

TODDLER

Colors

Early Childhood Distance Learning Materials

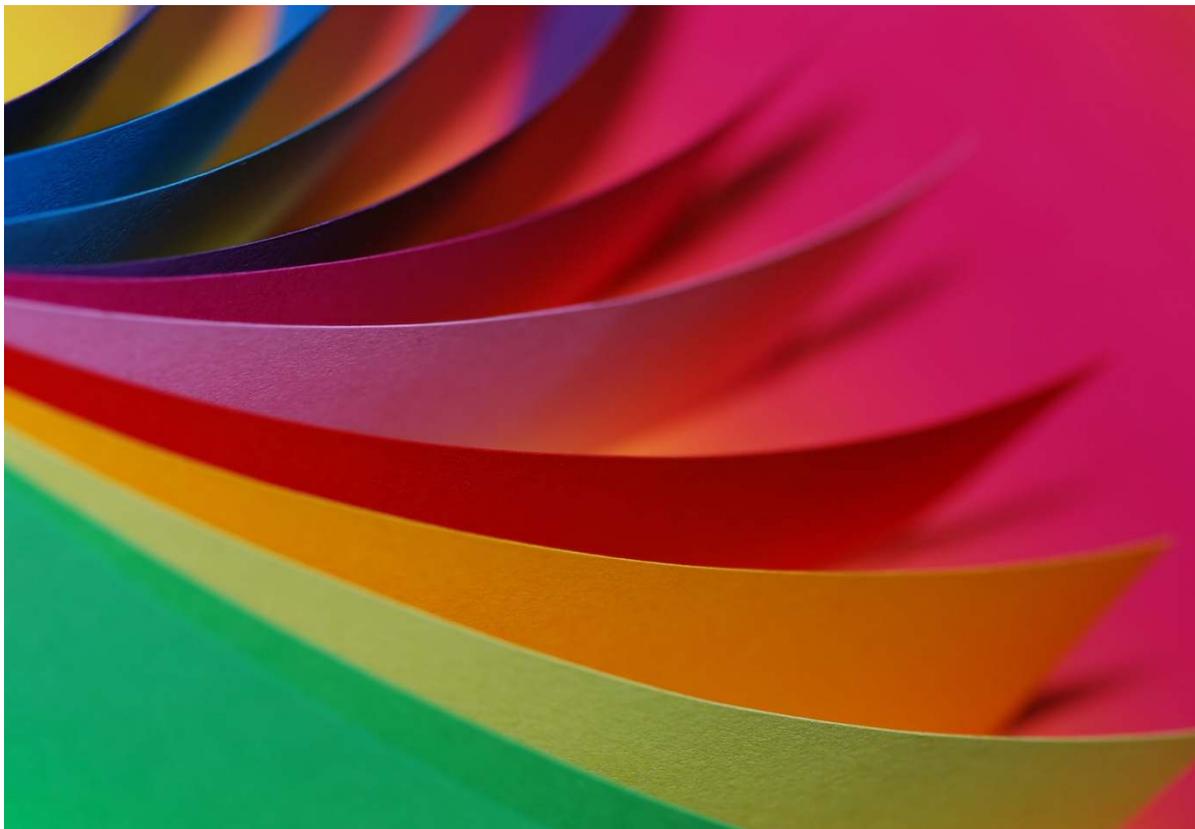


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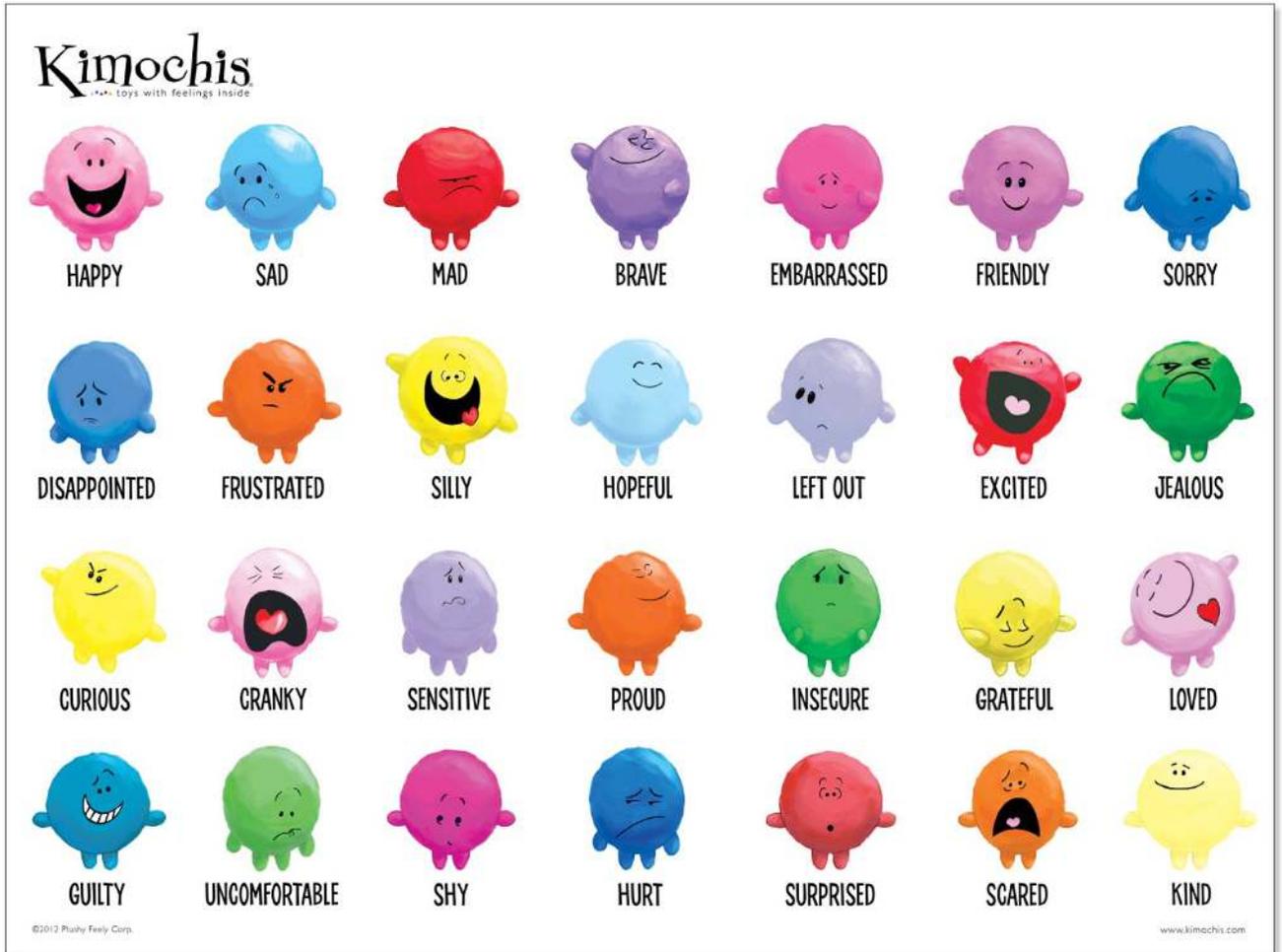
HOME LEARNING BABY BINGO BOARD

DIRECTIONS FOR EACH DAY THIS WEEK: The goal is to do 5 activities in each area. After you complete an activity, color in the box and show it is done. The goal is to have a blackout by the end of the week with every box colored in!

L Literacy	E Exercise	A Arts	R Regulation	N Numbers
Go to YouTube and read 'Brown Bear, Brown Bear'	Talk about what colors healthy food can be	Make your own playdough	Blow bubbles. Deep breath in, soft breath out	How many different color birds can you see on a walk?
Talk about what letter your names start with	Learn a new dance	Use your homepage paint and mix them and see what colors they make	Go to YouTube and search 'The Color Monster'	Go on a walk and find 4 white cards, 3 black cards and 1 yellow car
Play 'Simon Says'	Go for a color hunt around your house	Make your own paint	Snuggle on the couch together and watch a movie	Use a marker to measure different things around the house
Read your child's favorite book	Make an obstacle course in your house or on the playground	Talk about what colors make up a rainbow	Use your feelings chart from the packet to talk about how you are feeling	Count the number of items used at dinner time
Learn a new song about colors	Play 'Red Light, Green Light'	Use chalk outside	Watch the movie "Inside Out" and talk about the different feelings	Do a puzzle

DAILY CHECK-IN

Tell me how you're feeling today?



MONDAY	Make a CIRCLE with a BLUE crayon
TUESDAY	Make a TRIANGLE with a RED crayon
WEDNESDAY	Make a SQUARE with an ORANGE crayon
THURSDAY	Make a CLOUD with a PURPLE crayon
FRIDAY	Make A SHAPE OF YOUR CHOICE with a GREEN crayon

SOCIAL EMOTIONAL DEVELOPMENT & SOCIAL SYSTEMS COGNITIVE ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Calm Down Yoga	Gross Motor, Emotional Regulation/Breathing Exercises	Calm Down Yoga Card
ACTIVITY/LESSON DESCRIPTION		
<p>Take this time to take a much needed breath and relax with your children. Take the time to do each movement and label them with the name on the paper, this helps your child really get into motion. While doing each movement take 4-5 breaths and really stretch and feel the movements.</p>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Singing and Dancing	Builds Self-Esteem, Fosters Connection and Cooperation, Promotes Brain Development	Eye Contact, Playfulness Presence
ACTIVITY/LESSON DESCRIPTION		
<p>Feel free to watch this "If You're Happy and You Know it" sing-along video or sing any songs you and your child enjoy!</p> <p>https://www.youtube.com/watch?v=l4WNRvVjiTw</p>		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Play'Doh Faces	Fine Motor, Emotional Recognition	Play'Doh
ACTIVITY/LESSON DESCRIPTION		
Talk about emotions with your children and show them what each emotion might look like, such as happy, sad, mad. You can talk to your child through each emotion and what may make someone feel that way.		

CALM DOWN YOGA FOR KIDS



I am strong.



I am kind.



I am brave.



I am friendly.



I am wise.



LANGUAGE, LITERACY & COMMUNICATION ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
'Brown Bear, Brown Bear'	Building a Foundation in Literacy	<u>Brown Bear, Brown Bear, What Do You See Read Aloud</u>
ACTIVITY/LESSON DESCRIPTION		
Read or listen to this story and talk about all the different colors that you see while reading it.		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Let's Talk About It	Building Vocabulary	Your Voice
ACTIVITY/LESSON DESCRIPTION		
Talk about the everyday activities (changing diapers, cleaning, cooking, etc.) you usually think about silently. This will help your child learn vocabulary and patterns of speech.		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Color Words	Building Vocabulary, Early Letter Recognition	Color Card Print Out
ACTIVITY/LESSON DESCRIPTION		
Cut out the Color Word Cards and talk about them with your child. Do you see any of these colors in the room? What about outside? At the store?		

ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Letter Hunt	Vocabulary, Gross Motor, Early Letter Recognition	Your Feet and a Few Written Letters
ACTIVITY/LESSON DESCRIPTION		
Write a few letters of the alphabet on a piece of paper and then walk around your house, the neighborhood, etc. to see what letters your child can find in the environment outside. Talk with them about what each letter is and see if they can spot any other letters anywhere else.		

ACTIVITY #5 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Play'Doh Letters	Fine Motor, Early Letter Recognition, Vocabulary	Play'Doh
ACTIVITY/LESSON DESCRIPTION		
Using Play'Doh, shape the dough into different letters of the alphabet. Then have them try to do the same. Try both lower and uppercase letters! They will also help build communication skills and fine motor.		



yellow



orange



pink



red

THE ARTS & SENSORY ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Color Scrape	Gross/Fine Motor, Vocabulary	Paint and Paper Small Piece of Cardboard
ACTIVITY/LESSON DESCRIPTION		
Put your paint on the piece of paper in a pattern or just at random and take your flat piece of cardboard and scrape it across your baby and talk about what happens		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Rainbow in a Bag	Gross/Fine Motor, Vocabulary	Paint OR Hair Gel and Food Coloring, Ziploc Bag, Tape
ACTIVITY/LESSON DESCRIPTION		
Put your paint in a Ziploc bag and close it tight and then put tape over it. You can put it on a window or just leave it on the table. You then play around with it with your fingers.		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Color Sponge Paint	Gross Motor, Cognitive Development, Vocabulary	Sponge Paint and Paper
ACTIVITY/LESSON DESCRIPTION		
Put your paint on the sponge in a pattern (or at random) and paint on the paper. I like to squish it on at first and then rub it in after a while.		

ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Rainbow Rice	Sensory, Fine/Gross Motor, Dumping and Filling	Rice, Food Coloring, Cups and Spoons
ACTIVITY/LESSON DESCRIPTION		
To dye your rice: combine 1 tablespoon of vegetable oil, food coloring (drops to your liking), and rice. Let dry and then put the dyed rice in a bin for your child to explore!		

ACTIVITY #5 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Play'Doh	Sensory, Fine/Gross Motor, Vocabulary	Play'Doh
ACTIVITY/LESSON DESCRIPTION		
Simply playing with Play'Doh can spoke some really great conversation and creativity.		

MATHEMATICS & SCIENCE ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Skittles Science	Vocabulary	Skittles, Plate and Rocks
ACTIVITY/LESSON DESCRIPTION		
Place your Skittles around the inside of a plate in a circle. Pour water gentle around the edge and watch. What you will notice is the colors will start to run into the middle together.		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Magic Milk	Vocabulary, Observation, Dumping and Pouring	Food Coloring, Dish Soap, Cotton Balls, Plate Milk (2% or Whole)
ACTIVITY/LESSON DESCRIPTION		
<ul style="list-style-type: none"> • Pour some milk into a shallow dish or bowl until the milk covers the bottom • Add some drops of food coloring to the milk. You can use a variety of colors, just be sure to add 3-4 drops of each color. • Add a drop of dish soap onto a cotton ball and throw it into the center of the milk. <ul style="list-style-type: none"> • Watch in amazement as the colors dance across the surface of the milk. 		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Color Sorting	Color Sorting, Color Names, Fine Motor, Vocabulary	Fruit Loops, Cups and Fingers
ACTIVITY/LESSON DESCRIPTION		
Place 1 piece of Fruit Loop cereal in each cup and ask your child to sort the other Fruit Loops in the corresponding cups. Encourage your child to use their pincher grasp to help work on their fine motor skills as well as color sorting.		

ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Color Mixing Science	Colors, Sensory (Ice), Vocabulary, Fine Motor	Ice Cube Tray, Food Coloring and Cups
ACTIVITY/LESSON DESCRIPTION		
Fill an ice cube tray with water and a few drops of food coloring in each section. Place in the freezer for 1-2 hours. Once they are frozen, drop a few of them in a cup and watch the colors mix. Talk about what color your child thinks it will turn into.		

ACTIVITY #5 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Color Changing Flowers	Observation Skills, Vocabulary	White Flowers (cut at the bottom), Clear Cups, Water and Food Coloring
ACTIVITY/LESSON DESCRIPTION		
Cut the stems of the flowers to have about 5 inches below the flower left. Fill cups with water and add 10 drops of food color. Place the flower in the cup and watch as the color begins to soak into the petals. Talk about what your child thinks will happen.		

MUSIC & MOVEMENT ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Sound Exploration with Glasses	Gross Motor, Observation Skills, Vocabulary	Glass_Cups, Spoon and Food Coloring
ACTIVITY/LESSON DESCRIPTION		
Fill each glass cup with a different amount of water and a few drops of food coloring. Once the cups are filled have the child gently tap the side of the glass and listen to the different sounds of each glass.		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Creative Movement	Gross Motor, Rhythm	Colro Scarves
ACTIVITY/LESSON DESCRIPTION		
Dance around with Rainbow Scarves. Talk about the beat and the high notes and low notes.		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Color Hop	Gross Motor, Memory Skills, Vocabulary	Color Paper
ACTIVITY/LESSON DESCRIPTION		
Cut out different color pieces of paper into circles or different shapes. Turn on some music (or don't) and have your child hop on all of the different colors. Start by saying, "Jump on red. Jump on green. Jump on... etc."		