

# TODDLER

## Trees and Plants

---

Early Childhood Distance Learning Materials



## TABLE OF CONTENTS

---

<b>HOME LEARNING BINGO BOARD</b>	<b>3</b>
<b>DAILY CHECK-IN</b>	<b>4</b>
<b>SOCIAL EMOTIONAL DEVELOPMENT &amp; SOCIAL SYSTEMS COGNITIVE ACTIVITIES</b>	<b>5</b>
<b>LANGUAGE, LITERACY &amp; COMMUNICATION ACTIVITIES</b>	<b>7</b>
<b>THE ARTS &amp; SENSORY ACTIVITIES</b>	<b>11</b>
<b>MATHEMATICS &amp; SCIENCE ACTIVITIES</b>	<b>15</b>
<b>MUSIC &amp; MOVEMENT ACTIVITIES</b>	<b>19</b>

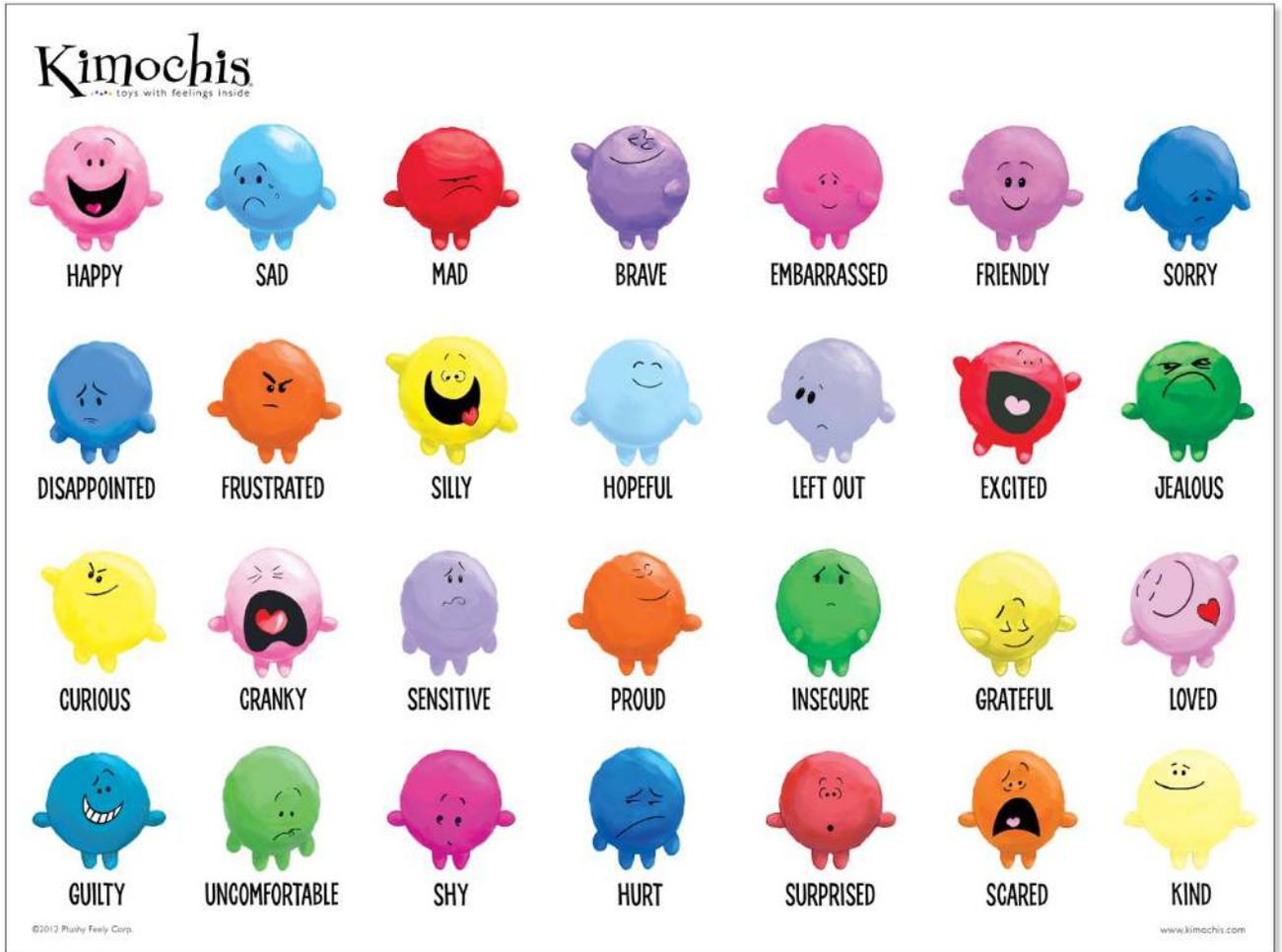
# HOME LEARNING BABY BINGO BOARD

**DIRECTIONS FOR EACH DAY THIS WEEK:** The goal is to do 5 activities in each area. After you complete an activity, color in the box and show it is done. The goal is to have a blackout by the end of the week with every box colored in!

L Literacy	E Exercise	A Arts	R Regulation	N Numbers					
Complete one lesson from the literacy packet	Have a family dance party	Count how many forks and how many spoons are in your house. How many all together?	Do the Ring Around the Rosie Dance	Count 1 to 5					
Use handwriting sheet to write name	Draw someone at home	Make up a new song	Read a book	Find items in your house you can make patterns with					
Draw a random picture	Dance to If You're Happy and You Know It with your personal items added	Use objects around your house to create a new art project	Help around the house	Complete one lesson from the math packet					
Read 15 minutes with your child <table border="1" style="display: inline-table; vertical-align: middle;"> <tr> <td>M</td> <td>T</td> <td>W</td> <td>R</td> <td>F</td> </tr> </table>	M	T	W	R	F	Go outside and practice skipping, hopping on two feet, galloping and running	Complete one lesson from the Arts packet	Retell main events in your favorite book	Find shapes in your house and draw them on paper
M	T	W	R	F					
Learn how to hold a marker	Stretch time, count your toes, reach the sky and jump up high	Learn how to hum	Make a calm space for your child	How many pillows tall are you?					
How many letters are in your name? Say them together.	Which is your favorite fruit? What color is it?	Play your favorite song and clap to the beat	What toy is your favorite?	Jump over your pillow a few times					

# DAILY CHECK-IN

Tell me how you're feeling today?



<b>MONDAY</b>	Make a CIRCLE with a BLUE crayon
<b>TUESDAY</b>	Make a TRIANGLE with a RED crayon
<b>WEDNESDAY</b>	Make a SQUARE with an ORANGE crayon
<b>THURSDAY</b>	Make a CLOUD with a PURPLE crayon
<b>FRIDAY</b>	Make A SHAPE OF YOUR CHOICE with a GREEN crayon

## SOCIAL EMOTIONAL DEVELOPMENT & SOCIAL SYSTEMS COGNITIVE ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Tree Breath	Learning to Count While Talking	Tree Breath Template
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p data-bbox="553 884 1070 951">Breathe while point out the little trees. Breathe out while pointing at the trees.</p> <div data-bbox="673 976 863 1144" style="text-align: center;">  </div> <p data-bbox="521 1169 969 1211" style="text-align: center;">Breathe in through your nose</p> <p data-bbox="703 1262 800 1295" style="text-align: center;">Count:</p> <div data-bbox="646 1312 880 1459" style="text-align: center;">  <p data-bbox="699 1436 824 1459" style="text-align: center;">1      2</p> </div> <p data-bbox="662 1484 855 1520" style="text-align: center;">Breathe out,</p> <p data-bbox="709 1545 807 1579" style="text-align: center;">Count:</p> <div data-bbox="576 1600 927 1780" style="text-align: center;">  <p data-bbox="609 1751 902 1780" style="text-align: center;">1      2      3</p> </div>		

<b>ACTIVITY #2 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Mirror Play: Tickle Session	Self-Awareness, Responds to Emotional Cues	Mirror
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p>Sit your child in front of your mirror, with his/her feet facing it. Tickle the bottoms of your child's feet. Your child will see you tickling his/her feet in the mirror. Tickle other parts of your child's body too, naming them one by one.</p>		

<b>ACTIVITY #3 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Coloring Together	Uses fingers and hands. Uses writing and drawing tools.	Large piece of paper and markers, or colored pencils, or crayons, or make a dot marker.
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p>Place the paper that you have on the floor and sit with your child on the floor. If you have a big piece of paper it is fine for your child to sit on the paper. Grab any drawing tool that you have and ask your child to join you. You can draw an outline of a tree, or a flower and ask your child to help you color it .</p>		

# LANGUAGE, LITERACY & COMMUNICATION ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Conversation Starters	Learning how to use oral skills, while having a good conversation with a loved one.	This four questions template
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p>If the toddler doesn't know how to talk yet, give them options to your questions. If they can talk, have them answer your question as best as they can.</p> 		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Planting Flowers	Learning oral language skills while doing dramatic play.	Cup Green or Brown Play-doh Green Popsicle Sticks Flower Cut outs with Alphabet Letters
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p style="text-align: center;">Put playdoh at the bottom of the cup Attach flowers to the popsicle sticks Go over every flower, and then plant them</p> 		

<b>ACTIVITY #3 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Play a matching game: Socks or /shoes	Follow directions. Comprehends language. Attends and engages.	Four pairs of different socks, or shoes.
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Line up one of each pair of socks. Put the other pairs in a pile. Ask your child to match each sock. You can show your child how to match the first pair of socks and tell your child why you put them together.		

<b>ACTIVITY #4 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Talk about routines: My illustrated routine	Manages feelings. Follows limits and expectations. Comprehends language. Following directions.	Camera, printer (optional), and tape.
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p>Take pictures during the many routines that make up your child's day: lunch, naptime, outdoor games, getting dressed, potty time, etc. Print the pictures and look at them with your child. Stick the pictures on a wall, at your child's eye level.</p> <p>If you don't have access to a printer you can talk to your child about what is coming next, or you can show your child the pictures in your phone. Please before transitioning to another activity give your child a five minute warning, and remind your child again after three minutes. You can also set up the timer on your phone.</p>		

<b>ACTIVITY #5 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
See, Show, Say	Increase of your child vocabulary and comprehension	Your Child's favorite book, or any other book.
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p>Sit with your child, and as you read the book pay attention to your child's eyes. If your child looks at something on the page when you read about it, pause and describe it. Continue to read as long as your child is actively looking and listening. Encourage your child to repeat a few words. If your child cannot name some objects, invite him/her to point.</p>		

## THE ARTS & SENSORY ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Foil Painted Trees	Creating a Tree, while using creative expression along with fine motor skills, and imagination.	Foil, Plate, Green/Yellow/Orange/Brown Paint, White Construction Paper
ACTIVITY/LESSON DESCRIPTION		
<ol style="list-style-type: none"> <li>1. Crumble up foil, the ball can be as big or little as you like.</li> <li>2. Paint the tree trunk onto the construction paper.</li> <li>3. Decide the color of your leaves, and pour color onto a plate.</li> <li>4. Dip in foil, and then have the toddler do the leaves.</li> </ol>		

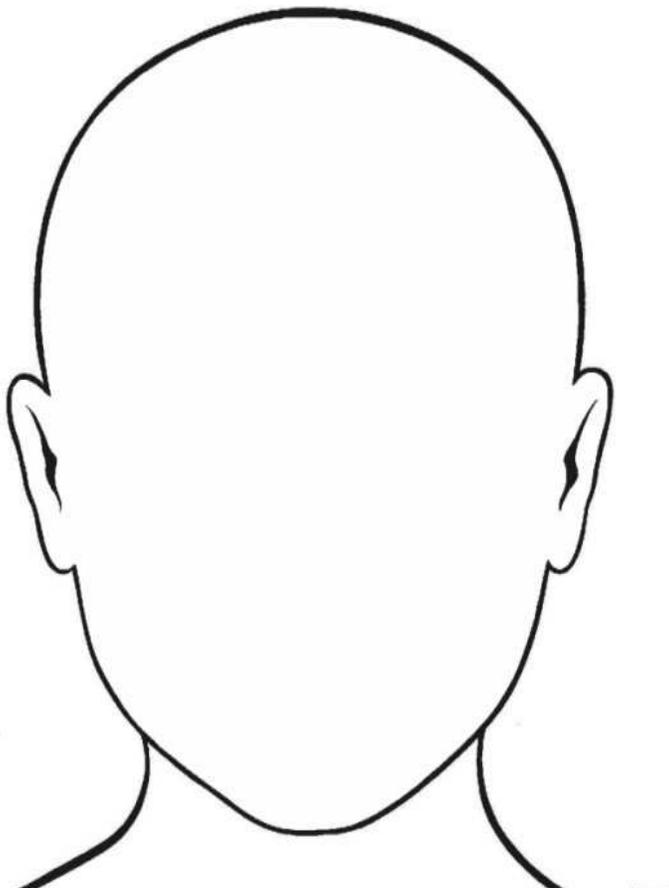
ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Chlorophyll Painting	Using motor skills to get the color tint from the leaves.	Green Leaves and White Construction Paper
ACTIVITY/LESSON DESCRIPTION		
<div style="display: flex; align-items: flex-start;">  <div style="margin-left: 20px;"> <p>Get some damp green leaves, crumble them up and rub them against the construction paper to see if the green tint will come out.</p> </div> </div>		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Nature Head	Using creative expression and coordination to add flowers to the head as hair.	Flowers and Leaves Face Outline

**ACTIVITY/LESSON DESCRIPTION**



Talk about hair and where the hair is located on the head. Put glue on the top of the head, and then have the student put their desired hair on.



ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Color Scavenger Hunt	Comprehends language. Follow directions. Shows curiosity and motivation	White paper Markers Paper bag if you want to

### ACTIVITY/LESSON DESCRIPTION



Choose the colors you want your child to hunt for and use your colored markers to scribble small squares onto your white paper. Ask your child to find the colors on the paper. When your child is done, sit down and talk about each item found.

If you prefer to go for a walk with your child just scribble the small squares in front of the white paper bag, and have fun with your child finding the items. Once a color is found, put the item in the paper bag and talk about them once you get home.

ACTIVITY #5 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Moon Sand	Uses fingers and hands. Shows curiosity and motivation.	2 cups of All purpose flour ¼ cup of vegetable oil Oil based food coloring or powder coloring(optional) A bowl for mixing A plastic tub Toys

### ACTIVITY/LESSON DESCRIPTION



Mix your ingredients in a bowl using your hands. The ingredients measurements are only for one color if you are using food coloring, if not one batch should be fine. Add the Moon Sand and the toys to the sensory tub and let your child play with it.

## MATHEMATICS & SCIENCE ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Nature Portraits	Counting the characteristics we have in our face. Learning face recognition, as well as using creative expression.	Leaves for Hair Berries for eyes Little leaf for nose Twig for mouth Plate for face
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<div style="display: flex; align-items: flex-start;">  <div style="margin-left: 20px;"> <p>Gather around items for the portrait, learn about eyes, mouth, nose and hair, and then try to assemble them together to make a face. Learn that we have; one nose, two eyes, one mouth and a lot of hair.</p> </div> </div>		

<b>ACTIVITY #2 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Exploring How Water Travels Through Leaves	Learning how water would travel from roots, but with leaves. The red food coloring will be noticeable when the leaf starts to drink the water.	Three Leaves Red Food Coloring Three Cups Water
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p>Fill the cups with water, enough for the root of the leaf to be submerged with water. Put in a few drops of red food coloring, mix. Add a leaf to each cup. Look at the observations day to day and notice how the leaf starts turning red.</p>		
		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Nature Patterns	Learning about patterns, using fine motor skills and coordination skills.	Leaves Twigs Pebbles Flowers
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p>Start a pattern for your student on the ground, and then show them the pattern you have created, then ask what goes next? Repeat a few times, talk about what each item is.</p> <div data-bbox="509 810 1117 1134" style="text-align: center;">  </div>		

ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Blooming Paper Flowers	Demonstrates knowledge of the characteristics of living things. Counts. Uses fingers and hands	Copy paper Container of water Scissors Markers
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<div data-bbox="207 1640 506 1887" style="display: inline-block; vertical-align: top;">  </div> <p>Start by cutting out some paper flowers, then colored them with markers. Fold the flower petals into the center. You don't want to fold them tightly, just a loose fold or they won't open. Do not press the creases too tight. Fill a plastic container with a few inches of water. Place the fold flower into the water. The paper will absorb the water causing it to open the petals.</p>		

<b>ACTIVITY #5 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Matching Shape and Sizes	Notices similarities and differences in objects. Understand shapes. Recognizes and recalls.	You can use any materials available, like: Spoons and forks. Balls and blocks. Round and square plastic lids
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Offer your toddler three objects of the same size and color. Two of them should be the same shape. Talk about each object that your child picks up . Point out the two similar objects. Pick up the two similar objects and hold it up for your child to see. Ask your child to find the other one. When your child finds it, hold your hand next to your child's so he/she can see the objects together.		

## MUSIC & MOVEMENT ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Little Seed	Learning how trees and plants start to grow. Using their oral skills and creative expression to sing along.	Below song sheet

### ACTIVITY/LESSON DESCRIPTION

“Here’s a little seed, in the dark, dark ground.”  
 Hold left hand on top of right hand - right hand is in a ball.  
 “Out comes the warm sun, yellow and round.”  
 Stretch out both hands to represent the sun.  
 “Down, comes the rain, wet and slow.”  
 Hold hands close, and charade the hands down to represent the rain falling down.  
 “Up comes the little seed, grow, grow, grow!” Hold both hands together and spout them up.



<b>ACTIVITY #2 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Make your own instrument: Rainstick	Explores dance and movement. Uses fingers and hands.	Cardboard roll Beans or rice Decorative tape(optional), or you can use paint or markers for decoration. Duct tape

### ACTIVITY/LESSON DESCRIPTION

Decorate the tube. Add the beans or rice. Tape the ends with duct tape, and enjoy the sound with your child.



<b>ACTIVITY #3 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Dance	Demonstrate Balancing Skills	Computer or Phone

### ACTIVITY/LESSON DESCRIPTION

Play the song "If I were a Tree" by Jason Mesches  
Following this link <https://www.youtube.com/watch?v=7mt79JW9u18>.  
Ask your child to follow your movements.