

# INFANTS

## Pets

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### Early Childhood Distance Learning Materials



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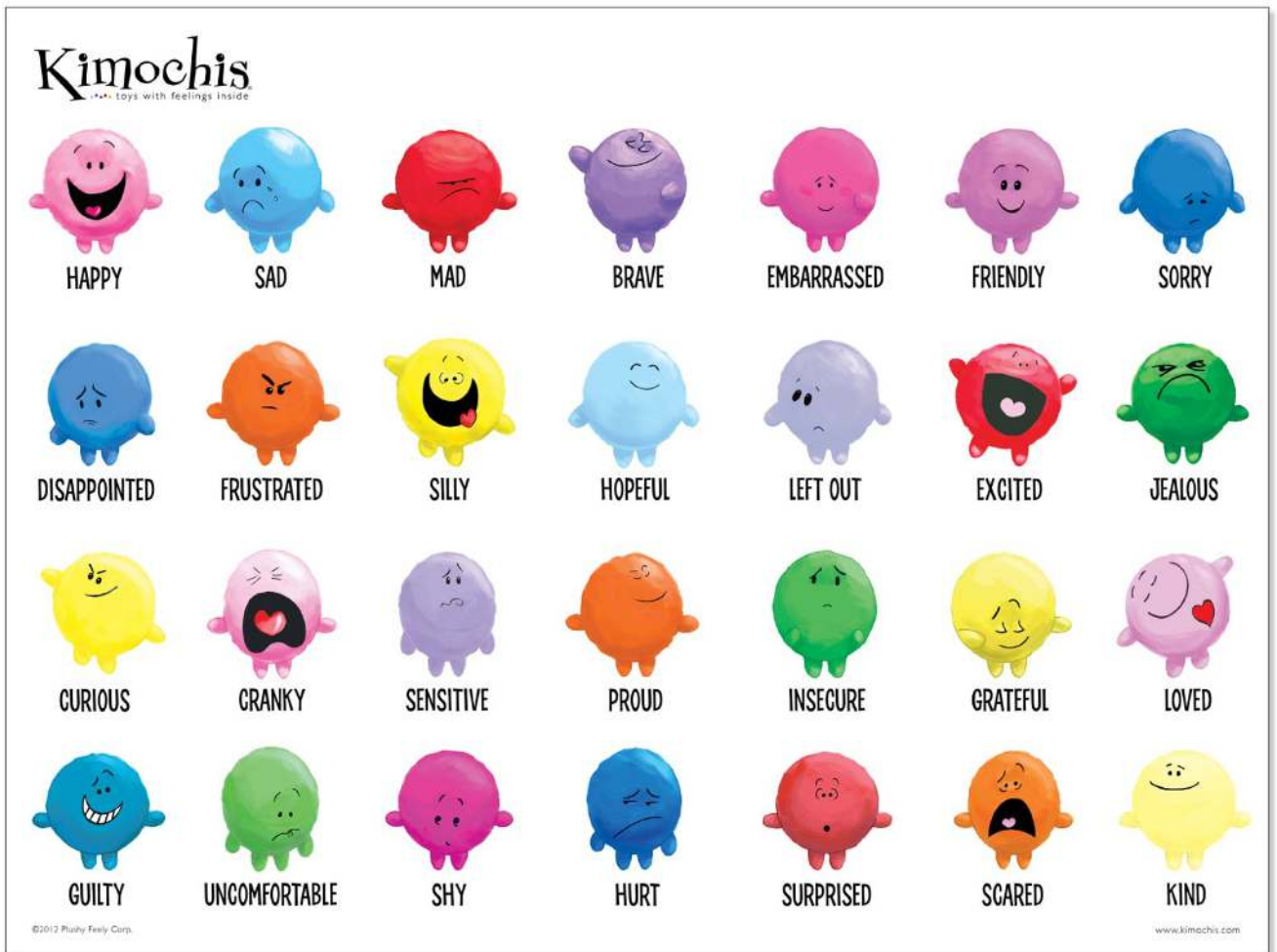
## HOME LEARNING BABY BINGO BOARD

**DIRECTIONS FOR EACH DAY THIS WEEK:** The goal is to do 5 activities in each area. After you complete an activity, color in the box and show it is done. The goal is to have a blackout by the end of the week with every box colored in!

<b>L</b> Literacy	<b>E</b> Exercise	<b>A</b> Arts	<b>R</b> Regulation	<b>N</b> Numbers
Read your child's favorite book	Make an obstacle course in your house	Have a dance part with the whole family	Take BIG dinosaur breathes and blow them out	Go for a shape hunt around your house and talk about them
Tell your child your daily plans while changing their morning diaper	Go on a walk and see all T-Rex (squirrels) around your neighborhood	Make handprint or footprint art	Practice STAR breathing. Smile, Take a deep breath, and Relax. Fill up your belly like a balloon and slowly let it out. Do this 3 times.	Count your child' fingers and toes
Read a book outside	Work on your child's next development milestone	Go to YouTube and listen/dance to "We are the Dinosaurs"	Learn the sign for "more"	See how many different colors you can find of cars outside
Learn and sing a new song	Play outside in water	Make your own finger paint and paint with your favorite color	Help your child learn to self-regulate when appropriate	Count how many pterodactyls (birds) you can see on a walk
Learn different animal sounds	Bring a stuffed animal for a walk	Do the motions to "Itsy Bitsy Spider"	Hold your child and take 5 deep breaths	Use spatial relationships to items (above, below, in, out)

# DAILY CHECK-IN

Tell me how you're feeling today?



<b>MONDAY</b>	Make a CIRCLE with a BLUE crayon
<b>TUESDAY</b>	Make a TRIANGLE with a RED crayon
<b>WEDNESDAY</b>	Make a SQUARE with an ORANGE crayon
<b>THURSDAY</b>	Make a CLOUD with a PURPLE crayon
<b>FRIDAY</b>	Make A SHAPE OF YOUR CHOICE with a GREEN crayon

# SOCIAL EMOTIONAL DEVELOPMENT & SOCIAL SYSTEMS COGNITIVE ACTIVITIES

## Positive Parenting



**ZERO TO THREE**  
Early connections last a lifetime

**Positive parenting** describes a set of parental behaviors that foster a child's capacity to **love, trust, explore and learn**. The goal of positive parenting is to help parents guide their children's healthy development in the context of the family's culture. Key elements of positive parenting include the ability to:

Understand or imagine the **child's point of view**, especially during challenging moments.



Respond with interest and **sensitivity** to the child's cues.



Recognize that **parenting can be stressful** and missteps are a natural part of child-rearing.



Recognize and **celebrate** the child's strengths, abilities, and capacity to learn and develop.



Provide consistent, **age-appropriate guidelines** and limits for child behavior.



Work toward a **balance** of meeting parental needs and child needs.



Delight in **moments of connection** with the child;



Recognize and **regulate their own feelings** and behaviors before they respond to the child.



**Seek help,** support or additional information on parenting **when needed.**



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<b>ACTIVITY #1 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Show Love to your Pet (or stuffed animal)	Learn how to be gentle and loving to other things, body control	Pet or Stuffed Animal
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Pets feel your love when you pet them, kiss them, play with them and feed them. Practice each of these things with your pet or stuffed animal.		

<b>ACTIVITY #2 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Random Act of Kindness	Learn how to show kindness to family, friends and strangers, Feel Intrinsic Value	N/A
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Do something kind for someone today. Give a hug, pick up toys without being asked or just have some quiet time together and enjoy the moment.		

<b>ACTIVITY #3 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Deep Breathing	Learn to Control Body and Mind, Calming Routines	You and Baby
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Practice deep breathing together. Hold your child in your arms or on your lap and take several deep breaths. Move your child's arms up as you inhale and down as you exhale.		

<b>ACTIVITY #4 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Tickle Fight	Learn to Engage in Gentle, Physical Play, Laugh Out Loud	You and Baby
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Tickle your child and laugh together. Encourage them to tickle you back. Explore which parts of the body are more ticklish than others. Be silly and have fun!		

<b>ACTIVITY #5 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Peek-a-Boo	Object Permanence, Trust	Washcloth, Scarf or Towel
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Put a scarf or washcloth in front of your face to hide from baby, then move it away, "Peekaboo!" After a few repetitions, put the scarf or washcloth in front of baby's face and have them hide.		

## LANGUAGE, LITERACY & COMMUNICATION ACTIVITIES


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ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Practice Animal Noises	Language Development, Animal Science	You and Baby
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Practice barking like a dog, meowing like a cat, chirping like a bird, etc. How can you tell when an animal is happy or sad? Do they make different sounds?		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Learn the Signs for Pets	Language Development, Animal Science	You and Baby
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Learn and practice the ASL signs for dog, cat, bird, rabbit and turtle. Use YouTube as a resource to learn the signs.		



## THE ARTS & SENSORY ACTIVITIES, MUSIC & MOVEMENT

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Make a Birdfeeder	Art, Fine Motor Skills, Animal Science	String, Toilet Paper Roll, Peanut Butter (or nut butter), Birdseed, Spoon
ACTIVITY/LESSON DESCRIPTION		
	<p>Help your child spread peanut butter onto the outside of a toilet paper roll. Cover it completely in peanut butter and then sprinkle birdseed on all sides. When it is covered in birdseed, tie a string through the toilet paper roll and tie it to the branch of a tree or the side of a fence. Watch as birds and squirrels eat the seed.</p>	

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Birdseed Sensory Play	Sensory Play, Fine Motor Skills, Hand-Eye Coordination	Bucket, Birdseed, Sand Toys, Water Toys, Shovel, Cup, Bowl
ACTIVITY/LESSON DESCRIPTION		
<p>Fill a bucket or sensory bin ½ full of birdseed. Give your child sand or water toys or just a spoon, bowl and cup to pour birdseed into and dump it out. Encourage them to move seed from one container to another and feel the different textures.</p>		

<b>ACTIVITY #3 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
B.I.N.G.O.	Music, Movement, Clapping Hands, Social Emotional Development	You and Baby
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Sing the song “B-I-N-G-O” with your child. Help them clap their hands when it’s time to skip a letter. Sing and dance together.		

## MATHEMATICS & SCIENCE ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Animal Count	Basic Math Concepts	Animal Toys and Stuffed Animals
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p>Put animal toys around the room. Then, have your child find each one and count how many animals they have. Encourage them to make animal noises.</p>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Cat or Dog?	Animal Science, Noticing Differences	You and Baby
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p>Dogs can be different sizes, shapes and colors. Cats have different colors and fur patterns. Help your child identify which are cats and which are dogs. What color is it? What sound does it make?</p>		

<b>ACTIVITY #3 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Sorting	Math, Noticing Differences, Shapes, Colors, Fine Motor Skills	Snack foods like Goldfish, Chex Mix, Cheerios, etc.
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Give your child a mix of different size and shape snack foods. Have them sort into piles. Talk about the different shapes, colors, scents and tastes.		