

# INFANTS

## Summer Fun

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Early Childhood Distance Learning Materials



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## HOME LEARNING BABY BINGO BOARD

**DIRECTIONS FOR EACH DAY THIS WEEK:** The goal is to do 5 activities in each area. After you complete an activity, color in the box and show it is done. The goal is to have a blackout by the end of the week with every box colored in!

LANGUAGE DEVELOPMENT	FINE MOTOR SKILLS	GROSS MOTOR SKILLS	SOCIAL AND EMOTIONAL DEVELOPMENT
Read a book together	Scribble with a marker	Go for a socially distant walk	Hug and rock a stuffed animal
Sing a new song	Pick up and eat Cheerios	Climb up and down the couch	Practice happy and sad faces
Practice baby sign language	Pass a small toy hand to hand	Crawl under a chair	Wave to passing car
Say 'Yes' in a different language	Do the motions to "itsy Bitsy Spider"	Have a dance party	Learn the sign for "Thank You"
Explain what you are doing as you cook dinner	Turn the pages of a book	Float in the bathtub	Hold your baby and take 5 deep breaths

# DAILY CHECK-IN

Tell me how you're feeling today?



<b>MONDAY</b>	Make a CIRCLE with a BLUE crayon
<b>TUESDAY</b>	Make a TRIANGLE with a RED crayon
<b>WEDNESDAY</b>	Make a SQUARE with an ORANGE crayon
<b>THURSDAY</b>	Make a CLOUD with a PURPLE crayon
<b>FRIDAY</b>	Make A SHAPE OF YOUR CHOICE with a GREEN crayon



# SOCIAL EMOTIONAL DEVELOPMENT & SOCIAL SYSTEMS COGNITIVE ACTIVITIES

## Positive Parenting



**ZERO TO THREE**  
Early connections last a lifetime

**Positive parenting** describes a set of parental behaviors that foster a child's capacity to **love, trust, explore and learn**. The goal of positive parenting is to help parents guide their children's healthy development in the context of the family's culture. Key elements of positive parenting include the ability to:

Understand or imagine the **child's point of view**, especially during challenging moments.



Respond with interest and **sensitivity** to the child's cues.



Recognize that **parenting can be stressful** and missteps are a natural part of child-rearing.



Recognize and **celebrate** the child's strengths, abilities, and capacity to learn and develop.



Provide consistent, **age-appropriate guidelines** and limits for child behavior.



Work toward a **balance** of meeting parental needs and child needs.



Delight in **moments of connection** with the child;



Recognize and **regulate their own feelings** and behaviors before they respond to the child.



**Seek help,** support or additional information on parenting **when needed.**



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<b>ACTIVITY #1 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Admiring All Colors	Acceptance, diversity, social emotional learning	Dolls, books, pictures of people with all different colored skin
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Look at all different people or dolls and notice their similarities and differences. Discuss how different skin, hair and eye color makes all people beautiful and unique.		

<b>ACTIVITY #2 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Please and Thank You	Social emotional, language, self-expression	YouTube videos for your reference: <a href="#">Please &amp; Thank You Sign Language Song</a> or <a href="#">Baby Sign Language</a>
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Practice the ASL sign for “please” and “thank you.” You say please when you want something and thank you when it is given. Once they get the hang of it, try adding to another word. “More please” and “thank you mom.”		

<b>ACTIVITY #3 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Celebrate	Social emotional, confidence, empowerment	N/A
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Celebrate with your child when they follow directions or complete something. If they finish a book or song, clap and smile to show them you are proud. If they put the toy away on the shelf, say “yay”. Teach your child, by example, how to celebrate their accomplishments.		

<b>ACTIVITY #4 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Head, Shoulders, Knees and Toes	Cognitive, body awareness	N/A
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Sing “Head, shoulders, knees and toes” and touch each body part. Practice helping your child touch their own head, shoulders, knees and toes, so they learn how to point it out on themselves.		

<b>ACTIVITY #5 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Yellow	Cognitive, color identification, observation	N/A
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Look for things that are yellow. Point out toys, clothes and flowers that are yellow. Talk about how some shades are light and some are bright, but they are all yellow.		

## LANGUAGE, LITERACY & COMMUNICATION ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Making Sounds	Language/Communication	N/A
ACTIVITY/LESSON DESCRIPTION		
Copy baby's sounds and encourage them to imitate you.		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Sing Songs	Language	N/A
ACTIVITY/LESSON DESCRIPTION		
Sing songs with baby such as the wheels on the bus, or make up a song.		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Describe Feelings	Language/Communication	N/A
ACTIVITY/LESSON DESCRIPTION		
When your baby is hungry you can say: "I see that you are hungry your food is coming soon!"		



## THE ARTS & SENSORY ACTIVITIES, MUSIC & MOVEMENT

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Textures Touch	Sensory	Cotton, lace, nylon, etc...
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p>Gather together small squares of different fabrics. You can glue each piece on a cardboard box or put them on a string. Please be sure to cut the squares large enough so they are not a potential choking hazard for your baby if it ends up in their mouth.</p>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Photo Album	Art	Photos
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p>Glue photos of babies and important people in their life on index cards and turn it into a book.</p>		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Shaker	Music/Movement	Rice Bean Sand
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p>Make shakers by putting a small amount of rice, beans, or sand in plastic bottles.</p>		

<b>ACTIVITY #4 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Pop Up	Music/Movement	N/A
<b>ACTIVITY/LESSON DESCRIPTION</b>		
When singing Pop Goes the Weasel, replace weasel with child's name and have them jump up!		

<b>ACTIVITY #5 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Drum Parade	Music/Movement	N/A
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Use empty containers such as oatmeal boxes for children to drum on. They can use hands of sticks and do it to music.		

## MATHEMATICS & SCIENCE ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Melting Ice	Early science, fine motor skills, sensory	Bowl, salt, watering can/squeeze bottle
ACTIVITY/LESSON DESCRIPTION		
<p>Fill a large bowl <math>\frac{3}{4}</math> full of water. Freeze overnight. After the water is frozen, turn the ice out of the bowl and sprinkle with salt and spray with warm water to watch the ice turn from solid to liquid. Ask your baby "What other things melt? Popsicles, ice cream, smoothies?"</p>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Stacking Blocks	Fine motor skills, coordination, early math	Blocks or other flat, stackable toys
ACTIVITY/LESSON DESCRIPTION		
<p>Practice counting as you stack blocks. Talk about the colors or objects on the blocks. Can you make a pattern?</p>		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Hard and Soft	Fine motor skills, discerning differences, early science	Various soft and hard toys
ACTIVITY/LESSON DESCRIPTION		
<p>Collect soft items such as blankets, stuffed animals and clothes, and hard items such as books, blocks and bowls. Explore the texture and separate the items into two groups: hard and soft. Discuss other physical properties like color and texture.</p>		