

# **TODDLER**Spring 1

## **Early Childhood Distance Learning Materials**





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## **HOME LEARNING BABY BINGO BOARD**

**DIRECTIONS FOR EACH DAY THIS WEEK:** The goal is to do 5 activities in each area. After you complete an activity, color in the box and show it is done. The goal is to have a blackout by the end of the week with every box colored in!

Literacy	Exercise	Arts	Regulation	Numbers
Read 10 minutes with your child  M T W R F	Enjoy the weather and go for a walk	Talk about colors in a rainbow	Have your child help you do a chore around the house	Find things that are taller and shorter then your child
Have your child read a story to you. Remember talking about the pictures is the first step of reading	Play your families favorite songs and have a dance party around the house	Go on a color hunt either in your house or outside	Practice STAR breathing. Smile, Take a deep breath, and Relax. Fill up you belly like a balloon and slowly let it out. Do this 3 times.	Count the number of dishes put out during dinner time
Complete one lesson from the literacy packet	Go to https://www.kidsyogas tories.com/yoga-for- spring/ and learn new spring inspired yoga positions	Find a spot in your house to display all your awesome artwork	Make a sensory bottle	Take a walk around the neighborhood and count how many flowers you see
Pretend you are at a park and lay on a blanket and read a book	See how fast your child can run from one side to another side	Make your own toddler safe paint	Dance around the house with different tempo songs	Complete one of the math packet activities
Read a book to a doll or stuffed animal	Make an 'obstacle' course with chalk. Pinterest has lots of great ideas	Play your child's favorite song and clap to the beat.	Talk about how we feel during different emotions	Go on a shape scavenger hunt around your house
Pick your favorite book and talk about why this book is you favorite	Play follow the leader	Make flowers with playdough and cookie cutters	Talk about and find things that help calm your child down	Collect different things from around your house and sort them



## **TODDLERS**

	SENSORY	LITERACY	MATH	ARTS
MONDAY	DIY Spring Sensory Bottles Objectives: Math/Science Skills	Play Dough and Letter cookie cutters <b>Objectives:</b> <b>Pre-Writing</b>	Lily Pad Hops Objectives: Counting Gross Motor	Mud Painting: Objectives: Creativity Motor Skills Self-Expression
TUESDAY	Rainbow Rice Bin Objectives: Measurements	Puzzles Objectives; Fine Motor Skills	Color Hunt Objectives: Color Recognition Gross Motor	Toilet Paper Tube Flowers Objectives: Creativity Motor Skills Self-Expression
WEDNESDAY	Nature Soup Objectives: Measurements	Finger Play with Songs Objectives: Phonological Awareness	Bug Sorting Objectives: Sorting/ Categorizing	Coffee Filter Flowers Objectives: Creativity Motor Skills Self-Expression
THURSDAY	Rainbow Foam Objectives: Measurements Dramatic Play	Coloring with Markers/Crayons <b>Objectives:</b> <b>Pre-Writing Skills</b>	Bird Counting Objectives: Numbers	Nature Brushes Objectives: Creativity Motor Skills Self-Expression
FRIDAY	Hair Gel Window Bags <b>Objectives:</b> <b>Fine Motor</b>	Read Books Together Objectives: Language Early Letter Recognition	Flower Matching Came Objectives: Sorting/Categorizi ng	Rainbow Shaving Cream Art Objectives: Creativity Motor Skills Self-Expression

# **DAILY CHECK IN:** How are you feeling?











Happy / Excited

Calm / Relaxed

**Anxious / Worried** 

Sad / Upset

**Angry / Frustrated** 



## **MATH ACTIVITIES**

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Lily Pad Hops	Gross Motor, Counting, Balance	Colored Paper

## **ACTIVITY/LESSON DESCRIPTION**

Cut out Lily Pad Templates on regular or colored paper. Write numbers 1-10 on the top of the lily pads and tape them down onto your floor. Have your children hop on each number like a frog and help them count out loud.

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Color Hunt	Sorting, Matching, Colors, Language	Items around your house

## **ACTIVITY/LESSON DESCRIPTION**

Go around your home and help your toddler hunt for items of a specific color. Round them all up and discuss the different colors/shades/etc.



ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Bug Sorting	Sorting and Matching, colors, Fine Motor, Language, Shapes	Fake bugs, scissors

Take your small, medium and large bugs and cut them out. Use the templates to help your child sort out the different sizes of all of the bugs. Discuss the differences between each size and you can even discuss what each bug is and all of the colors you see.

ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Bird Counting	Color, Shape and Size Recognition, Counting, Language	None

## **ACTIVITY/LESSON DESCRIPTION**

Take a walk or even just look out your windows and count how many birds you see outside. You can even write down the different types of birds you see (colors, size, sounds) and look them up later to keep track of what types of birds you've been seeing.

ACTIVITY #5 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Flower Match	Memory/ Match Skills	Handout

## **ACTIVITY/LESSON DESCRIPTION**

Cut out the flowers and flip them over to play a game of memory/ matching.

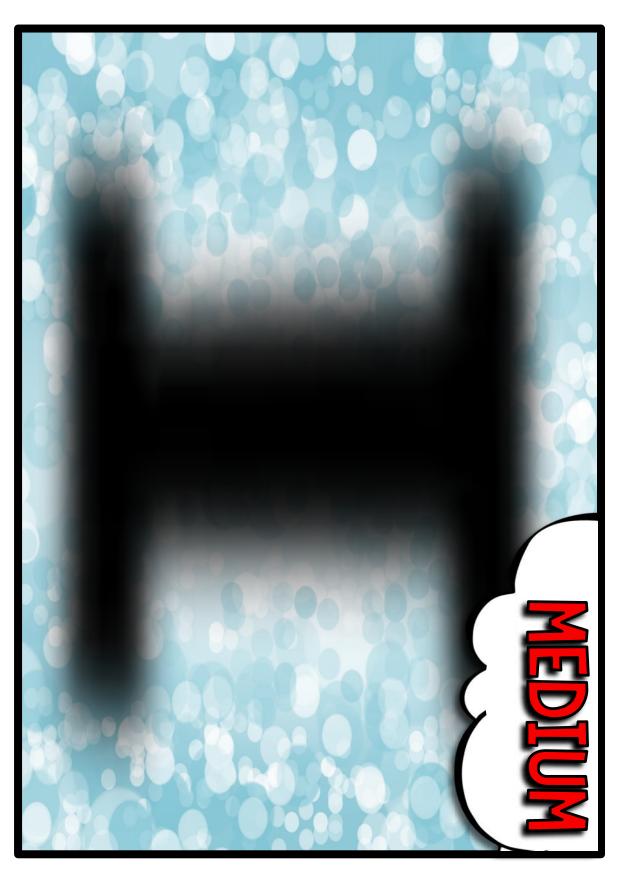




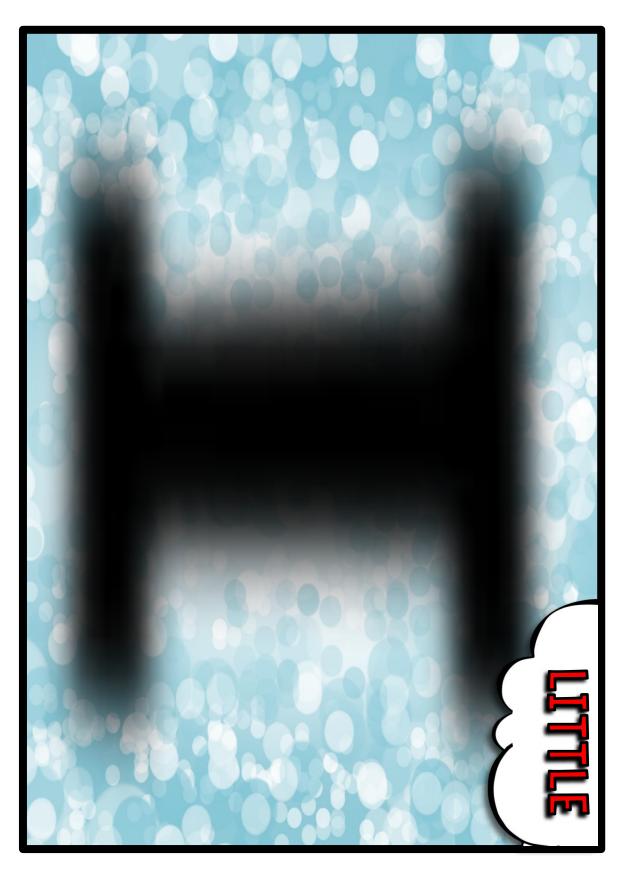




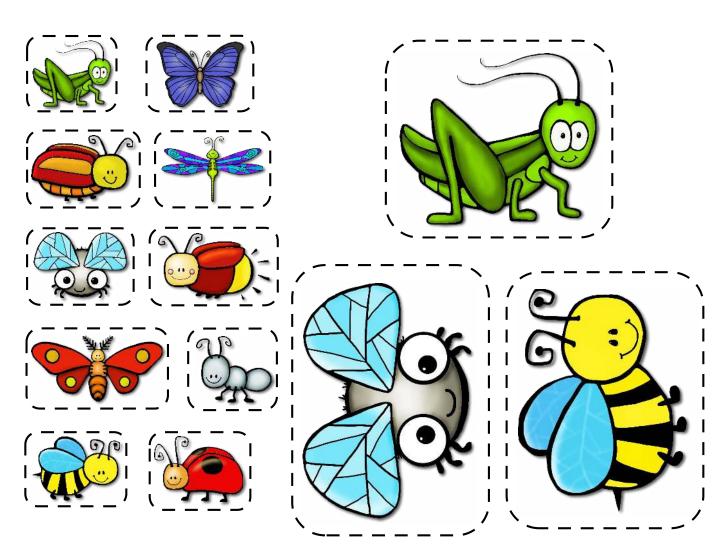




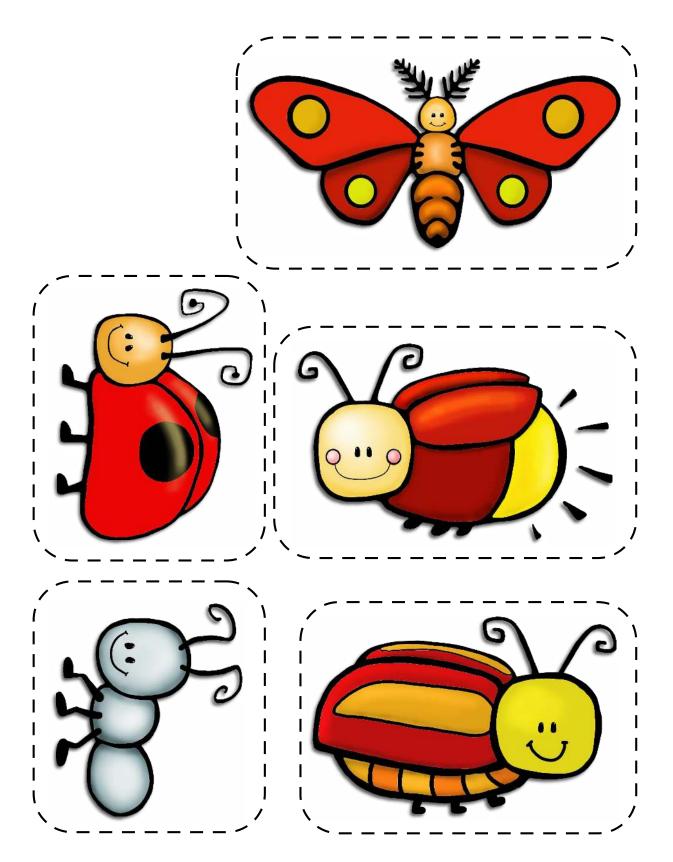




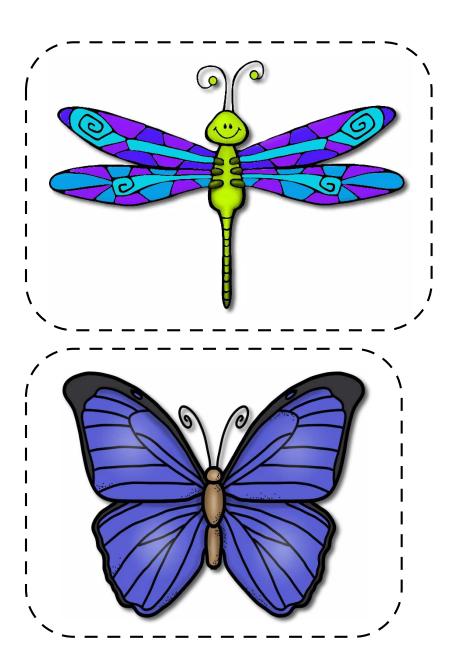




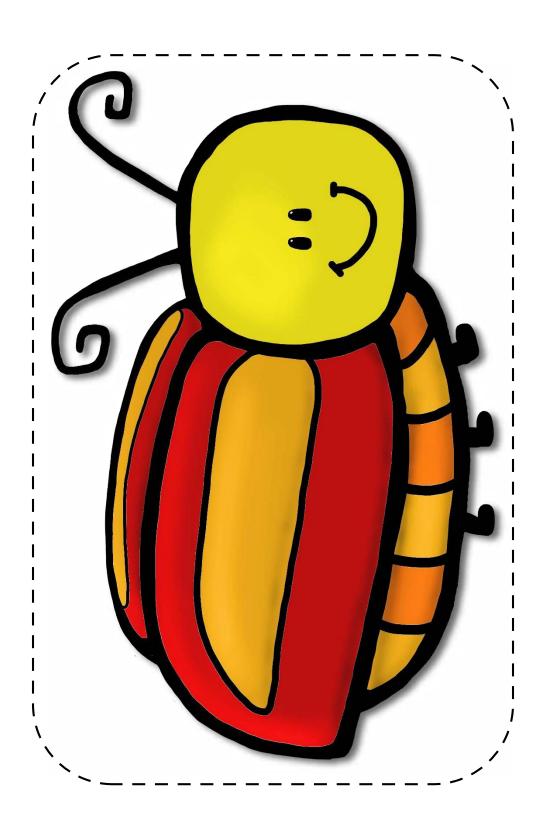




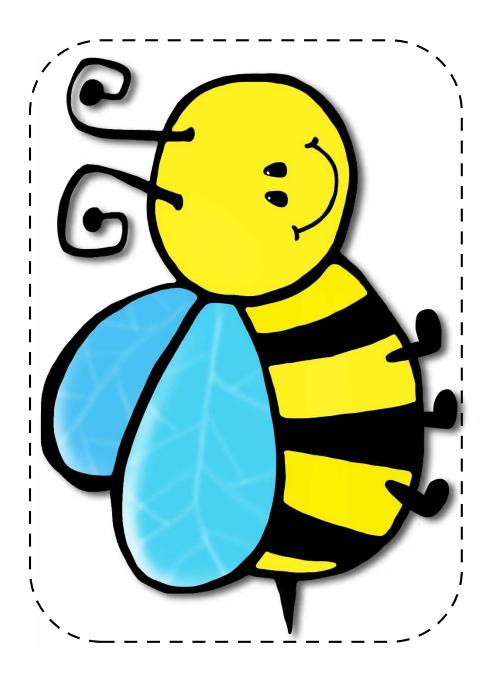




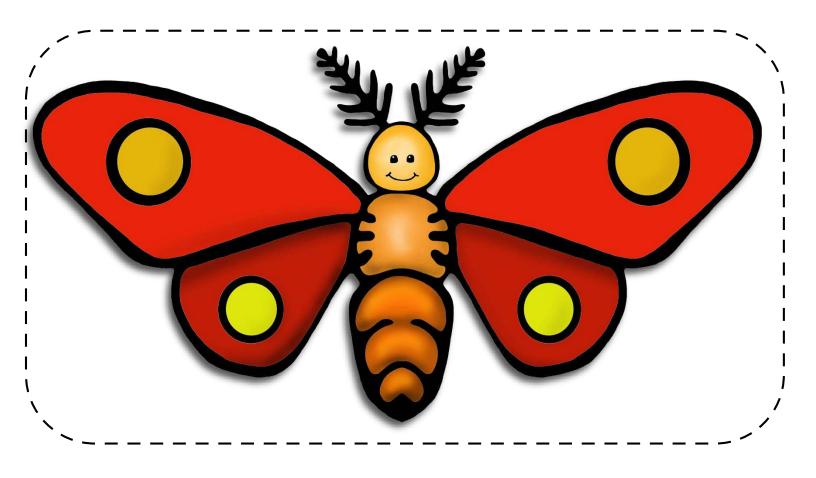




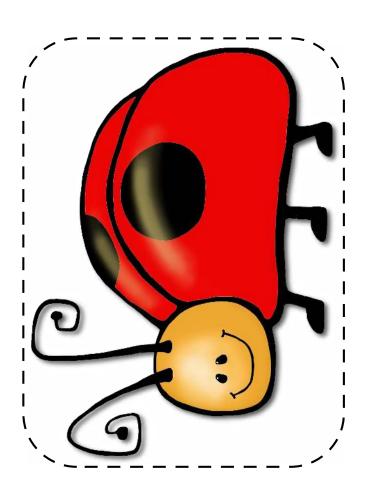


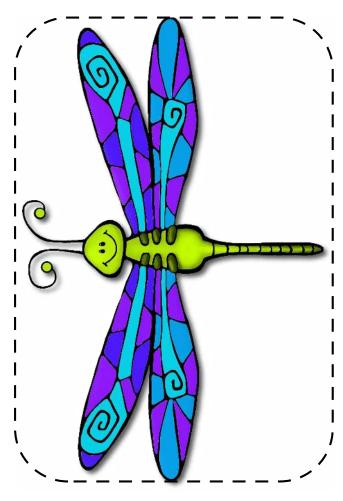




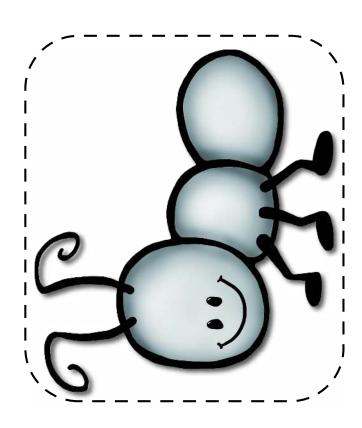


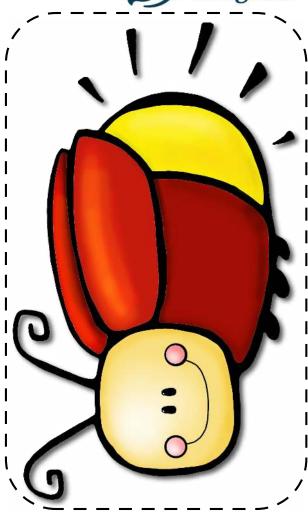




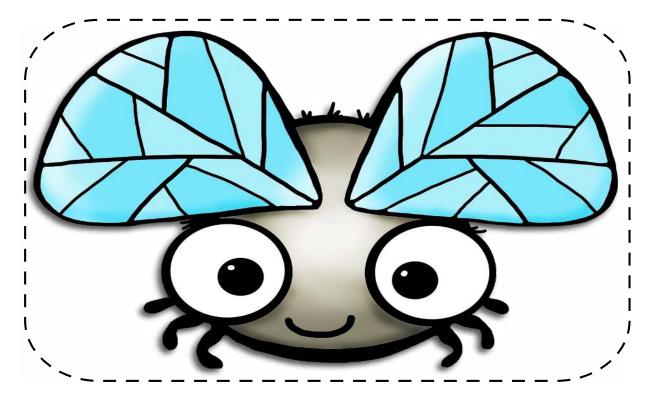


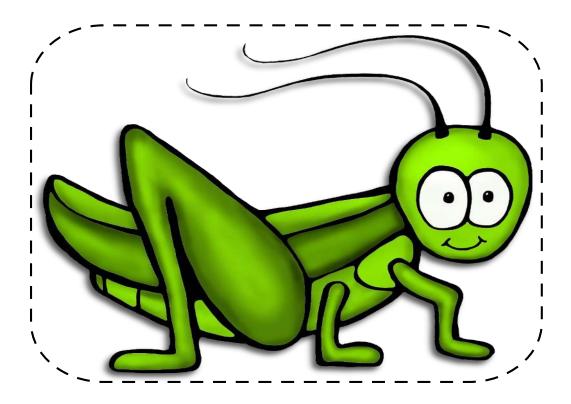




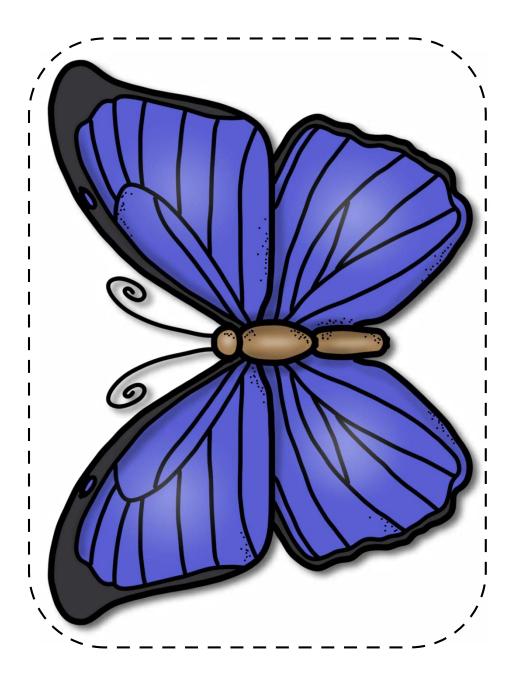














## **LITERACY ACTIVITIES**

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS	
Playdoh and Cookie Cutters	Early Letter Recognition, Hand-eye Coordination	Playdoh, Cookie Cutters	
ACTIVITY/LESSON DESCRIPTION			
Play with play dough and letter cookie cutters			

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS	
Puzzle	Hand-eye Coordination, Fine Motor Skills	Puzzle	
ACTIVITY/LESSON DESCRIPTION			
Complete a simple puzzle with your toddler.			



ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Finger Plays with Songs	Hand Eye Coordination, Rhythm of Language, Vocabulary	Music

Create finger plays with songs

ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Color with your Child	Fine Motor Skills, Early Writing Skills	Paper, Markers, Crayons

## **ACTIVITY/LESSON DESCRIPTION**

Color with your child.

ACTIVITY #5 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Read Books	Vocabulary, Early Letter Recognition	Books

## **ACTIVITY/LESSON DESCRIPTION**

Read with your Toddler. A few favorites include: The Very Hungry Caterpillar, Brown Bear Brown Bear, Goodnight Moon, Chicka Chicka Boom Boom, and Llama Llama Books.



## **ARTS ACTIVITIES**

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Mud Painting	Object Identification	Mud puddle, Dirt, Water, Bowl, Paint Brushes or other objects to paint with

#### **ACTIVITY/LESSON DESCRIPTION**

## **Setting up the Art Mud Painting**

- Mix dirt and water to make mud and/or use a mud puddle (we used a tiny mud puddle in our yard)
- Get out different brushes or utensils to use (or they can use their hands)
- Lay out a large piece of paper and tape it down with painter's tape or duct tape (cardboard would work, too)





ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Toilet Paper Tube Flower	Recognition	Toilet roll, paper, paint



These flower stamps are so easy. It's just a matter of cutting some petals into the top third of your toilet roll and then spreading the petals out. I experimented with two different shaped petals, but of course, there's no end to what you can do. Dunk the petals into some paint and stamp them onto your page. If you're not comfortable with using old toilet rolls, don't worry you can order some off of Amazon or use paper towel tubes.

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Coffee Filter Flowers	Creativity	Coffee Filters, markers, paint

#### **ACTIVITY/LESSON DESCRIPTION**



Take a coffee filter and use markers or watercolor paints and paint/color on the filter. Once you are done adding the color, you would need to spray the coffee filter with water to spread the colors around.

Then cut the coffee filter out in any flower shape you'd like.



ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Nature Brushes	Creativity	Sticks, Paper, Paint



Go for a walk outside and grab what you find! You'll need some small sticks and the rest is up to you. Grab a few small rubber bands or even some tape to connect the things you find to the sticks. You can find things such as: Pinecones, leaves, flowers, grass, etc. Then you just dip it into the paint and put it on your paper.

ACTIVITY #5 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Shaving Cream Rainbow Art	Creativity	Scraper, Shaving Cream, Paint, Shallow Pan

### **ACTIVITY/LESSON DESCRIPTION**

Setting up the Shaving Cream Rainbow:

- Fill your pan with shaving cream. Add paint in a rainbow formation or however your child wants it to look
- Trim your watercolor paper to fit inside the pan if necessary. Lay it down flat on top of your rainbow, pressing firmly but gently on all sides.
- Remove your paper and scrape off the excess shaving cream and paint. It helps to lay down butcher paper on a table prior to this step as it gets messy.
- You can then continue adding paper for the next few prints to make marbled rainbow color swirls.





## **SENSORY ACTIVITIES**

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
DIY Spring Sensory Bottles	Fine Motor Skills, Early Math and Science Skills	Bottles, rocks, rice, food color, water, etc.

#### **ACTIVITY/LESSON DESCRIPTION**

Fill them with fake bugs, fake flowers, rocks, rice, food coloring, water, etc.

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Rainbow Rice Bin	Fine Motor Skills, Measure, Hand-eye Coordination	Ziploc Bags, Food Coloring

## **ACTIVITY/LESSON DESCRIPTION**

Use food coloring in separate Ziploc bags to dye rice. Once you've achieved the color you'd like lay out on a plate or a pan to let dry out then put in a container and let them explore.



ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Nature Soup	Fine Motor Skills, Measuring, Comparing/Sorting, Dramatic Play	Sticks, Leaves, Water, Tub

Go on a walk and pick up different items from nature (sticks, leaves, grass clippings, rocks, etc) and place them in a tub with water.

ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Rainbow Foam	Measuring, Comparing/Sorting, Gross Motor	Bowl, Mixer, 1 tablespoon of dishwashing liquid, ¼ cup of water, Food Coloring, ½ teaspoon corn flour (optional), Play Tray

#### **ACTIVITY/LESSON DESCRIPTION**

#### **How to make Rainbow Foam**

- Making your homemade Rainbow Foam really is easy. Place your dishwashing liquid, food coloring and water into your bowl.
- Adding corn flour to this mix does create bubbles that have a bit more stability and aren't going to turn into a colored slurry as quickly. Once your ingredients are in your bowl beat, mix or whisk until you have a lovely cloud of bubbles!
- Pour yourself your bubbles into your play tray then make your next color. Slide these carefully next to your other color into your tray.



ACTIVITY #5 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Hair Gel Window Bags	Fine Motor, Gross Motor, Language	Ziploc bag, hair gel, paint, food coloring

Fill a Ziploc bag with hair gel, paint or baby oil and food coloring. Close it tight and tape over the zip part of the bag then tape it to your window.