TODDLER
Space

Early Childhood Distance Learning Materials
# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>HOME LEARNING BINGO BOARD</td>
<td>3</td>
</tr>
<tr>
<td>DAILY CHECK-IN</td>
<td>4</td>
</tr>
<tr>
<td>SOCIAL EMOTIONAL DEVELOPMENT &amp; SOCIAL SYSTEMS COGNITIVE ACTIVITIES</td>
<td>5</td>
</tr>
<tr>
<td>LANGUAGE, LITERACY &amp; COMMUNICATION ACTIVITIES</td>
<td>7</td>
</tr>
<tr>
<td>THE ARTS &amp; SENSORY ACTIVITIES</td>
<td>14</td>
</tr>
<tr>
<td>MATHEMATICS &amp; SCIENCE ACTIVITIES</td>
<td>16</td>
</tr>
<tr>
<td>MUSIC &amp; MOVEMENT ACTIVITIES</td>
<td>22</td>
</tr>
</tbody>
</table>
HOME LEARNING BABY BINGO BOARD

DIRECTIONS FOR EACH DAY THIS WEEK: The goal is to do 5 activities in each area. After you complete an activity, color in the box and show it is done. The goal is to have a blackout by the end of the week with every box colored in!

<table>
<thead>
<tr>
<th>L</th>
<th>E</th>
<th>A</th>
<th>R</th>
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</thead>
<tbody>
<tr>
<td>Literacy</td>
<td>Exercise</td>
<td>Arts</td>
<td>Regulation</td>
<td>Numbers</td>
</tr>
<tr>
<td>Read 15 minutes with your child</td>
<td>Have a flash light dance party</td>
<td>Draw a picture of an astronaut</td>
<td>Practice STAR breathing: Smile, Take a deep breath, and Relax. Fill up your belly like a balloon and slowly let it out 3 times.</td>
<td>Count 1 to 10</td>
</tr>
<tr>
<td>M</td>
<td>T</td>
<td>W</td>
<td>R</td>
<td>F</td>
</tr>
<tr>
<td>Write your child’s name, practice name recognition</td>
<td>Create an obstacle course in your home and run it 5 times</td>
<td>Make up a new song</td>
<td>What did you do to show kindness? Draw a picture.</td>
<td>Find items in your house you can make patterns with. Can you make an AB pattern?</td>
</tr>
<tr>
<td>Retell main events in your favorite book</td>
<td>Find color freeze dance on YouTube and dance to it</td>
<td>Use objects around your house to create a new art project</td>
<td>Choose a job that you can do today to help your family</td>
<td>Complete one lesson from the math packet</td>
</tr>
<tr>
<td>Complete one lesson from the literacy packet</td>
<td>Go outside and practice skipping, hopping on two feet, galloping and running</td>
<td>Complete one lesson from the Arts packet</td>
<td>Help your child make a daily schedule that you can put up in your house</td>
<td>How many circles can you find in your home?</td>
</tr>
<tr>
<td>Name some words that rhyme</td>
<td>Do each stretch for a 10 second hold and repeat 3 times: baby pose, up dog, down dog, tree pose</td>
<td>Use scissors to practice cutting paper in straight lines and zig zag lines</td>
<td>Help your child identify a space to go to help them feel calm</td>
<td>Find a block and use it to measure your bed, a table and a chair. How many blocks tall are they?</td>
</tr>
<tr>
<td>Look through a magazine and search for all the letters in your child’s name</td>
<td>What healthy foods can you find in your home?</td>
<td>Play your favorite song and clap to the beat</td>
<td>What toy or animal helps you calm down when you’re feeling upset? Draw how they help you.</td>
<td>Set the table. How many forks? How many spoons? How many cups? Etc.</td>
</tr>
</tbody>
</table>
DAILY CHECK-IN
Tell me how you’re feeling today?

MONDAY
Make a CIRCLE with a BLUE crayon

TUESDAY
Make a TRIANGLE with a RED crayon

WEDNESDAY
Make a SQUARE with an ORANGE crayon

THURSDAY
Make a CLOUD with a PURPLE crayon

FRIDAY
Make A SHAPE OF YOUR CHOICE with a GREEN crayon
# SOCIAL EMOTIONAL DEVELOPMENT & SOCIAL SYSTEMS COGNITIVE ACTIVITIES

<table>
<thead>
<tr>
<th>ACTIVITY #1 TITLE</th>
<th>LEARNING GOAL/OBJECTIVE</th>
<th>MATERIALS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Relax Under the Stars</td>
<td>Regulate Emotion</td>
<td>Blanket</td>
</tr>
</tbody>
</table>

**ACTIVITY/LESSON DESCRIPTION**

Find a fun, relaxing place outside. Put out your blanket on the ground. Encourage your child to lay on his/her back looking up in the sky and talk about what you see - clouds, stars, the moon, etc.

<table>
<thead>
<tr>
<th>ACTIVITY #2 TITLE</th>
<th>LEARNING GOAL/OBJECTIVE</th>
<th>MATERIALS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mood Board</td>
<td>Express Emotion, Express Emotion through Art</td>
<td>Tag Board, Drawing Paper, Markers, Clear Contact Paper</td>
</tr>
</tbody>
</table>

**ACTIVITY/LESSON DESCRIPTION**

- Create a Mood Board similar to the one you see in the picture above. To make the facial features sturdier for your child’s play, cover them with clear contact paper.
- Your child can create and play on their own, making their own faces.
- You can use this to do activities with your child, talking about and naming body parts, as well as emotions depending on the faces they create.
- Ask your child, “How do you feel today? Are you feeling happy? Can you make a happy face?”
<table>
<thead>
<tr>
<th>ACTIVITY #3 TITLE</th>
<th>LEARNING GOAL/OBJECTIVE</th>
<th>MATERIALS</th>
</tr>
</thead>
<tbody>
<tr>
<td>If Your Happy and You Know it Movement Song</td>
<td>Puts words to emotions Plays with others</td>
<td>Words to song below</td>
</tr>
</tbody>
</table>

**ACTIVITY/LESSON DESCRIPTION**

Movement Song  
Tune: If You’re Happy and You Know It

If you’re happy and you know it, clap your hands.  
If you’re happy and you know it, clap your hands.  
If you’re happy and you know it, and you really want to show it.  
If you’re happy and you know it, clap your hands.

Variations:
If you’re excited and you know it, jump up and down  
If you’re angry and you know it, stomp your feet  
If you’re sleepy and you know it, take a nap...  
If you’re sad and you know it, cry your tears...  
If you’re silly and you know it, shake all over...  
If you’re scared and you know it, hid your eyes...  
If you’re hungry and you know it, rub your stomach...  
If you’re quiet and you know it, sight right down. SHHHH!
# LANGUAGE, LITERACY & COMMUNICATION ACTIVITIES

## Activity #1 Title
**Read a Book**

<table>
<thead>
<tr>
<th>LEARNING GOAL/OBJECTIVE</th>
<th>MATERIALS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Listen/respond with interest</td>
<td>Pete the Cat Out of this World</td>
</tr>
<tr>
<td>Awareness of print/pictures, Recognize and understand pictures or symbols can be “read” by others and have meaning</td>
<td>Pete the Cat: Out of this World</td>
</tr>
<tr>
<td>Demonstrate interest and involvement with books and other printed material</td>
<td>Aliens Love Underpants</td>
</tr>
<tr>
<td></td>
<td>How to Catch a Star</td>
</tr>
</tbody>
</table>

### Activity/lesson description
Whether reading a book with your child or using an electronic device, talk about what you see and what you hear. When looking at a book on an electronic device, pause it at certain places and ask your child questions. For example, “Can you find the moon?”

## Activity #2 Title
**What Comes Next**

<table>
<thead>
<tr>
<th>LEARNING GOAL/OBJECTIVE</th>
<th>MATERIALS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recognize Patterns</td>
<td>Below Pattern Activity Sheet</td>
</tr>
</tbody>
</table>

### Activity/lesson description
Talk about the pictures on the worksheet below. Help your child name them going along in a row and mention how they are making a pattern. At the end of the row ask your child what they think comes next.
Circle or stamp the picture that completes the pattern.

Clip art by Prettygrafik © 2014 teachingmama.org
<table>
<thead>
<tr>
<th>ACTIVITY #3 TITLE</th>
<th>LEARNING GOAL/OBJECTIVE</th>
<th>MATERIALS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outer Space Word Cards</td>
<td>Builds on Vocabulary Learning New Words</td>
<td>Word Cards</td>
</tr>
</tbody>
</table>

**ACTIVITY/LESSON DESCRIPTION**

Make 2 copies of the below cards  
Read the words to your child and look at the pictures  
Let your child match the pictures to each other  
Ask them various questions like, “Where is the moon?” “What is this a picture of?” (pointing to the flag) etc.
<table>
<thead>
<tr>
<th>ACTIVITY #4 TITLE</th>
<th>LEARNING GOAL/OBJECTIVE</th>
<th>MATERIALS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rocket Name</td>
<td>Letter recognition</td>
<td>Black construction paper for the activity creation.</td>
</tr>
<tr>
<td></td>
<td>Name recognition</td>
<td>Various colors of paper to create the rocket.</td>
</tr>
<tr>
<td></td>
<td>Explore and use a variety of art media</td>
<td>Star stickers</td>
</tr>
<tr>
<td></td>
<td></td>
<td>White chalk</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Glue</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Scissors</td>
</tr>
</tbody>
</table>

**ACTIVITY/LESSON DESCRIPTION**

Preparation before the activity: Cut out square shapes, however many are letters in your child’s name (write a letter of your child’s name on each square). Cut out one triangle for the top of the rocket and 3 rectangles for the flames at the bottom of the rocket. (Look at the below picture as an example to help guide you in how to prepare the activity)

Activity:
- Write out your child’s name on a piece of paper to show them an example of what their name looks like.
- Say the letters that are in their name and read their name
- Use the squares that have the letters in your child’s name to match to the letters on the name on the piece of paper
- While spelling your child’s name...build the Rocket. Have fun ‘building’ the rocket before you glue on the pieces.
- Talk about the colors and shapes. “Look. J is for Jack. Your name is Jack. J is on the green square”
- Create the rocket by gluing on all the pieces.
- End by decorating the rest of the picture with sticker stars if you have them or let your child draw with white chalk to create the night sky the rocket is flying in!
DIRECTIONS:
Outer Space words to be used for discussion and/or games such as Matching and Memory Games
DIRECTIONS:
Coloring Page. Ask your child, “What do you see?” Let them color and draw and talk about the colors they used.
Name

Trace the dotted line to help each space shuttle get to the astronaut.
# THE ARTS & SENSORY ACTIVITIES

<table>
<thead>
<tr>
<th>ACTIVITY #1 TITLE</th>
<th>LEARNING GOAL/OBJECTIVE</th>
<th>MATERIALS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spray Bottle Galaxy</td>
<td>Explore and use a variety of art media, Fine motor skills (using spray bottle)</td>
<td>Spray Bottle, Water, Yellow paint diluted in the water, Dark paper</td>
</tr>
</tbody>
</table>

**ACTIVITY/LESSON DESCRIPTION**

Put water and some yellow paint in a spray bottle. Add a little bit of yellow paint. Spray the water and paint mixture on dark paper and watch for a galaxy to appear.

<table>
<thead>
<tr>
<th>ACTIVITY #2 TITLE</th>
<th>LEARNING GOAL/OBJECTIVE</th>
<th>MATERIALS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Telescope</td>
<td>Explore and use a variety of art media</td>
<td>Art media that you have around the house. Crayons, paint, markers, stickers, Toilet Paper tubes</td>
</tr>
</tbody>
</table>

**ACTIVITY/LESSON DESCRIPTION**

Color, paint, and decorate the tube with whatever you have. Let your child use their own creativity. When it is dry and ready, they can use it to look through at anything. Take them outside at night and look up in the sky. Pretend and ENJOY!
### ACTIVITY #3 TITLE: Starry Night Sensory Bags

**LEARNING GOAL/OBJECTIVE:** Uses senses in exploration during play

**MATERIALS:**
- Gallon storage bags
- Clear hair gel (16 oz)
- Star Shaped confetti and/or glitter
- Black poster board

**ACTIVITY/LESSON DESCRIPTION:**
- Empty the hair gel into the bag
- Add the star confetti and/or glitter into the bag
- Before sealing the bag, lay it flat and get as much air out as possible.
- Tape the black paper to one side of the bag to make the stars shine in the “Starry Night”.
- Tape the opening of the bag shut to make it more secure to avoid messes.
- Time for your child to explore and play with the bag

### ACTIVITY #4 TITLE: Moon Sand

**LEARNING GOAL/OBJECTIVE:** Fine motor skills

**MATERIALS:**
- Flour
- Baby Oil
- Large container to put the whole mixture in
- Containers to put the ‘moon sand’ in and to make molds

**ACTIVITY/LESSON DESCRIPTION:**
- It’s easy as pie: 1/4 cup baby oil for every 2 cups of flour.
- To fill a plastic container, we did 8 cups of flour and 1 cup of baby oil.
- You want to mix it well to break up any balls of baby oil that form.
- You can store it in an airtight container when not in use.
# MATHEMATICS & SCIENCE ACTIVITIES

## ACTIVITY #1 TITLE
Counting, matching and looking at sizes of Moon Rocks

## LEARNING GOAL/OBJECTIVE
- Show interest in and awareness of numbers/counting
- Recognize differences in size

## MATERIALS
Rocks

## ACTIVITY/LESSON DESCRIPTION
Go on a walk outside with your child. Look for rocks and collect them. When you have a good amount, you can put them in a pile and you can do a variety of activities with them.
- Count the rocks
- Sort the rocks by size and color
- Ask, which rocks are the biggest? The smallest?
- Talk about how they feel...rough, smooth etc.

## ACTIVITY #2 TITLE
Match the Planet

## LEARNING GOAL/OBJECTIVE
- Increase attention to detail
- Visual memory
- Recognize and recall

## MATERIALS
Worksheet

## ACTIVITY/LESSON DESCRIPTION
Make two copies of the worksheet. Cut out the planets on one sheet. Use the planets that you cut out to have your child match them to the planets on the other sheet.
**ACTIVITY #3 TITLE**  
Flashlight Fun

**LEARNING GOAL/OBJECTIVE**  
Explore and discover light, dark, and shadows while at play.

**MATERIALS**  
Flashlight for everyone doing the activity

**ACTIVITY/LESSON DESCRIPTION**

- Turn off the lights and turn on the flashlight
- Play with the flashlights shining them around the room.
- Talk about light and dark.
- Ask your child to do certain things...Shine your light on the chair, books, television etc.
- Talk about how light and dark together can make shadows.
- Make shadow puppets if you want.
- For extra fun, put on some music and do a flashlight dance party!

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**ACTIVITY #4 TITLE**  
Spaceship Throw

**LEARNING GOAL/OBJECTIVE**  
Fine motor/finger grasp  
Make predictions  
Follow directions

**MATERIALS**  
Paper plates  
Crayons  
Stickers (if you have them)

**ACTIVITY/LESSON DESCRIPTION**

Decorate a paper plate by coloring with crayons or any art materials you have on hand.

The paper plates will be the spaceships!  
Your child will have fun ‘flying’ (throwing) their spaceship around the room.

By playing with your child, make predictions.  
How far do you think you/I can throw the spaceship?  
Go stand where you think I can throw my spaceship.  
How high can you throw your spaceship?
<table>
<thead>
<tr>
<th>ACTIVITY #5 TITLE</th>
<th>LEARNING GOAL/OBJECTIVE</th>
<th>MATERIALS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shape Space</td>
<td>Explore and use a variety of art media</td>
<td>Shapes such as circles, rectangles, squares, triangles, and stars of different sizes cut from different colored construction paper. Glue</td>
</tr>
<tr>
<td></td>
<td>Shape recognition</td>
<td>Bigger dark paper for the project to be created on.</td>
</tr>
</tbody>
</table>

**ACTIVITY/LESSON DESCRIPTION**

Talk about all the different shapes and colors to work on shape/color practice and recognition.

Using the glue let your child design an outer space picture using the shapes (circle = planets, moon, sun; Stars = stars; Rectangle, square, triangle = rocket ship). Encourage your child to talk about their work and tell you what they are creating!
DIRECTIONS:
Have your child mark the numbers with the objects they see.
Example: 2 Aliens
Astronauts to Earth
Help the astronauts get back to Earth!
## MUSIC & MOVEMENT ACTIVITIES

<table>
<thead>
<tr>
<th>ACTIVITY #1 TITLE</th>
<th>LEARNING GOAL/OBJECTIVE</th>
<th>MATERIALS</th>
</tr>
</thead>
</table>
| Singing Songs About Outer Space | Shows interest and participate in a wide variety of music and song | Online Song Links:  
  - Elmo's Outerspace Song  
  - Sesame Street Outer Space  
  - Space Song Rocket Ride |

### ACTIVITY/LESSON DESCRIPTION
Sing songs about Outerspace. Some songs are provided for you in this pamphlet. Sing and dance with your child!

<table>
<thead>
<tr>
<th>ACTIVITY #2 TITLE</th>
<th>LEARNING GOAL/OBJECTIVE</th>
<th>MATERIALS</th>
</tr>
</thead>
</table>
| Asteroid Toss | Gross motor, move body (arms) with purpose  
  Hand eye coordination | Aluminum Foil  
  Baskets or Boxes |

### ACTIVITY/LESSON DESCRIPTION
Crunch up pieces of foil to make small 'asteroids'  
Have your child throw them and try to get them into a basket or a box.  
For those that need more of a challenge, cut a hole into a box and try to get the 'asteroid' into the hole while throwing.
### ACTIVITY #3 TITLE

Blast Off!

### LEARNING GOAL/OBJECTIVE

- Gross motor
- Move body
- Demonstrate large muscle and balance
- Change position and move body from place to place

### MATERIALS

You will need a big enough space to move.

### ACTIVITY/LESSON DESCRIPTION

This is an activity where you act out being a rocket ship.

You and your child crouch down on the floor
Make yourselves as small as possible
Count down from 10 to zero, standing up a little at a time with each number
When you get to zero, yell BLAST OFF and fly around the room!
You can use the below poem if you want!

---

**Climb aboard the spaceship,**
we’re going to the moon,
hurry and get ready,
we’re going to blast off soon,
put on your helmet and buckle up real tight,
cause here comes the countdown
so count with all your might!
10, 9, 8, 7, 6, 5, 4, 3, 2, 1,
BLAST OFF!
Outer Space Yoga

*5 easy yoga poses for kids*

1. Shine like the SUN.
2. Glow like the MOON.
3. Glide like a SHOOTING STAR.
4. Zoom like a COMET.
5. Orbit like a ASTEROID.