

YOUNG PRESCHOOL

Pets

Early Childhood Distance Learning Materials



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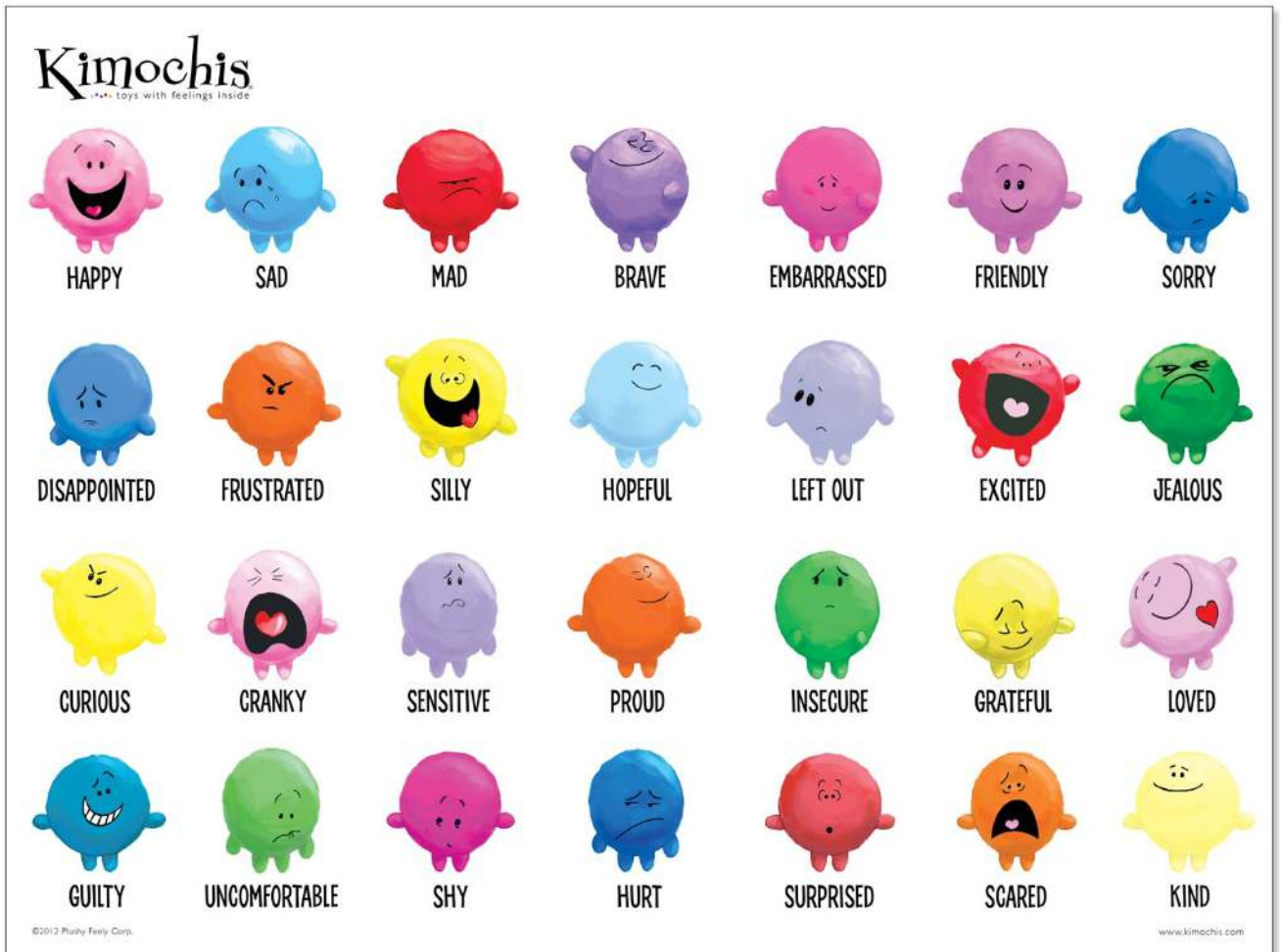
HOME LEARNING BABY BINGO BOARD

DIRECTIONS FOR EACH DAY THIS WEEK: The goal is to do 5 activities in each area. After you complete an activity, color in the box and show it is done. The goal is to have a blackout by the end of the week with every box colored in!

L Literacy	E Exercise	A Arts	R Regulation	N Numbers
Read 15 minutes with your child <div style="border: 1px solid black; display: flex; justify-content: space-around; padding: 2px;"> MTWRF </div>	Have a family dance party!	Draw a picture of what are doing today	Practice STAR breathing: Smile, Take a deep breath, and Relax. Fill up your belly like a balloon and slowly let it out 3 times.	Count 1 to 20
Use handwriting sheet to write name	Create an obstacle course in your home and run it 5 times	Make up a new song	What did you do to show kindness? Draw a picture.	Find items in your house you can make patterns with. Can you make an AB pattern?
Retell main events in your favorite book	Find color free dance on YouTube and dance to it	Use objects from around your house to create a new art project	Choose a job that you can do today to help your family	Complete one lesson from the math packet
Complete one lesson from the literacy packet	Go outside and practice skipping, hopping on two feet, galloping and running.	Complete one lesson from the Arts packet	Help your child make a daily schedule that you can put up in your house	Find shapes in your house and draw them on paper
Name some words that rhyme with: cat, dog, bed, map	Do each stretch for 10 second hold and repeat 3 times: baby pose, up dog, down dog, tree pose	Use scissors to practice cutting paper in straight lines and zip zag lines	Help your child identify a space to go to help them feel calm	Find a block and use it to measure your bed, a table and a chair. How many blocks tall are they?
Use a magazine to cut out the letters of your name and glue them to a piece of paper	Draw a picture of what foods give you energy	Play your favorite song and clap to the beat	What toy or animal helps you calm down when you're feeling upset? Draw how they help you.	Count how many forks and how many spoons are in your house. How many all together?

DAILY CHECK-IN

Tell me how you're feeling today?



MONDAY	Make a CIRCLE with a BLUE crayon
TUESDAY	Make a TRIANGLE with a RED crayon
WEDNESDAY	Make a SQUARE with an ORANGE crayon
THURSDAY	Make a CLOUD with a PURPLE crayon
FRIDAY	Make A SHAPE OF YOUR CHOICE with a GREEN crayon

SOCIAL EMOTIONAL DEVELOPMENT & SOCIAL SYSTEMS COGNITIVE ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Simon Says	Listening Skills	Parent and Child
ACTIVITY/LESSON DESCRIPTION		
<p>One person is designated Simon, the others are the players. Standing in front of the group, Simon tells players what they must do. However, the players must only obey commands that begin with the words "Simon Says."</p> <p>If Simon says, "Simon says touch your nose," then players must touch their nose. But, if Simon simply says, "jump," without first saying "Simon says," players must not jump. Those that do jump are out.</p>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Empathy in Action	Empathy, Perspective-Taking	A Favorite show, TV or Tablet, or a favorite book
ACTIVITY/LESSON DESCRIPTION		
<p>Spend some time watching a show or movie. At any given time, pause and discuss how the characters are feeling. You might ask: "How are they feeling?" and "How would you feel if that happened to you?" Use this conversation to build on considering how others feel, discussing social cues, and caring about their emotions.</p>		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Cool Off The Pizza	Mindfulness, Self-Regulation, Breathing	Child
ACTIVITY/LESSON DESCRIPTION		
In this activity, have kids pretend they have a hot slice of pizza in front of them. Slowly breathe in to smell the pizza and breathe out to cool it down.		

ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Mindfulness 5-4-3-2-1	Mindfulness, Coping Skills, Self-Regulation	Child and Caretaker
ACTIVITY/LESSON DESCRIPTION		
Explain that kids will be practicing mindfulness, which is a skill that helps us stay calm and in control. Have kids look around their room to find 5 things they can see, 4 things they can touch, 3 things they can hear, 2 things they can smell, and 1 thing they can taste. This is a grounding exercise that can help manage tough emotions and provide a mental reset when needed.		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Charades	Social Cues and Emotions	Child and Adult
ACTIVITY/LESSON DESCRIPTION		
<p>Discuss that our body language and facial expressions can often hint at what we're doing and how we're feeling. Have each person or child come up with an activity, such as making a sandwich, and then act it out. See if others can guess the activity. Note that you can also do this with emotions, by having kids act out different emotions and seeing if others can correctly guess.</p>		

LANGUAGE, LITERACY & COMMUNICATION ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Connect the Letters	Letter Recognition, Fine Motor Skills	Butcher Paper, Markers or Crayons
ACTIVITY/LESSON DESCRIPTION		
<p>On a long piece of butcher paper (or any long piece of paper) choose one letter to write multiple times over the length. Once you've added the letter of focus, add other letters. When complete, have your child take a marker or crayon and connect the letter of focus.</p>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Your Own Story	Story Construction, Critical Thinking, Turn Taking	Child and Caretaker
ACTIVITY/LESSON DESCRIPTION		
<p>This is a fun activity that can be done ANYWHERE! Start the story off with "There once was a..." and each person takes a turn making a sentence to the story. This is a great way to build on imagination, keep your child engaged, while also learning to take turns.</p>		

MUSIC & MOVEMENT ACTIVITIES:

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Sing B-I-N-G-O	Song Construction, Body Movement	Computer or Tablet
ACTIVITY/LESSON DESCRIPTION		
Watch B-I-N-G-O together, while singing and clapping		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Family Dance Party	Body Movement, Music Appreciation, Spatial Awareness	Music
ACTIVITY/LESSON DESCRIPTION		
As a family, take 5 minutes to dance together to your favorite song! Shake those sillies out!		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Animal Walks	Spatial Awareness, Body Movement	Child
ACTIVITY/LESSON DESCRIPTION		
Children can practice moving like different animals, particularly ones where their hands are on the floor, like bear walks, donkey kicks, and seal walks.		

THE ARTS & SENSORY ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Activity #1 Match The Pet With Their Homes	Grouping, Coloring	Printout, Scissors, Crayons or Markers, Glue
ACTIVITY/LESSON DESCRIPTION		
Match each pet with its correct home.		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Pet Sensory Bin / Wash The Dog	Fine Motor Skills, Sensory Learning	2 small plastic tubs, mud, water, soap, plastic dog figurines, toothbrush
ACTIVITY/LESSON DESCRIPTION		
Starting with the dogs in the mud tub, have your child take them out of the muddy bucket and clean them in the soapy water. Continue until all dogs are clean.		

MATHEMATICS & SCIENCE ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Counting Animal Tracks	Scissor Skills, Observation, Counting	Cardboard Pieces, Sponges, Scissors, Hot Glue Gun, Ink, and Card Stock
ACTIVITY/LESSON DESCRIPTION		
<p>Take time to look at various animal tracks in books and online. Pick a print your child would like to make. With supervision, cut the shapes of the tracks from the sponges. It may help to trace it onto the sponges first. The tracks may or may not look exactly like the animal portrayed. Glue onto the cardboard and begin letting your child dip them in ink. Make prints on your card stock. Once complete, count how many toes there are and how many track prints they made.</p>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Make Your Own Fish Tank	Scissor Skills, Fine Motor Skills	Construction Paper, Glue, Ziploc Bag, Oats, and Hole Puncher
ACTIVITY/LESSON DESCRIPTION		
<p>On a piece of blue construction paper, draw a square (in a size that will fit inside the Ziploc bag) with wiggly lines. Ask the child to cut the square that you drew and stay within the wiggly lines (thickness of the line depends on the child's skills and development).</p> <p>Draw a fish on the orange or yellow paper and have the child cut it out. Depending on the child's skills, you can have the child trace a picture of a fish or draw his own fish.</p> <p>Glue the fish onto the blue sheet. Ask the child to draw eyes, fins, gills, and mouth on the fish and add any plants on the blue paper. Use a hole punch to punch bubbles in the blue paper (coming out of the mouth of the fish and above). Place the blue sheet into the Ziploc bag.</p> <p>Place the oats on the table or in a small shallow plate and ask the child to pinch the oats and drop into the bag, to represent the floor of the tank. Repeat this activity a few times, until there are enough oats on the bottom of the bag. Seal the bag nice and tight. Now your child has their very own fish tank.</p> <p>This is a great opportunity to talk about fish, their environment, and their needs of survival.</p>		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Counting Pets	Counting, Observation	Child and Caretaker, Outside
ACTIVITY/LESSON DESCRIPTION		
<p>Take a walk or a drive with your child. Take notice of how many pets are out for a walk. How many dogs did you see? How many Birds? Cats?</p>		

HANDWRITING ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Journal	Pre-Writing, Writing, Fine Motor	Journal, Crayons, Markers, Pencils
ACTIVITY/LESSON DESCRIPTION		
Using their journal, have your child write or draw about their favorite animal/Pet.		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Symmetry Drawing	Pre-writing, Fine Motor Skills	Print out, Pencil, Crayon
ACTIVITY/LESSON DESCRIPTION		
Using the print outs provided, have your child complete the drawings to the best of their ability.		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Chalk Drawing	Pre-Writing, Fine Motor Skills	Chalk, Sidewalk
ACTIVITY/LESSON DESCRIPTION		
Draw a Letter on the ground and have your child copy it to the best of their ability.		

ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Shaving Cream Name/ Letter Writing	Name Recognition, Letter Recognition	Shaving Cream, Table
ACTIVITY/LESSON DESCRIPTION		
Place shaving cream on a table top. Using their fingers, have your child practice tracing the letters of their name.		

ACTIVITY #5 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Bead and Pipe Cleaner Lacing	Fine Motor, Muscle Development, Pincher Development	Pipe Cleaners, Pony Beads
ACTIVITY/LESSON DESCRIPTION		
Have your child lace beads onto different pipe cleaners. This activity is helpful in developing muscles in the hands necessary for handwriting.		