

YOUNG PRESCHOOL

Spring 1

Early Childhood Distance Learning Materials

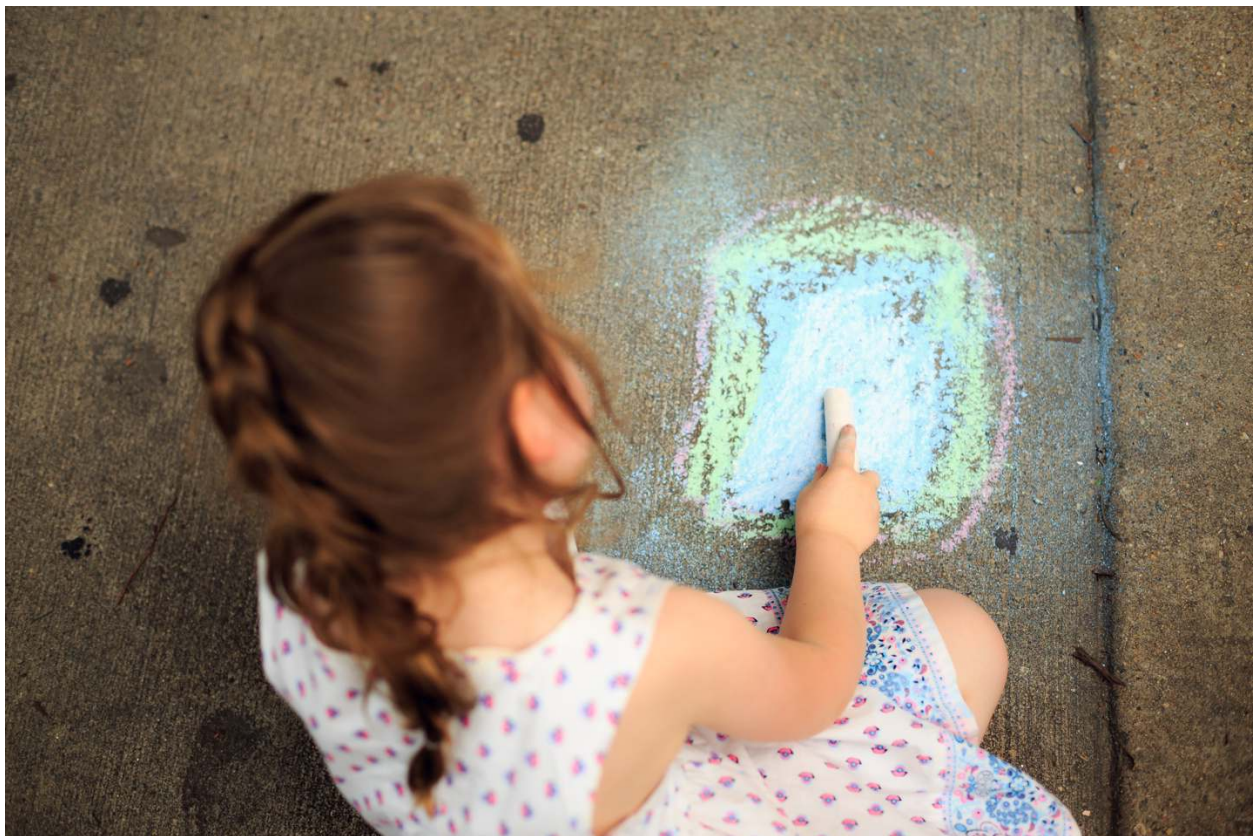


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HOME LEARNING BABY BINGO BOARD

DIRECTIONS FOR EACH DAY THIS WEEK: The goal is to do 5 activities in each area. After you complete an activity, color in the box and show it is done. The goal is to have a blackout by the end of the week with every box colored in!

L Literacy	E Exercise	A Arts	R Regulation	N Numbers
Read 10 minutes with your child <div style="border: 1px solid black; display: flex; justify-content: space-around; padding: 2px;"> MTWRF </div>	Check out Just Dance on youtube.com	Go on a color hunt around your house or outside	Get 2 straws and a cotton ball and blow the cotton ball back and forth gently. Talk about slowing down our breathes	Complete one of the math packet activities
Pick your favorite book and talk about why this book is you favorite	Go to https://www.kidsyogastories.com/yoga-for-spring/ and learn new spring inspired yoga positions	Draw a picture of your favorite flower	Help do a chore around the house	Take a walk around the neighborhood and count how many flowers you see
Pretend you are at a park and lay on a blanket and read a book	Play follow the leader	Draw a picture of what you like to do outside	Play different songs and talk about how they make you feel.	Collect different things from around your house and sort them
Complete one of the literacy packet activities	Make an 'obstacle' course with chalk. Pinterest has lots of great ideas	Make your own homemade paint	Dance around the house with different tempo songs	Make a tally chart of your families favorite food
Have your child read a story to you. Remember talking about the pictures is the first step in reading.	Talk about where healthy foods come from: the ground, trees, plants	Find a spot in your house to display all your awesome artwork	Practice STAR breathing. Smile, Take a deep breath, and Relax. Fill up your belly like a balloon and slowly let it out. Do this 3 times	See how high you can count to. Is it 10? 20? 30? 100?
Read to a stuffed animal or two	Enjoy the weather and go for a walk	Play your favorite song and clap to the beat	Talk about and find things that help calm your child down	Go on a shape scavenger hunt around your house

YOUNG PRESCHOOL

	HANDWRITING	LITERACY	MATH	STEAM
MONDAY	Play-Doh Letters	Talk about how the Play-Doh feels	Color Matching	Snow is Melting. Melt the ice.
TUESDAY	Flowers with petals that spell your name	Write the letter on the flower petals	Shape Matching	Make Bubbles
WEDNESDAY	Trace the Letter A	Matching Letters on Ladybugs	Find Pairs	Moon Dough
THURSDAY	Hair Gel Writing	Read your favorite book together	Count the Raindrops	Race to the Rainbow
FRIDAY	Chalk Writing	Name Hunt	Scavenger Hunt	Dance Party!

DAILY CHECK IN: How are you feeling?



Happy / Excited



Calm / Relaxed



Anxious / Worried



Sad / Upset



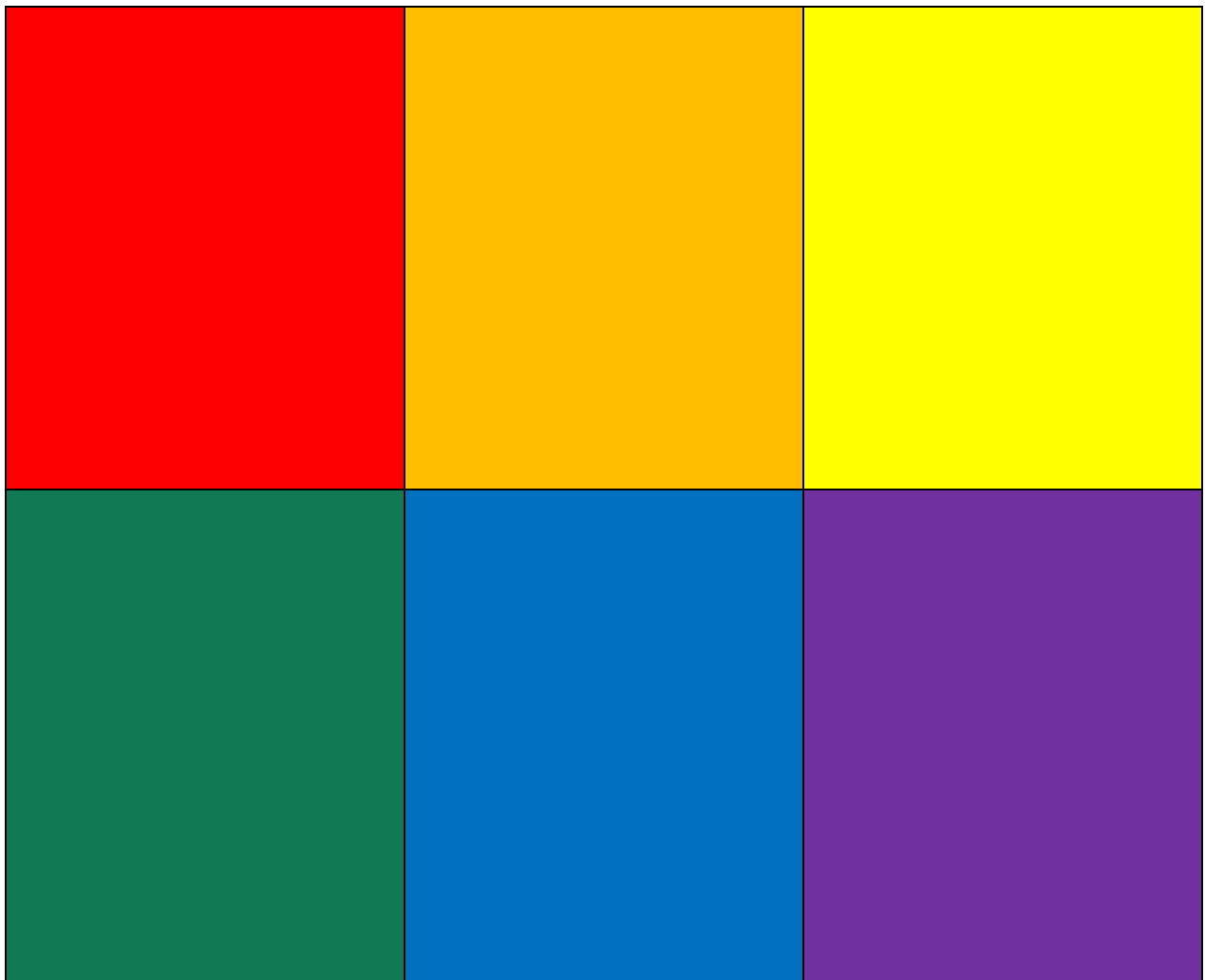
Angry / Frustrated

MONDAY ACTIVITIES

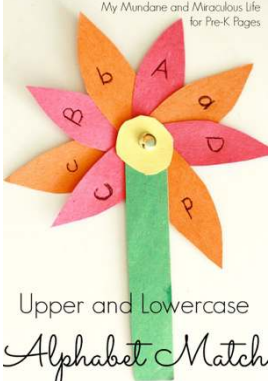
ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Play-Doh Letters	Fine Motor Skills, Conversation Skills	Play-Doh
ACTIVITY/LESSON DESCRIPTION		
<p>Create letters or anything you'd like. If you don't have any Play-Doh on hand here is a recipe.</p> <p>Materials:</p> <ul style="list-style-type: none"> • 1 cup flour • 1 cup water (a few drops food coloring) • ¼ cup salt • 1 Tbsp oil • 2 tsp cream of tartar <p>Instructions:</p> <ul style="list-style-type: none"> • Put in the dry mixture first and make sure it's incorporated. Then add the wet. Next turn on the medium/high heat and knead. (Be careful it will be hot.) • Talk about how the Play-Doh feels. For example squishy, soft, is it crumbly?, etc. 		

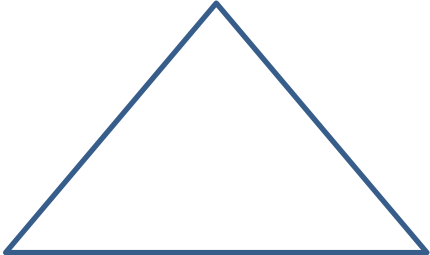
ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Melt Ice	Problem Solving Skills	Ice
ACTIVITY/LESSON DESCRIPTION		
<p>All you need to do for this is have some ice. Put the ice in a bowl or on a plate. Come up with different ways to melt it.</p>		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Color Matching	Matching	Household items
ACTIVITY/LESSON DESCRIPTION		
Find small items that fit in these boxes that match these colors		



TUESDAY ACTIVITIES

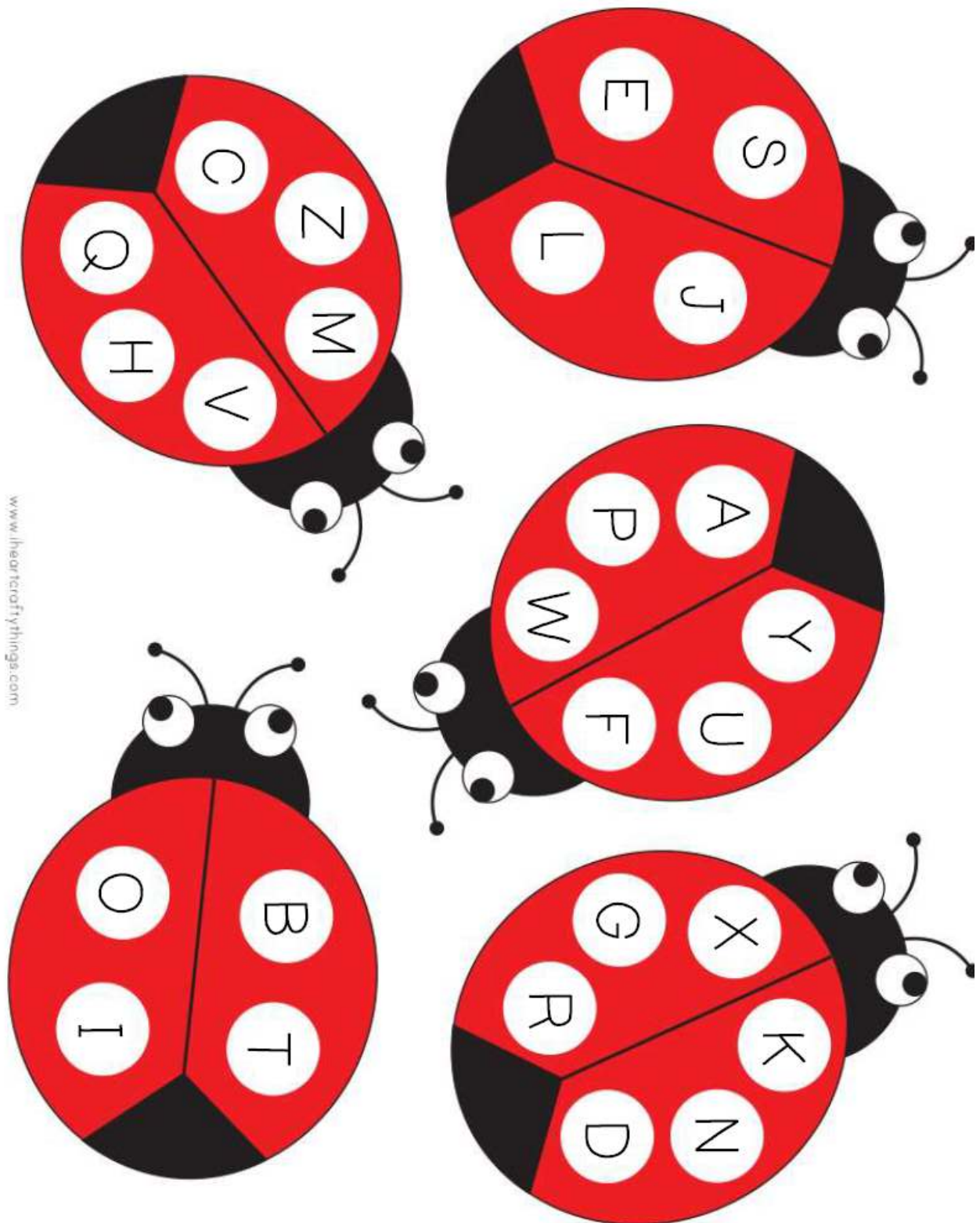
ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Flower Petal Name	Letter and Name Recognition	Color paper, Glue, Marker
ACTIVITY/LESSON DESCRIPTION		
<div style="display: flex; align-items: flex-start;">  <div style="margin-left: 20px;"> <p>Instructions:</p> <p>Step 1: Cut out a stem, a middle piece, and petals (there should be enough petals for each letter of your name)</p> <p>Step 2: Write one letter on each petal</p> <p>Step 3: Glue the middle piece on the stem</p> <p>Step 4: Glue the petals onto the backside of the stem.</p> </div> </div> <p style="font-size: small; margin-top: 10px;">My Mundane and Miraculous Life for Pre-K Pages</p> <p style="font-size: small; margin-top: 10px;">Upper and Lowercase Alphabet Match</p>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Matching Shapes	Understand Shapes	Household Items
ACTIVITY/LESSON DESCRIPTION		
<div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>Find something in your house that is this shape.</p> </div> </div>		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Bubbles	Cause and Effect	½ Cup soap 1 cup water 2 TBSP corn syrup
ACTIVITY/LESSON DESCRIPTION		
<p>Instructions:</p> <ul style="list-style-type: none"> • Mix together and find any kitchen utensils that might work to blow bubbles. • If you don't want to make a mess blow bubbles in the bathtub or in the sink! 		

WEDNESDAY ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Ladybug Alphabet Matching	Identify Letters	Ladybug Alphabet Sheet
ACTIVITY/LESSON DESCRIPTION		
<p>Paper-write the letters of the Alphabet on a sheet of paper and then cut them out. Take the letters that are cut out and math them to the letters on the ladybug. If you have alphabet stickers you could also use those!</p>		



ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Moon Dough	Feel a new texture	1 cup Corn Starch ½ Cup Conditioner
ACTIVITY/LESSON DESCRIPTION		
<p>Mix the materials together. You could also add food coloring for different color options. This is a fun sensory activity to do together. It's also science.</p>		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Trace the Letter A	Write Letters	Letters below
ACTIVITY/LESSON DESCRIPTION		
Using the letters below, have your child trace the letter A.		



THURSDAY ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Hair Gel Writing	Fine Motor Skills	Hair gel, tape
ACTIVITY/LESSON DESCRIPTION		
<p>Place clear hair gel and food coloring in a sandwich bag. Force all the air out of the bag and seal tightly with packing tape or duct tape. Place the bag on a flat surface and encourage children to use their index fingers to write on the bag.</p>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Read Together	Interacts during Reading Experiences	Book
ACTIVITY/LESSON DESCRIPTION		
<p>Read your favorite book together. If you read a book over and over again with your child they will eventually be able to recite parts of it to you or with you!</p>		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Count the Raindrops	Counting	Worksheet
ACTIVITY/LESSON DESCRIPTION		
<p>Use the worksheet on the next page and count how many raindrops lead to the rainbow.</p>		

RAINBOW RACE

START



ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Race to the Rainbow	Taking turns and counting	Rainbow Worksheet Above, Dice, Game Pieces
ACTIVITY/LESSON DESCRIPTION		
<p>Using the same worksheet above, use it as a game board and see who can make it to the rainbow first. Take turns rolling the die and move forward that many places on the raindrops. Work together to count how many pieces you need to go.</p>		

FRIDAY ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Chalk Writing	Grips writing tool using three point grip	Chalk
ACTIVITY/LESSON DESCRIPTION		
Go outside and write your name with chalk on the sidewalk.		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Name Hunt	Identifies Name	Paper, writing utensil, tape
ACTIVITY/LESSON DESCRIPTION		
Write your child's name on small strips of paper. Then tape them up on the wall, couch, floor or wherever you want. Have your child hunt for their name throughout your home.		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Scavenger Hunt	Classifying objects	None
ACTIVITY/LESSON DESCRIPTION		
<p>Go for a walk. Pick up sticks and when you get back count how many you have. Keep track of how many bugs you see. If see a bike tell mom what color it is. Look and listen for birds. If you see cars count how many red ones you see.</p>		

ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Dance Party!	Movement – watch for jumping and spinning	Music
ACTIVITY/LESSON DESCRIPTION		
<p>It's Friday! Dance about it! Find your favorite songs and dance or search JP Dance Party by Amanda Renee on Spotify for a playlist full of kid friendly songs that JP Fargo/Moorhead kids love.</p>		