

# YOUNG PRESCHOOL

## Dinosaurs

---

Early Childhood Distance Learning Materials



## TABLE OF CONTENTS

---

<b>HOME LEARNING BINGO BOARD</b>	<b>3</b>
<b>DAILY CHECK-IN</b>	<b>4</b>
<b>SOCIAL EMOTIONAL DEVELOPMENT &amp; SOCIAL SYSTEMS COGNITIVE ACTIVITIES</b>	<b>5</b>
<b>LANGUAGE, LITERACY &amp; COMMUNICATION ACTIVITIES</b>	<b>7</b>
<b>THE ARTS &amp; SENSORY ACTIVITIES: MUSIC &amp; MOVEMENT</b>	<b>10</b>
<b>MATHEMATICS &amp; SCIENCE ACTIVITIES</b>	<b>12</b>
<b>HANDWRITING ACTIVITIES</b>	<b>18</b>

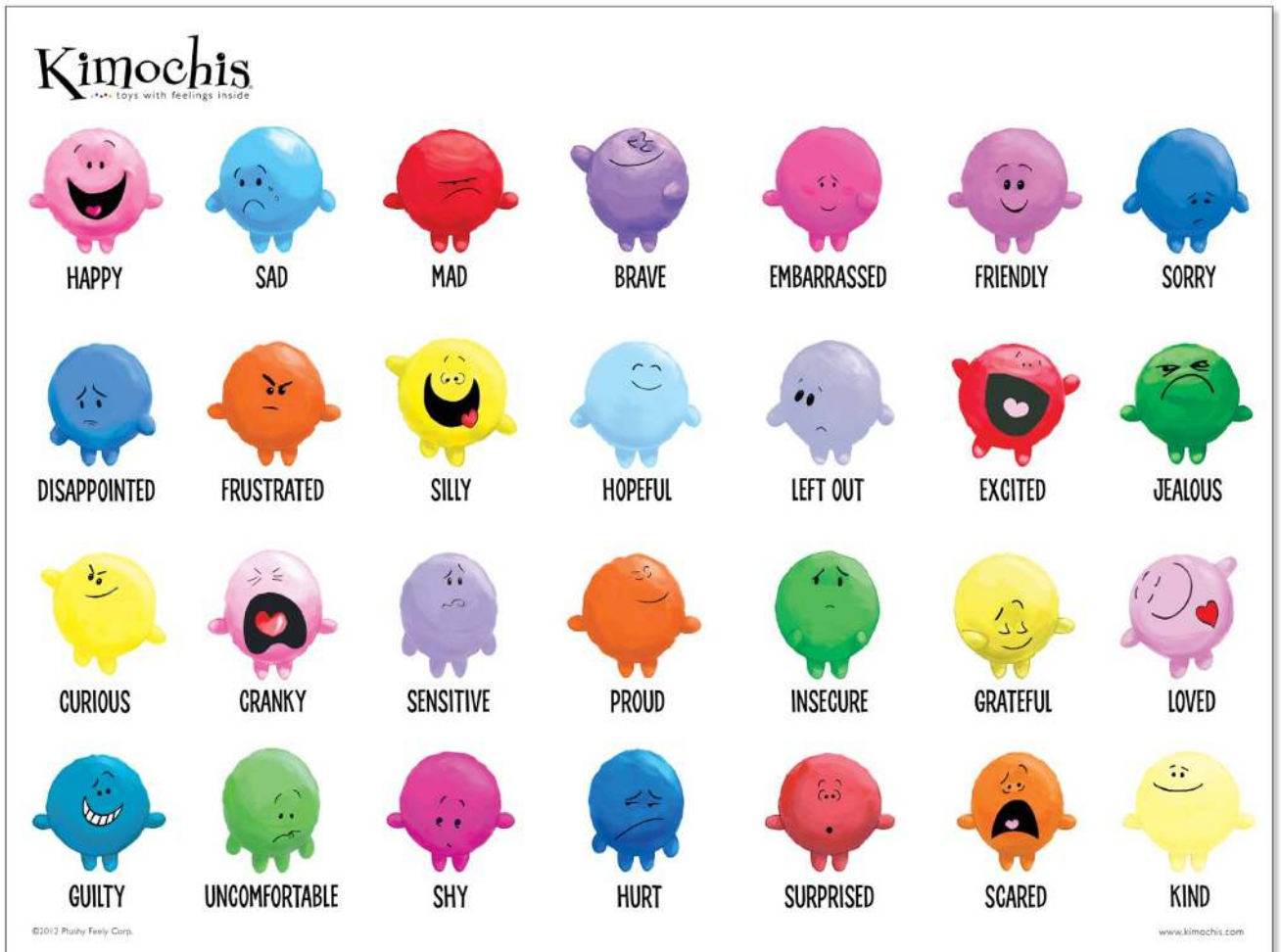
## HOME LEARNING BABY BINGO BOARD

**DIRECTIONS FOR EACH DAY THIS WEEK:** The goal is to do 5 activities in each area. After you complete an activity, color in the box and show it is done. The goal is to have a blackout by the end of the week with every box colored in!

<b>L</b> Literacy	<b>E</b> Exercise	<b>A</b> Arts	<b>R</b> Regulation	<b>N</b> Numbers
See who can name more dinosaurs	Make and obstacle course in the living room	Go to YouTube and listen/dance to "We are the Dinosaurs"	Help your child learn to self-regulate when appropriate	Count how many pterodactyls (birds) you can see on a walk
Take a few books outside and read them on a blanket	Play outside in water	Have your child help you prepare dinner for the night	Take BIG dinosaur breathes and blow them out	Have your child count the pieces of cookware-dishes you use prepping dinner
Go on YouTube and read/list to "Stomp Dinosaur, Stomp"	Go on a walk and see all the T-Rex (squirrels) around your neighborhood	Play Hide-and-Go-Seek as a family	Practice STAR breathing: Smile, Take a deep breath, and Relax. Fill up your belly like a balloon and slowly let it out 3 times.	See how high your child can count. Is it 100? 1000? 10,000?
Read your favorite book outside	Go for walk around a park in your neighborhood	Have your child draw a picture of what their dinosaur would look like	Lay outside on a blanket and watch the clouds. What do they look like?	Find shapes in your house and draw them
Name words that rhyme with: Cat, Bee, Dog	Practicing skipping or galloping outside	Draw a picture of your favorite thing you have done this summer	Do "Dinosaur Yoga" on YouTube	Draw a hopscotch 'board' with chalk outside

# DAILY CHECK-IN

Tell me how you're feeling today?



<b>MONDAY</b>	Make a CIRCLE with a BLUE crayon
<b>TUESDAY</b>	Make a TRIANGLE with a RED crayon
<b>WEDNESDAY</b>	Make a SQUARE with an ORANGE crayon
<b>THURSDAY</b>	Make a CLOUD with a PURPLE crayon
<b>FRIDAY</b>	Make A SHAPE OF YOUR CHOICE with a GREEN crayon

## **SOCIAL EMOTIONAL DEVELOPMENT & SOCIAL SYSTEMS COGNITIVE ACTIVITIES**

<b>ACTIVITY #1 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Journal Your Emotions	Regulating and Recognizing Emotions	Paper, Crayons
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Take time every day (or a few times a week) to draw how you are feeling. Talk about how different colors stand for different emotions. (Example: Blue-sad; green-jealous).		

<b>ACTIVITY #2 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Brush your T-Rex Teeth	Practice Self-Care	Toothbrush and Toothpaste
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Brush your teeth in the morning and at night to practice self-care and keep a regular schedule.		

<b>ACTIVITY #3 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Dino Yoga	Regulating Emotions	YouTube
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Look up Dinosaur yoga on YouTube. Here is a good one to do. <a href="#"><u>Cosmic Kids Yoga   SUPER YOGA! - Dinosaur Disco   Fun Workout For Kids</u></a>		

<b>ACTIVITY #4 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Dinosaur Watch	Taking Time to Relax	A Blanket
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Lay outside on a blanket and watch the clouds. See if you can spot any dinosaurs.		

<b>ACTIVITY #5 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Make a Dino Meal	Working together to plan; spending quality time together	Miscellaneous
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Decide what you want to make together, make a grocery list, go to the store, pick up the ingredients, and make dinner together. (Example: Dino chicken nuggets (or other), Mac and cheese, and snap peas.) The key to this activity is to be involved in the entire process.		

## LANGUAGE, LITERACY & COMMUNICATION ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Read "Dinosaurs Love Underpants"	Interacts during reading experiences	YouTube
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p>Watch the "Dinosaurs Love Underpants" YouTube video and talk about what happens in the story.  <a href="https://www.youtube.com/watch?v=Y-QiRX0J2tU">https://www.youtube.com/watch?v=Y-QiRX0J2tU</a></p>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Read "How Do Dinosaurs Stay Friends"	Interacts during reading experiences	YouTube
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p>Watch the "How Do Dinosaurs Stay Friends" YouTube video and talk about your friends and what you do together.  <a href="#">How do Dinosaurs Stay Friends (Read Aloud)   Storytime   Friendship</a></p>		

<b>ACTIVITY #3 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Rhyme Time	Notices and Discriminates Rhyme	N/A
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Name words that rhyme with Tree, Cat, and Car. See how many you can name.		



# LITERACY INDEPENDENT PRACTICE

ACTIVITY #1


---


DIRECTIONS: Draw your own dinosaur and name it.

YOUR NAME:

DINOSAURS NAME:

## THE ARTS & SENSORY ACTIVITIES: MUSIC & MOVEMENT

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Ice Breaker	Uses Fine Motor Skills	<ul style="list-style-type: none"> <li>• Dinosaur Toys (or other toys)</li> <li>• Water</li> <li>• Bucket or Pan</li> </ul>
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<div style="display: flex; align-items: flex-start;">  <div style="padding-left: 10px;"> <p>If you have dinosaur toys that can get wet put them in a bucket or pan of water and freeze them. When you have a block of ice take it out of the freezer and put it outside or in the tub and melt the ice or chip it away using any safe tool you can find until all the dinosaurs or toys are out of the ice.</p> </div> </div>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Paper Plate Dinosaurs	Fine Motor and Cutting Skills	<ul style="list-style-type: none"> <li>• Paper plate</li> <li>• Scissors</li> <li>• Paper</li> <li>• 1 toilet paper roll</li> </ul>
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<div style="display: flex; align-items: flex-start;">  <div style="padding-left: 10px;"> <p>Cut the paper plate in half. Cut triangles out of the paper. Make sure they are big enough to write on. Glue the triangles onto the back side of the rounded edge of the paper plate so they stick up like spikes. Cut out a dinosaur head and tail from the paper. Cut a toilet paper roll in half. Attach the toilet paper rolls to the paper plate as shown in the picture below.</p> </div> </div>		

<b>ACTIVITY #3 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
We Are the Dinosaurs	Listen and Move	YouTube
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Dance and move to the song “We Are the Dinosaurs” on YouTube. <a href="#"><b><u>The Laurie Berkner Band - We Are The Dinosaurs (Official Video)</u></b></a>		

<b>ACTIVITY #4 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Dinosaur Stomp-Koo Koo Kanga Roo	Listen and Move	YouTube
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Dance and move to the song “Dinosaur Stomp” By Koo Koo Kanga Roo. Talk about how to dinosaur stomp. <a href="#"><b><u>Koo Koo Kanga Roo - Dinosaur Stomp (Dance-A-Long)</u></b></a>		

## MATHEMATICS & SCIENCE ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Salt Dough Dinosaur Fossils	Fine Motor Skills	<ul style="list-style-type: none"> <li>• Dinosaur skeletons or toys;</li> <li>• 1 ¼ C Salt;</li> <li>• 5 C All-Purpose Flour;</li> <li>• 2 C of Water</li> <li>• A Bowl</li> </ul>
<b>ACTIVITY/LESSON DESCRIPTION</b>		
The instructions for this project are provided in the link below. <a href="#">How to Make Dinosaur Fossils with Salt Dough</a>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Counting T-Rex	Counting	N/A
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Go on a walk and count the T-Rex you see. (Count the squirrels)		

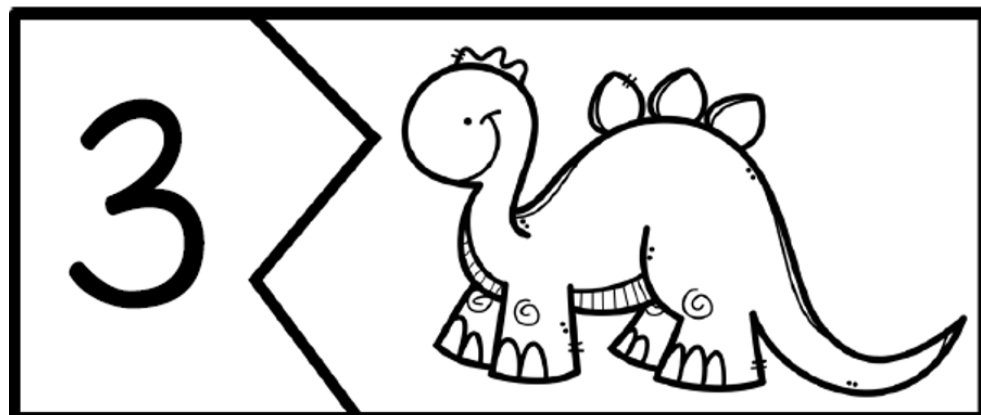
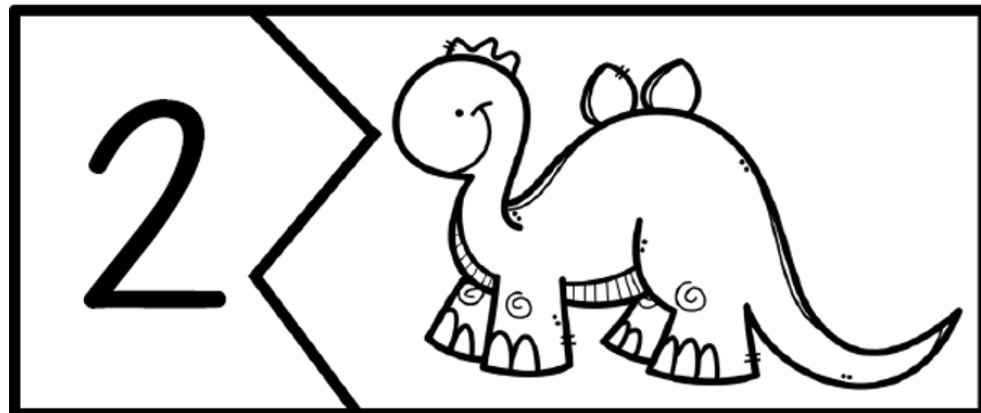
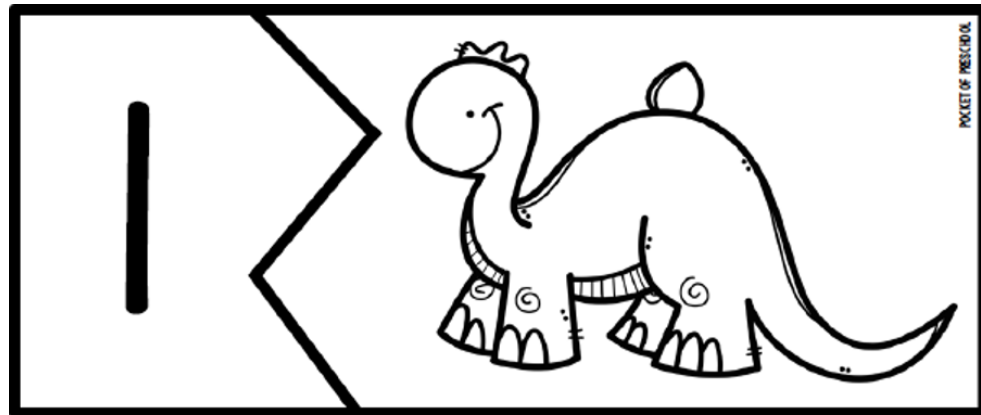
<b>ACTIVITY #3 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Water Cycle Bag	Knowledge of Earth's Environment	<ul style="list-style-type: none"> <li>• Ziploc bag</li> <li>• Sharpie</li> <li>• Water</li> <li>• Food Coloring</li> </ul>
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<ol style="list-style-type: none"> <li>1. Take your baggie and draw a cloud at the top. Add a sun up there too. Then draw some lines to represent water towards the bottom of the bag, about an inch high.</li> <li>2. Fill your baggie with water up to the water line you drew. You can add a couple of drops of blue food coloring at this point. It just looks cool and makes the water easier to see.</li> <li>3. Seal up the baggie well and tape it to a sunny window. Now you wait. This is an activity you set up and leave for a bit. It takes a little time for the water to evaporate, but you can check back on it throughout the day and see the different parts of the cycle.</li> <li>4. The sun will cause the water to evaporate. You can see it start to condense in the clouds you drew. As the condensation builds up it will slide down the sides of the bag back to the water at the bottom. You made rain!</li> </ol>		

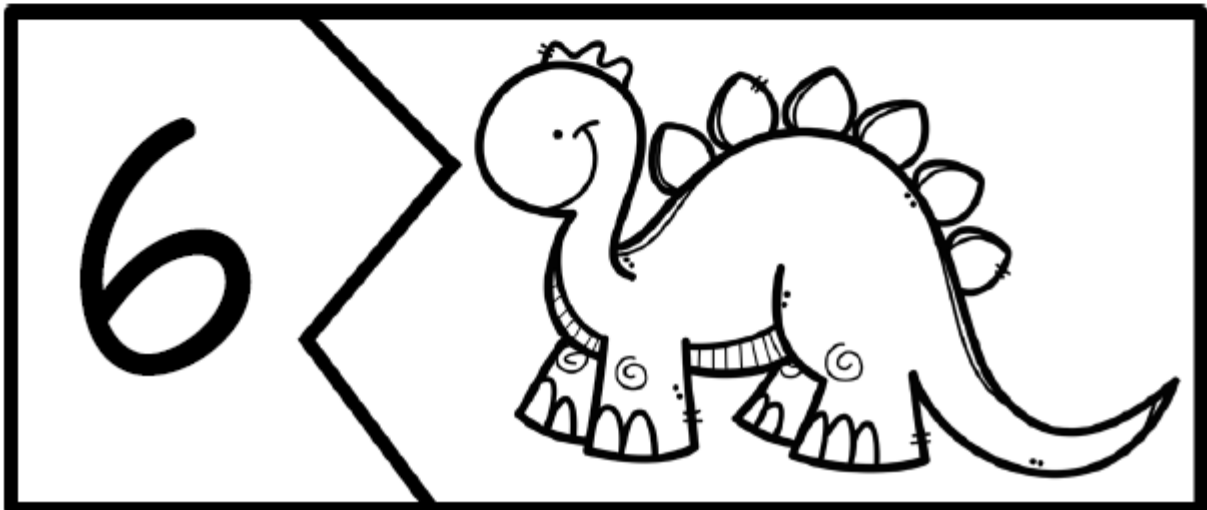
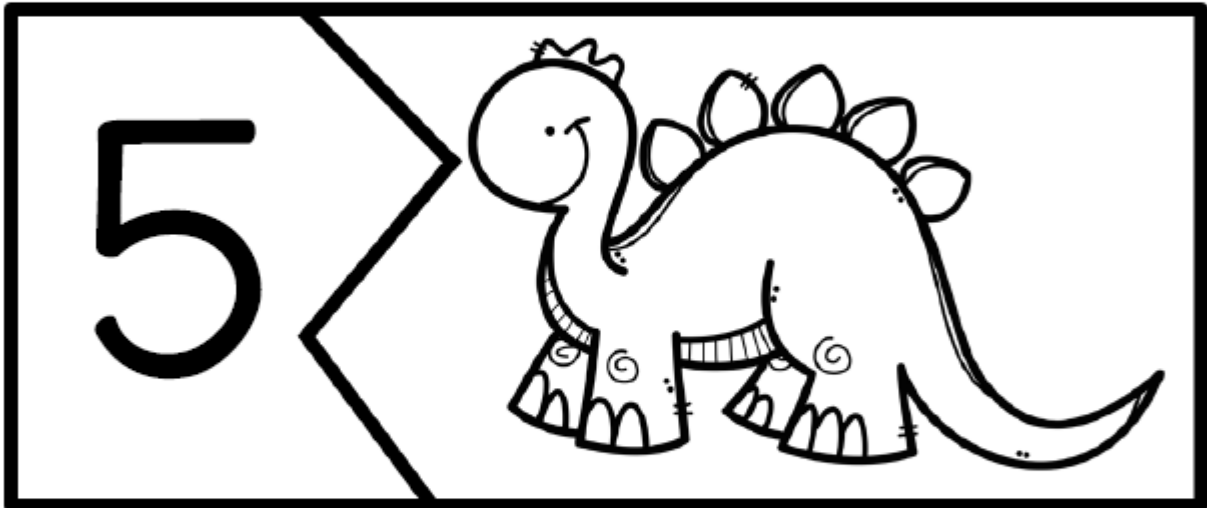
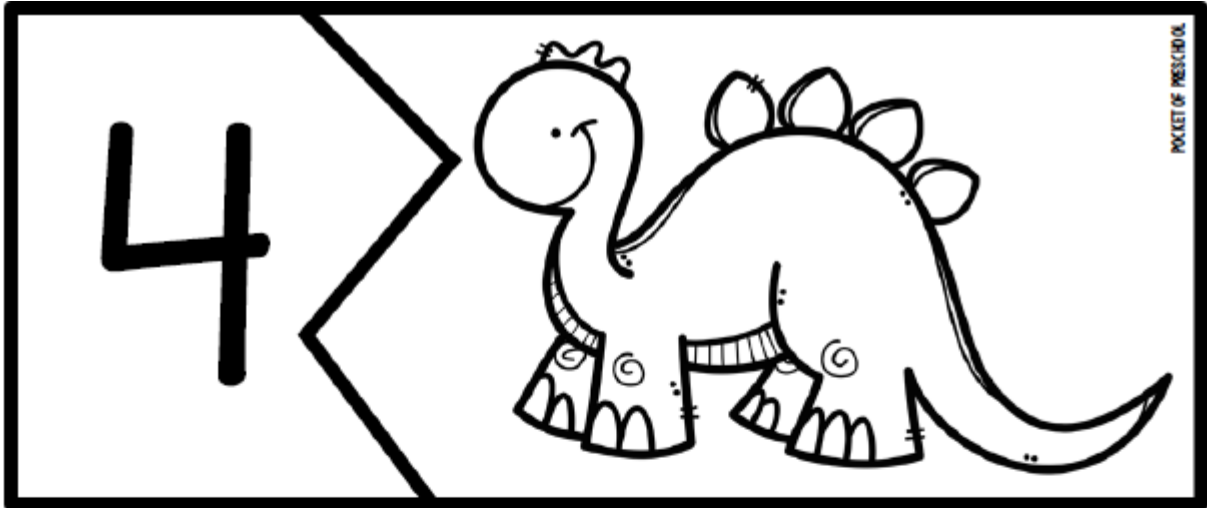
<b>ACTIVITY #4 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Spike Count	Counting; Cutting	Dino cutouts on the next 4 pages
<b>ACTIVITY/LESSON DESCRIPTION</b>		
<p>Cut out the dinosaur cut outs below; cut them apart and match the numbers to how many spikes are on the dinosaur's backs. Color the dinosaurs in with crazy colors.</p>		

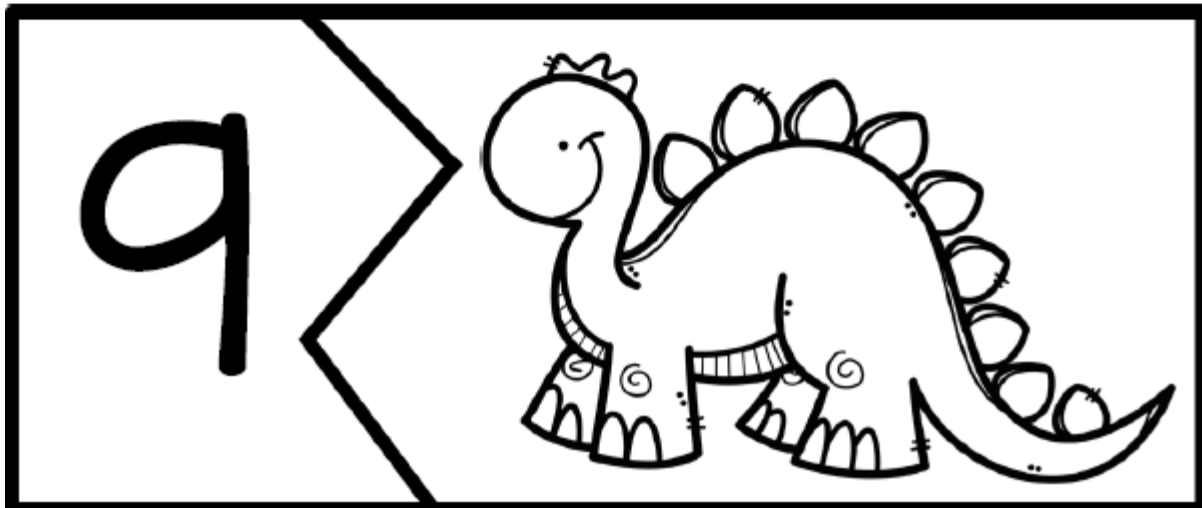
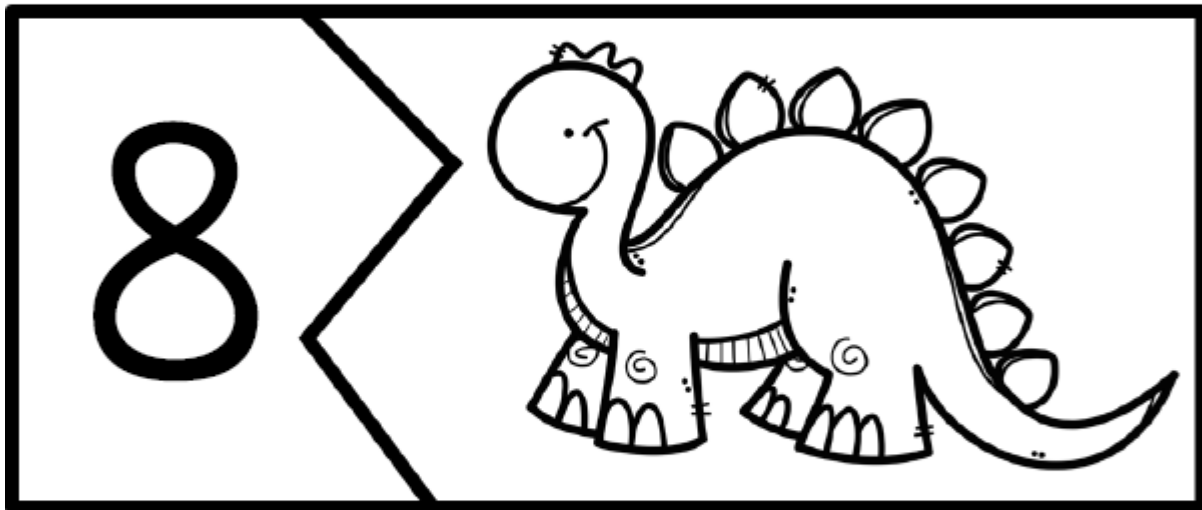
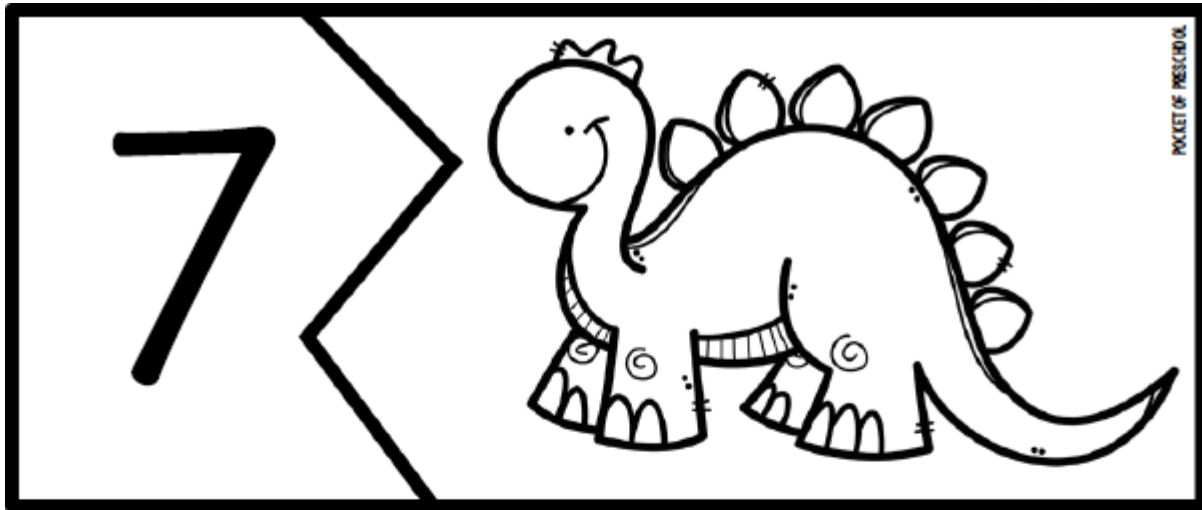
# MATH & SCIENCE INDEPENDENT PRACTICE

## ACTIVITY

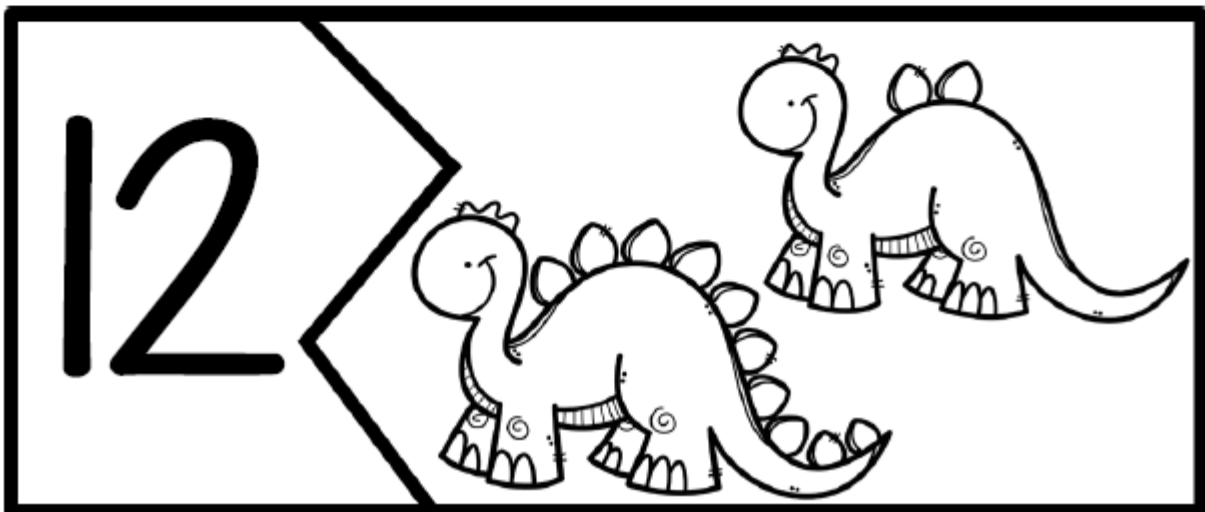
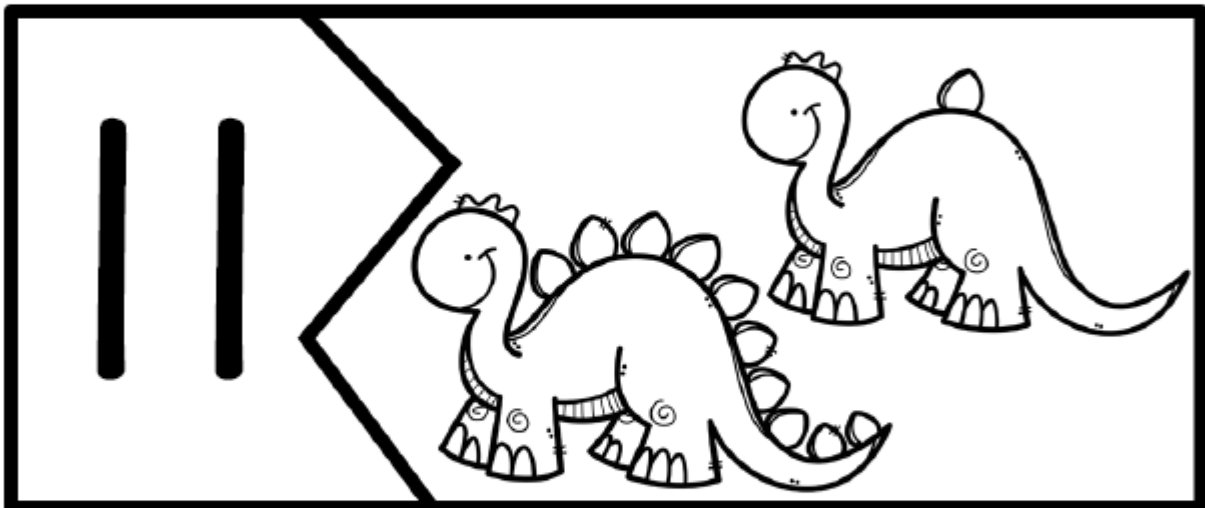
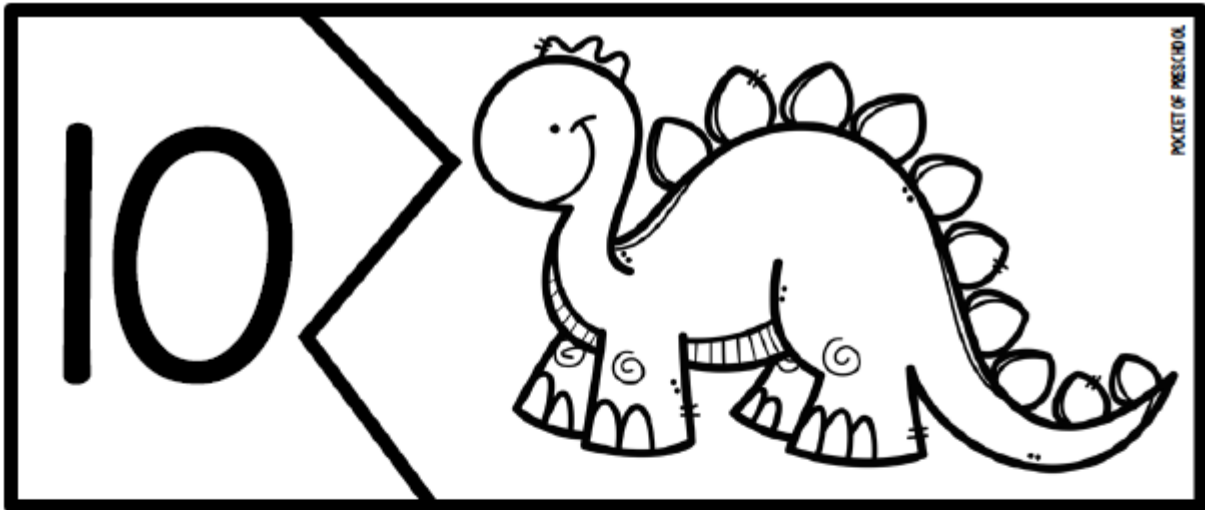
DIRECTIONS: See Spike Count











# HANDWRITING ACTIVITIES

<b>ACTIVITY #1 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Dinosaur Dig Writing	Letter Recognition	Sand
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Write your name or other letters in sand with your finger.		

<b>ACTIVITY #2 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Dinosaur Name Writing	Writing Letters	Paper and Writing Utensil
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Write your name on the triangles you cut out from the dinosaur paper plate art from the art section.		

<b>ACTIVITY #3 TITLE</b>	<b>LEARNING GOAL/OBJECTIVE</b>	<b>MATERIALS</b>
Glue Tracing Letters	Using Hands to Squeeze	Glue bottles
<b>ACTIVITY/LESSON DESCRIPTION</b>		
Squeeze glue onto the letter D on the page Handwriting Independent Practice Activity #2. When you are done add sequins or glitter!		

# HANDWRITING INDEPENDENT PRACTICE

## ACTIVITY

---

DIRECTIONS: Trace a D for Dinosaur

D D D

D D D

# HANDWRITING INDEPENDENT PRACTICE

## ACTIVITY #3

---

DIRECTIONS: See Activity #3 Glue Tracing Letters

