

INFANTS

Colors

Early Childhood Distance Learning Materials

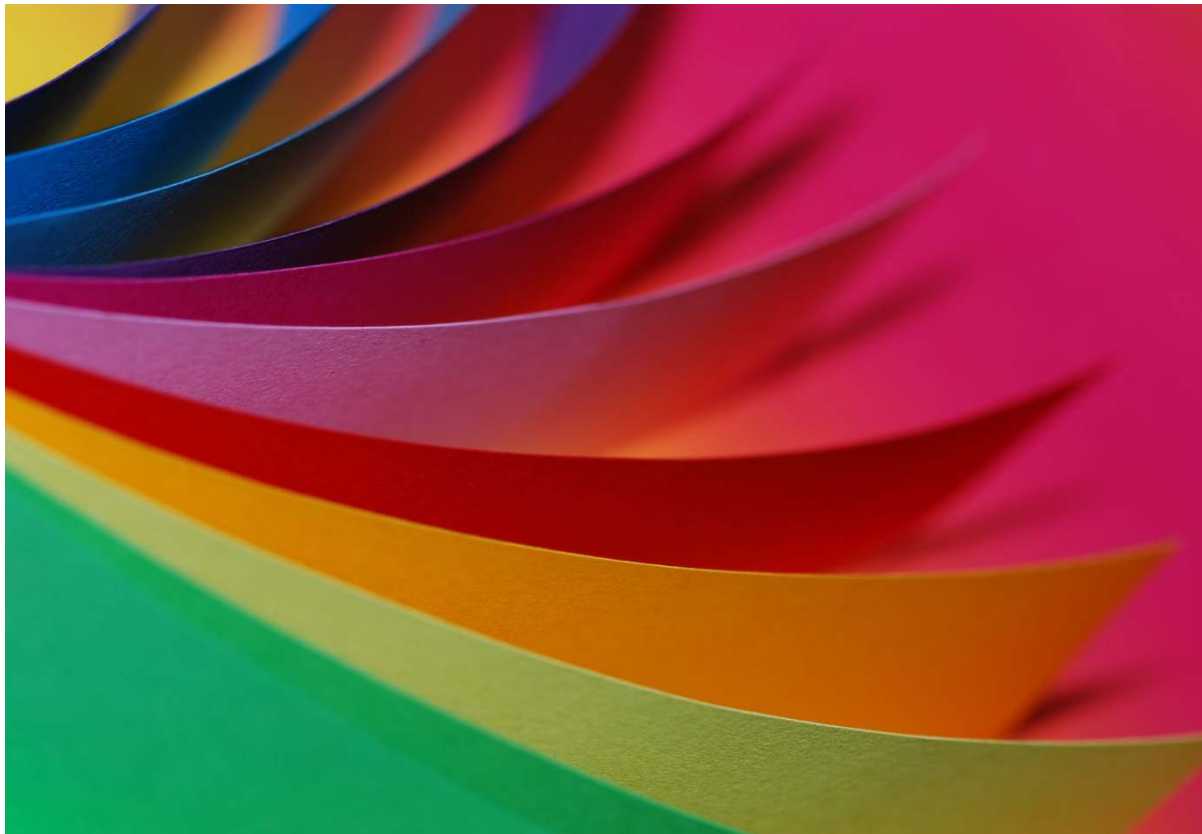


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HOME LEARNING BABY BINGO BOARD

DIRECTIONS FOR EACH DAY THIS WEEK: The goal is to do 5 activities in each area. After you complete an activity, color in the box and show it is done. The goal is to have a blackout by the end of the week with every box colored in!

L Literacy	E Exercise	A Arts	R Regulation	N Numbers
Sing 'Old MacDonald' together	Dance around the house or outside with your child	Make your own paint	Blow bubbles. Deep breath in, soft breath out	Sing '5 Little Monkeys'
Hold toys in various positions to encourage your child to reach for them	Help your child get to their next milestone- sitting, crawling, standing, etc.	Finger paint with all the different color paints	Splash around in the water or puddles outside	Walk around your house and point out different colors to your child
Go to YouTube and read "Brown Bear, Brown Bear"	Make an obstacle course in your house or on the playground	Scribble with color crayons on paper	Snuggle on the couch together and watch a movie	Work on pincher grasps with colorful Fruit Loops
Work on the sign for 'more' and 'please'	Eat a plate full of rainbow foods	Make a sun with your child's hand prints	Give your baby a 'baby massage'	Put a puzzle together
Read your favorite book to your child	Go on a walk and talk about different colors	Use your homemade paint and mix them and see what colors they make	Do a Facetime / Zoom call with friends or family	Walk around the house and talk about the different shapes

DAILY CHECK-IN

Tell me how you're feeling today?



MONDAY	Make a CIRCLE with a BLUE crayon
TUESDAY	Make a TRIANGLE with a RED crayon
WEDNESDAY	Make a SQUARE with an ORANGE crayon
THURSDAY	Make a CLOUD with a PURPLE crayon
FRIDAY	Make A SHAPE OF YOUR CHOICE with a GREEN crayon

SOCIAL EMOTIONAL DEVELOPMENT & SOCIAL SYSTEMS COGNITIVE ACTIVITIES

Positive Parenting



ZERO TO THREE
Early connections last a lifetime

Positive parenting describes a set of parental behaviors that foster a child's capacity to **love, trust, explore and learn**. The goal of positive parenting is to help parents guide their children's healthy development in the context of the family's culture. Key elements of positive parenting include the ability to:

Understand or imagine the **child's point of view**, especially during challenging moments.



Respond with interest and **sensitivity** to the child's cues.



Recognize that **parenting can be stressful** and missteps are a natural part of child-rearing.



Recognize and **celebrate** the child's strengths, abilities, and capacity to learn and develop.



Provide consistent, **age-appropriate guidelines** and limits for child behavior.



Work toward a **balance** of meeting parental needs and child needs.



Delight in **moments of connection** with the child;



Recognize and **regulate their own feelings** and behaviors before they respond to the child.



Seek help, support or additional information on parenting **when needed.**



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ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Sit With Me	Builds self-esteem, fosters connection and cooperation, and promotes brain development	You and Baby
ACTIVITY/LESSON DESCRIPTION		
When using a screen (not recommended before 18 months) or reading a book, make it a social activity, e.g. asking them questions or playing turn-taking games.		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Learning to Share	Sharing experiences, fosters connection and cooperation	Toys or Books
ACTIVITY/LESSON DESCRIPTION		
Hold out a toy to your baby and encourage her to do the same by saying, “Show me the giraffe” and “Show grandma the book.” (At this age level, an infant will hold out a toy to show others, but doesn’t intend to give it away.)		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Mirror, Mirror on the Wall	Building Relationships	Puppets or a Mirror
ACTIVITY/LESSON DESCRIPTION		
<p>Put a brightly colored puppet or sock over your hand and play with this in front of your baby. Put your baby in front of the mirror and play with the puppets. Try to get your baby to find an touch the puppet in the mirror.</p>		

ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Let's Play!	Building Relationships with Adults	Toys or Books
ACTIVITY/LESSON DESCRIPTION		
<p>Vary the game by covered and uncovering your face. Say, "Where's Daddy?" or "Where did Mommy go?" Quickly reappear while your baby's attention is on you and say "Peek-a-boo!" Try sitting your baby close enough to you so that he can reach and pull off the cloth.</p>		

ACTIVITY #5 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Love and Trust	Building Relationships	You and Baby
ACTIVITY/LESSON DESCRIPTION		
<p>Respond to your baby's crying as soon as possible the first few months. Pick up your baby and hold her in a well-supported position so that she will feel secure. Rock your baby gently or bounce her if she responds to this.</p>		

LANGUAGE, LITERACY & COMMUNICATION ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
I Know My Name	Building Vocabulary	You and Baby
ACTIVITY/LESSON DESCRIPTION		
<p>Call your baby's name before you enter his room. Peek your head in the room and call his name again. Observe whether he turns to you when you call his name. After you think your baby is responding say another family member's name and observe your baby's response.</p>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Blow Bubbles	Literacy Development	Bubbles
ACTIVITY/LESSON DESCRIPTION		
<p>Sit with your baby on your lap and start blowing bubbles. Sit and watch your baby track all the bubbles. Researchers say that blowing bubbles at a young age might help children speak earlier due to muscles movements in their mouth while blowing bubbles.</p>		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Eat Cheerios	Fine Motor	Cheerios
ACTIVITY/LESSON DESCRIPTION		
<p>Place your baby in their high chair and put a bunch of Cheerios on the tray. Encourage your child to pick up the Cheerios on their own. This helps children learn how to grip things and it will get them ready to hold a pencil!</p>		

THE ARTS & SENSORY ACTIVITIES, MUSIC & MOVEMENT

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Play Instruments	Phonological Awareness	Instruments
ACTIVITY/LESSON DESCRIPTION		
<p>Encourage your child to try and play different musical instruments. If you don't have any musical instrument toys, just let your child bang on pots and pans with some spoons. Children quickly pick up rhythms and patterns.</p>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Paint in a Bag	Sensory Play	Ziploc Bag, Paint and Paper
ACTIVITY/LESSON DESCRIPTION		
<p>Put random dabs of paint on the piece of paper. Place the paper in a Ziploc bag and seal it. Let your baby move the paint around with his/her hands.</p>		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Rainbow Handprint	Sensory Play	Paper, a Hand and Paint
ACTIVITY/LESSON DESCRIPTION		
<p>Paint your child's hand with the colors of the rainbow. Once you are done stamp your child's hand on a piece of paper. Do this with your child until his/her hand prints make a rainbow shape on the piece of paper.</p>		

ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Rainbow Noodles	Sensory Play and Motor Development	Cooked Noodles (cooled) and Food Coloring
ACTIVITY/LESSON DESCRIPTION		
<p>Cook the noodles and let them cool off. Once they are cooled divide the noodles into 4 different Ziploc bags. Once you've done that put 4 drops of food coloring into each bag. Make sure to make each bag of noodles a different color. Let the noodles sit in the food coloring for a while. Once you are done, put all the different colored noodles in a bowl or on the table and let your child play with them.</p>		

ACTIVITY #5 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Rainbow Finger Painting	Sensory Stimulation	Paper, Paint and Fingers
ACTIVITY/LESSON DESCRIPTION		
<p>You can place dabs of different colored paint all over the paper or put the different colored paint into little bowls. Once you've done that let your child use their hands to move the paint all over the paper.</p>		

MATHEMATICS & SCIENCE ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Patty Cake	Make Sense of Patterns	You and Baby
ACTIVITY/LESSON DESCRIPTION		
Sit on the floor and play patty cake with your child. Doing this will help your child learn how to recognize patterns.		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Measurement	Math Concepts	You and Baby
ACTIVITY/LESSON DESCRIPTION		
Throughout the day talk to your child about measurements. For example, if your child takes a 4-hour nap when they wake up, talk about how long their name was! Another example is if your child has just learned how to walk or can already walk, talk to them about how far they can walk. Ask them if they can walk to the front door and back. After they do this, tell them "Look how far you've walked!"		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Patterns	Math Concepts	You and Baby
ACTIVITY/LESSON DESCRIPTION		
<p>If you or your baby is wearing stripes, show your child that every other stripe color is the same. So you could say, "Look, your shirt has a white stripe, then a red stripe, and then a white stripe." Keep this going until you reach the end of the shirt.</p>		