

# Early Childhood Distance Learning Materials



Infants  
Week #6  
May 25-29, 2020

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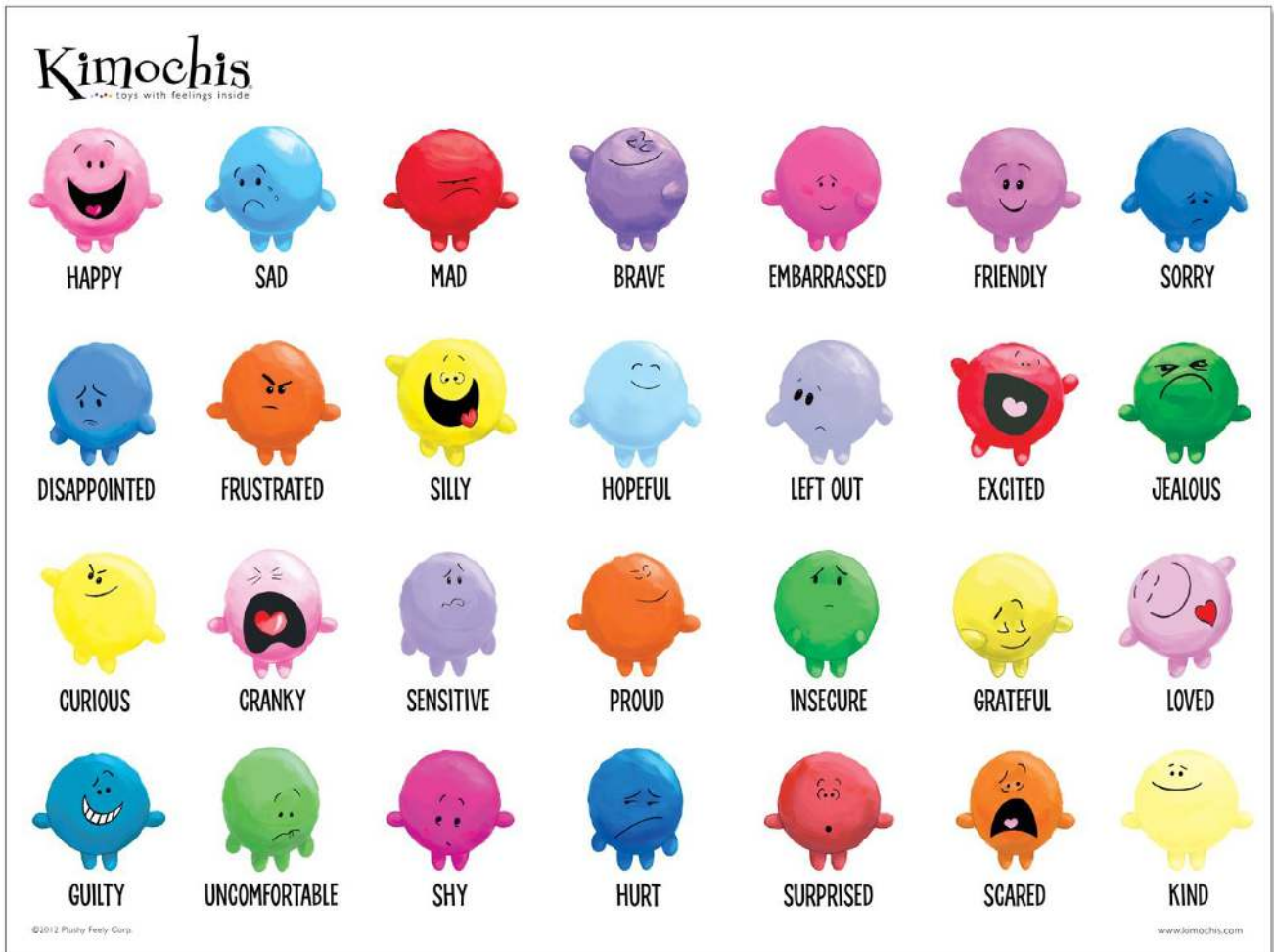
## Home Learning Bingo Board

**DIRECTIONS FOR EACH DAY THIS WEEK:** The goal is to do 5 activities in each area. After you complete an activity, color in the box and show it is done. The goal is to have a blackout by the end of the week with every box colored in! Get ready...get set...LEARN!

<b>L</b> Literacy	<b>E</b> Exercise	<b>A</b> Arts	<b>R</b> Regulation	<b>N</b> Numbers
Talk to your child while doing daily things	Learn to pull self up on furniture	Sing Old MacDonald with stuffed animals from around the house	Look at pictures of family and name who they are	Put a puzzle together
Learn a new song	Go for a walk	Sing baby shark with actions	Give a baby massage	Practice the word/sign for more
Read a book together with your child.	Hold toys in various positions to encourage your child to reach for them	Finger paint with pudding	Do a facetime/zoom call with friends or family	Sing 5 Little Monkeys
Do the "Twinkle Twinkle Little Star" actions	Have a dance party	Paint with water	Practice self-soothing techniques	Play with different size containers
Learn the sign for 'please'	Make an obstacle course for baby to crawl/walk through	Scribble with a crayon	Play Peek-a-Boo	Count your steps as you walk around the house

# Daily Check-In

Tell me how you're feeling today?



**Monday**

Make a **CIRCLE** with a **BLUE** crayon

**Tuesday**

Make a **TRIANGLE** with a **RED** crayon

**Wednesday**

Make a **SQUARE** with an **ORANGE** crayon

**Thursday**

Make a **CLOUD** with a **PINK** crayon

**Friday**

Make **A SHAPE OF YOUR CHOICE** with a **GREEN** crayon

# Social Emotional Development & Social Systems Cognitive Activities

## Positive Parenting



**ZERO TO THREE**  
Early connections last a lifetime

**Positive parenting** describes a set of parental behaviors that foster a child's capacity to **love, trust, explore and learn**. The goal of positive parenting is to help parents guide their children's healthy development in the context of the family's culture. Key elements of positive parenting include the ability to:

Understand or imagine the **child's point of view**, especially during challenging moments.



Respond with interest and **sensitivity** to the child's cues.



Recognize that **parenting can be stressful** and missteps are a natural part of child-rearing.



Recognize and **celebrate** the child's strengths, abilities, and capacity to learn and develop.



Provide consistent, **age-appropriate guidelines** and limits for child behavior.



Work toward a **balance** of meeting parental needs and child needs.



Delight in **moments of connection** with the child;



Recognize and **regulate their own feelings** and behaviors before they respond to the child.



**Seek help,** support or additional information on parenting **when needed.**



Activity #1 Title	Learning Goal/Objective	Materials
Body Awareness	Builds self-esteem, fosters connection and cooperation, and promotes brain development.	You and Baby
<b>Activity/Lesson Description</b>		
<p>Say the following Rhyme with your baby. As you read the rhyme when it says “fingers” wiggle your babies’ fingers. When it says “toes” wiggle your babies toes.</p> <p style="text-align: center;"><i>Fingers and toes, Fingers and toes. Here are your fingers, And here are your toes. Wiggle your fingers, Wiggle your toes. Here are your fingers, And here are your toes. Wave with your fingers, Wave with your toes. Here are your fingers, And here are your toes</i></p>		

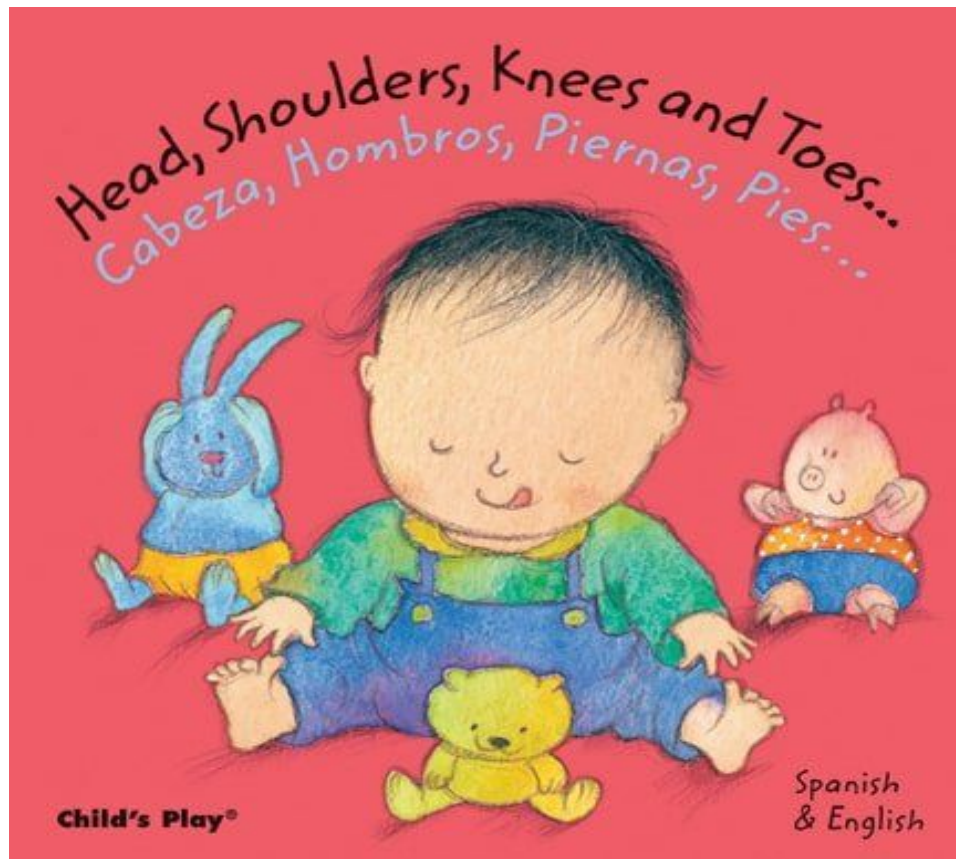
Activity #2 Title	Learning Goal/Objective	Materials
Sweet Dreams	Self -Regulation	Soft Blanket
<b>Activity/Lesson Description</b>		
<p>Put a soft blanket in the crib. Infants often move around in the crib looking for something to suck or cuddle as they try to quiet themselves and relax for sleep. This should help the baby learn that they are comforted when they hold onto the blanket.</p>		

Activity #3 Title	Learning Goal/Objective	Materials
Love and Trust	Building relationships	You and Baby
<b>Activity/Lesson Description</b>		
<p>Respond to the infants crying as soon as possible for the first few months. Pick up the infant in a well-supported position so they’ll feel secure. Rock and bounce baby if they respond to this.</p>		

Activity #4	Learning Goal/Objective	Materials
Learning to Share	Sharing experiences, fosters connection and cooperation.	Toys or books
<p>Hold out a toy to the infant and encourage them to do the same by saying “<i>show me the book</i>” or “<i>show grandma the book.</i>” The infant might hold the book out to show but won’t want to give it away. Let the infant continue to hold the book while you point out the pictures in the book. The baby learns they can share the book without losing it.</p>		

Activity #5 Title	Learning Goal/Objective	Materials
Peek-a-Boo	Building Relationships	You and Baby
<p align="center"><b>Activity/Lesson Description</b></p>		
<p>Lay a clean washcloth lightly over your infant's face. Say “<i>Baby, where are you?</i>” or “<i>Where’s baby?</i>” Pull off the washcloth quickly and say “<i>There you are!</i>” or “<i>I see you!</i>” this way your baby can see your smiling face. This can help make diaper changing a more pleasant or exciting time.</p>		

## Language, Literacy and Communication Activities





<b>Activity #1 Title</b>	<b>Learning Goal/Objective</b>	<b>Materials</b>
Respond to them Speaking	Building Vocabulary	You and Baby
<b>Activity/Lesson Description</b>		
Respond when the baby is blabbering or making cooing sounds. Nod your head and reply to them like you understand what they are trying to say. This will encourage them to have conversations with you when they learn to talk.		

<b>Activity #2 Title</b>	<b>Learning Goal/Objective</b>	<b>Materials</b>
Read, Read, Read	Literacy development	Books
<b>Activity/Lesson Description</b>		
Grab a bunch of different books and sit down in a comfy spot with your baby. Point to pictures and name the objects. Encourage your child to point to the pictures with you.		


<b>Activity #3 Title</b>	<b>Learning Goal/Objective</b>	<b>Materials</b>
Talk to me	Vocabulary Building	You and Baby
<b>Activity/Lesson Description</b>		
Repeat the sounds your baby makes. This will encourage them to babble more. Try to make a new sounds like “ <i>mo, mo, mo.</i> ” Encourage your baby to try to imitate you.		


# The Arts & Sensory Activities, Music & Movement




Activity #1 Title	Learning Goal/Objective	Materials
Pop Up Pillow	Positive effects in growth and development, identifying rhythmic patterns.	You and Baby
<b>Activity/Lesson Description</b>		
Use a pillow large enough for your baby to sit on. Sing “Pop goes the Weasel”. Have the child jump up and stand on the pillow. Younger infants will need you to hold their hands and help them stand.		

Activity #2 Title	Learning Goal/Objective	Materials
Sounds of Music	Exploring new sounds	Different types of instruments such as drums, shakers, and bells.
<b>Activity/Lesson Description</b>		
Name the instrument and show how to hold each one. Let the child explore the different sounds each one makes.		

Activity #3 Title	Learning Goal/Objective	Materials
Edible mud play	Sensory Play, motor development	Chocolate Pudding, tub, toy bugs
<b>Activity/Lesson Description</b>		
<p>Make chocolate pudding according to the box directions. After the chocolate pudding is made, put it into a tub and add toy bugs.</p> 		

Activity #4 Title	Learning Goal/Objective	Materials
Worm Painting	Sensory play and motor development	Cooked Noodles(cooled), paint, paper
<b>Activity/Lesson Description</b>		
<p>Place different colors of paint all over the piece of paper. Then grab a couple of noodles and encourage your child to use the noodles to move the paint around on the piece of paper.</p> 		

Activity #5 Title	Learning Goal/Objective	Materials
Butterfly Footprint	Sensory stimulation	Paint, paper, and feet
Activity/Lesson Description		
<p>Paint one of your babies' feet with any color you'd like. Then stamp your child's foot on the piece of paper. Do the same thing with the other foot. After the paint dries go in with a black marker or black paint and draw a body and antennae.</p>  A photograph of a piece of white paper with three butterfly footprints. Each footprint is made of two footprints, one purple and one blue, with black lines drawn on them to represent antennae and a body. The paper has a yellow border on the top and bottom edges.		

## Mathematics & Science Activities



Activity #1 Title	Learning Goal/Objective	Materials
Counting Game	Number Sense	You and Baby
<b>Activity/Lesson Description</b>		
Go for a walk with your baby. As your walking count how many dogs, trees, and cars you see on your walk.		

Activity #2 Title	Learning Goal/Objective	Materials
Count the Ants	Number Sense	A blanket, baby, and you
<b>Activity/Lesson Description</b>		
Go sit outside on the sidewalk with your baby on a blanket. Count ants as the walk by		

Activity #3 Title	Learning Goal/Objective	Materials
Shapes	Early math concepts	Anything around your house
<b>Activity/Lesson Description</b>		
Walk around your house with your baby. As you are walking around point out different objects and shapes. For example, <i>“Look, the mirror is the shape of a square!”</i> or <i>“the rug is the shape of a circle.”</i>		