate a child’s uniqueness , to develop language skills	Books: I like myself by Karen Beaumont I Like Myself by Karen Beaumont Toes, ears, and nose by Karen Katz What does baby say by Karen Katz
Activity/Lesson Description		
Sit with your baby on your lap and read, read, read! Teach your baby to love reading by doing this each day or whenever possible.		

The Arts & Sensory Activities, Music & Movement



Activity #1 Title	Learning Goal/Objective	Materials
Painting with water	Develops hand and eye coordination, creative expression, and confidence to experiment. Also helps develop early writing skills while having fun, keeping cool, and providing stress relief	A bucket, water, sponge
And confidenceActivity/Lesson Description		
Fill a bucket half full of water. Find a sponge your baby can hold and show him how to dip the sponge and squeeze before painting. Point out the wet surfaces he creates, say” you made a line on the wall!”. Allow him to decide what to paint next and let him direct the activity.		

Activity #2 Title	Learning Goal/Objective	Materials
Kinetic sand play	To stimulate sensory experience, develop small motor skills, help develop cognitive and math concepts	Whole grain rice cereal, coconut oil, measuring cups, a bin container
Activity/Lesson Description		
To create sand, pour out 1 cup rice cereal and add in 3 tablespoons of coconut oil. Slowly fold over/mix in a bowl. This is a good project to do outside as it can get messy. You may want to have it in a bin on the grass and let your baby sit or hold your baby to show how to play, touch, and squeeze. Help your baby touch sand until they are comfortable doing it on their own.		

Activity #3 Title	Learning Goal/Objective	Materials
Finger Painting	To stimulate sensory experience, to support creative expression, to enjoy and have fun	Make edible finger paint
Activity/Lesson Description		
Make edible finger paint: ½ cup flour, 1 cup water, ¼ tsp salt, food coloring, cool water for thinning. Combine flour, salt, and 1 cup of water in a saucepan. Heat while stirring and the mixture will be clumpy but will soon thicken into paste. Once it becomes thick and more like paste, remove from heat and stir in a few drops of cool water. Allow to cool then paint and then give to your baby to use for painting!		

Activity #4 Title	Learning Goal/Objective	Materials
Make Handprints Muriel	To support creative expression, to build confidence and self-esteem	Paint, paint brush, paper
Activity/Lesson Description		
Paint your child's hands and let them stamp around the paper however he chooses. You can do your hand too and join in!		

Activity #5 Title	Learning Goal/Objective	Materials
Make a Picture Book about your child - "All About Me"	To support creative expression, to build confidence and self esteem	Paper, crayons, any other art materials you choose.
Activity/Lesson Description		
Have your child draw and color on various paper. Help your child with words to describe the drawings and add picture photos to highlight your child!		

Mathematics & Science Activities



Activity #1 Title	Learning Goal/Objective	Materials
Music and Rhythms	Teaches mathematical concepts, rhythms and beats, and language	Pots and pans, metal spoon
Activity/Lesson Description		
Gather your pots and pans and a spoon for tapping your home made instruments. Sit with your baby and, sing /tap as you sing songs such as “The Wheels on the Bus”. Then let your baby tap as you sing again. Alternate different pots or pans.		

Activity #2 Title	Learning Goal/Objective	Materials
Bathtub water play- What Floats or Sinks	Teaches cause and effect,	Things that float or sink in the tub - ducks, boats, sponge, wash cloth, small balls, or small toys
Activity/Lesson Description		
Fill the bathtub with some water and put your baby in. Drop in a toy and give him a moment to explore the toy. Then drop another one and say “let’s see, does it float or sink?” “Wow it sinks!” or “Wow it floats!” Keep trying with different toys.		

Activity #3 Title	Learning Goal/Objective	Materials
Sorting laundry	To build visual perception and thinking skills, to help babies to categorize and classify help memory skills.	Socks, towels, wash cloth, small blankets