

YOUNG PRESCHOOL

Trees and Plants

Early Childhood Distance Learning Materials



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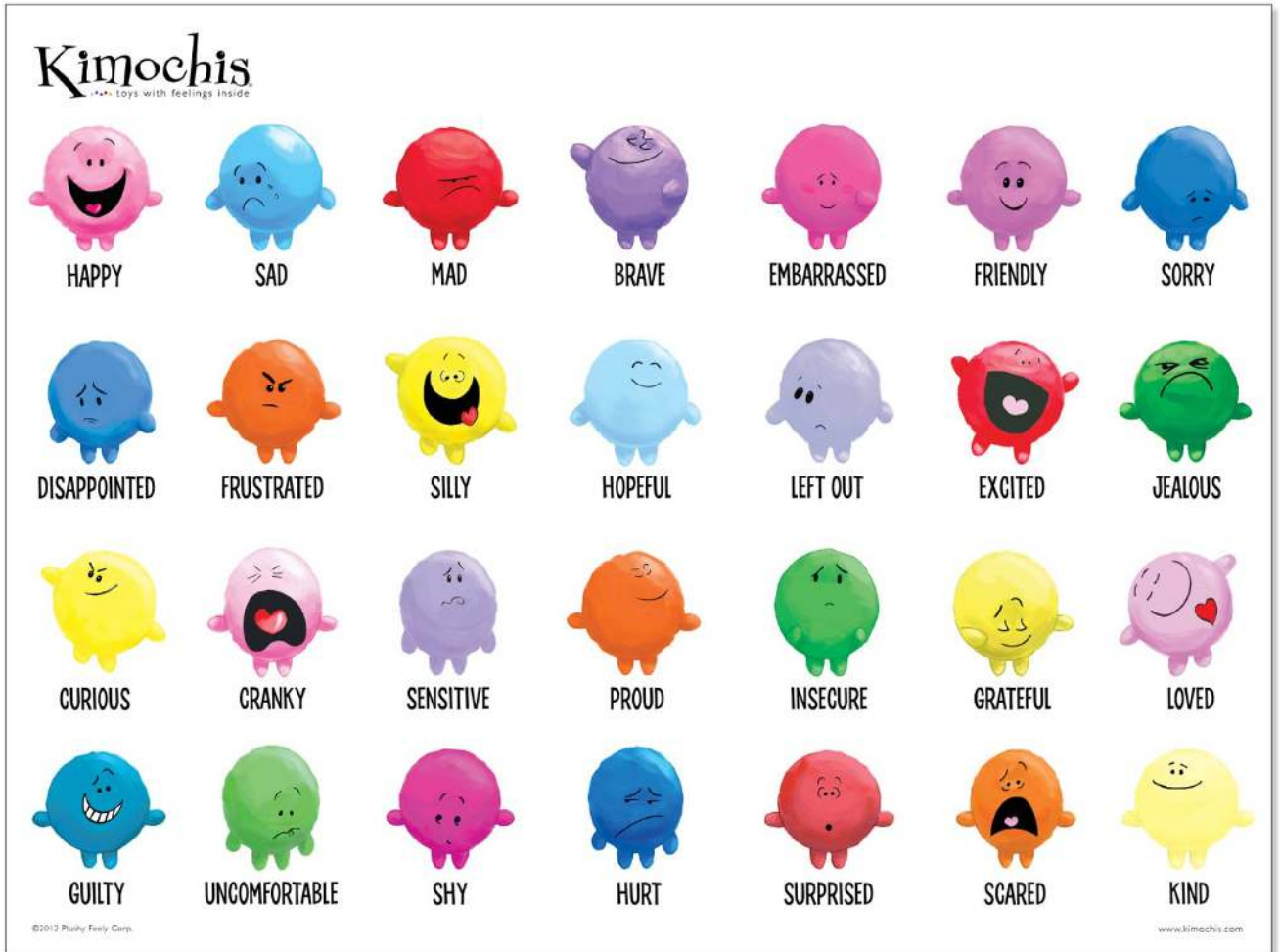
HOME LEARNING BABY BINGO BOARD

DIRECTIONS FOR EACH DAY THIS WEEK: The goal is to do 5 activities in each area. After you complete an activity, color in the box and show it is done. The goal is to have a blackout by the end of the week with every box colored in!

L Literacy	E Exercise	A Arts	R Regulation	N Numbers
Read 15 minutes with your child <div style="border: 1px solid black; display: flex; justify-content: space-around; padding: 2px;"> MTWRF </div>	Have a family dance party!	Draw a picture of what are doing today	Practice STAR breathing: Smile, Take a deep breath, and Relax. Fill up your belly like a balloon and slowly let it out 3 times.	Count 1 to 20
Use handwriting sheet to write name	Create an obstacle course in your home and run it 5 times	Make up a new song	What did you do to show kindness? Draw a picture.	Find items in your house you can make patterns with. Can you make an AB pattern?
Retell main events in your favorite book	Find color free dance on YouTube and dance to it	Use objects from around your house to create a new art project	Choose a job that you can do today to help your family	Complete one lesson from the math packet
Complete one lesson from the literacy packet	Go outside and practice skipping, hopping on two feet, galloping and running.	Complete one lesson from the Arts packet	Help your child make a daily schedule that you can put up in your house	Find shapes in your house and draw them on paper
Name some words that rhyme with: cat, dog, bed, map	Do each stretch for 10 second hold and repeat 3 times: baby pose, up dog, down dog, tree pose	Use scissors to practice cutting paper in straight lines and zip zag lines	Help your child identify a space to go to help them feel calm	Find a block and use it to measure your bed, a table and a chair. How many blocks tall are they?
Do a leaf rubbing	Climb a tree	Make up a dance to your favorite song	Sit under the shade of a tree and breath deeply	How many trees can you see from your window? On a walk?




DAILY CHECK-IN

Tell me how you're feeling today?

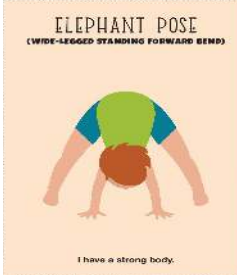
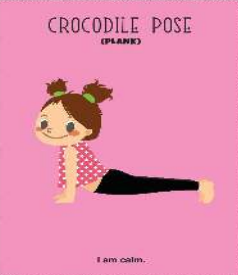
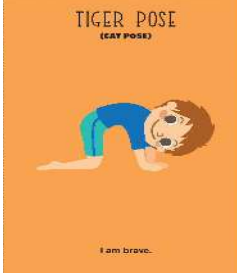
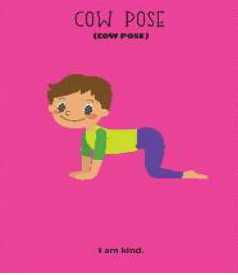


MONDAY	Make a CIRCLE with a BLUE crayon
TUESDAY	Make a TRIANGLE with a RED crayon
WEDNESDAY	Make a SQUARE with an ORANGE crayon
THURSDAY	Make a CLOUD with a PURPLE crayon
FRIDAY	Make A SHAPE OF YOUR CHOICE with a GREEN crayon


SOCIAL EMOTIONAL DEVELOPMENT & SOCIAL SYSTEMS COGNITIVE ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Tree Breath	Learning to Count While Talking	Tree Breath Template
ACTIVITY/LESSON DESCRIPTION		
<p style="text-align: center;">Breathe while point out the little trees. Breathe out while pointing at the trees.</p> <div style="text-align: center;">  </div> <p style="text-align: center;">Breathe in through your nose</p> <p style="text-align: center;">Count:</p> <div style="text-align: center;">  </div> <div style="text-align: center;"> <p>1 2</p> </div> <p style="text-align: center;">Breathe out,</p> <p style="text-align: center;">Count:</p> <div style="text-align: center;">  </div> <div style="text-align: center;"> <p>1 2 3</p> </div>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Coloring Together	Uses fingers and hands. Uses writing and drawing tools.	Large piece of paper and markers, or colored pencils, or crayons, or make a dot marker.
ACTIVITY/LESSON DESCRIPTION		
Place the paper that you have on the floor and sit with your child on the floor. If you have a big piece of paper it is fine for your child to sit on the paper. Grab any drawing tool that you have and ask your child to join you. You can draw an outline of a tree, or a flower and ask your child to help you color it.		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Yoga	Learning to Breathe to Calm	Yoga Cards
ACTIVITY/LESSON DESCRIPTION		
<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  </div> <div style="text-align: center;">  </div> </div> <div style="text-align: center; margin-top: 20px;">   </div> <p style="text-align: center; margin-top: 20px;">Use these cards to practice poses and deep breathing.</p>		

LANGUAGE, LITERACY & COMMUNICATION ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Upper & Lowercase Letter Matching Hole Punch	To Identify corresponding upper and lower case letters, while also building on fine motor skills	Print out, Hole Puncher and Scissors
ACTIVITY/LESSON DESCRIPTION		
		<p>With Parent or Independently. Cut along the outer dotted lines to make the strips easier to hand and allow kids to hole punch them. The letter bank has two lines of letters to allow more variety of letters in the bank. Kids can find the lowercase letters, in the word bank, that match the uppercase letter. Once they have found the matches they can hole punch them. When that strip is complete, they can move on to the next.</p>

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Rainbow Alphabet	Matching colors of the rainbow with the corresponding magnetic letter color	Large white paper, colored markers, colored letter magnets and tape

ACTIVITY/LESSON DESCRIPTION



With parent/caregiver OR independently.

Draw a rainbow on a larger piece of paper and tape it down to a table or a magnetic surface (like the refrigerator or a cookie sheet). Have your child match the color of the rainbows with the corresponding letter colors.

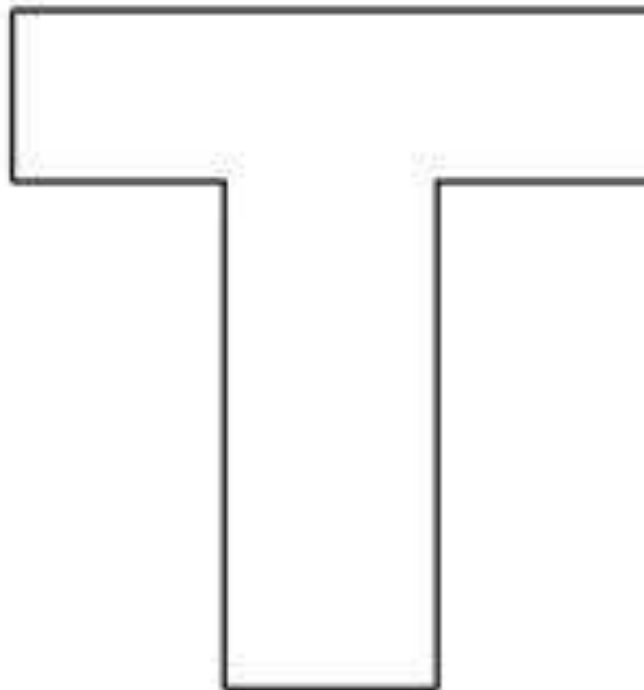
ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Letter Collage	Letter Recognition, Fine Motor Skills and Spatial Awareness	Letter Collage Page of Letter T, found materials (leaves, twigs, bark, etc.) and Glue




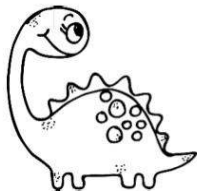
ACTIVITY/LESSON DESCRIPTION


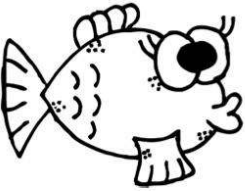


With parent/caregiver

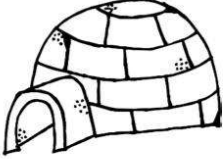
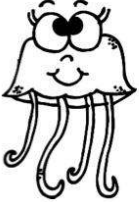


The letter T stands for Trees! Take a walk with your child to look for leaves, twigs, bark, or any other tree related items and use them to fill the blank space in the T using glue.

**Color or draw inside the letter.
Then see if you can cut it out!**



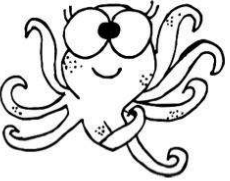
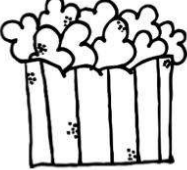



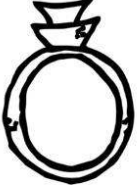


<p>A</p> 	<p>a l z q p d a a m</p> <p>r s t a v k l n e b</p>
<p>B</p> 	<p>r s b a v k l n e b</p> <p>b s t b v k b n e b</p>
<p>C</p> 	<p>c s t a c k l c e b</p> <p>c c d l e i w o i x t</p>
<p>D</p> 	<p>d s d a c k f c d b</p> <p>b d t b d k b d e b</p>


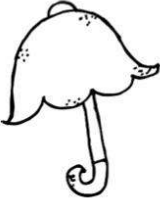



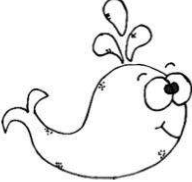

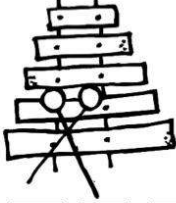
<p>E</p> 	<p>e l e q p d e a m r s e a v k e n e</p>
<p>F</p> 	<p>r s b f v k l f e f b f t b f k b f e b</p>
<p>G</p> 	<p>c s g a c g l c e g c g d l e g w o x t</p>
<p>H</p> 	<p>h d s o h g l k m p l i h p n q h s h j l</p>

<p>I</p> 	<p>i m z l r i j l k m s j k r s t i l m i s i</p>
<p>J</p> 	<p>j k s t i l j f v c z j f d s l i j k r s t</p>
<p>K</p> 	<p>k f r w s t k j l k t v r s k k l m j k</p>
<p>L</p> 	<p>l i j k l r s t p l k l i h p n q h s h j l</p>

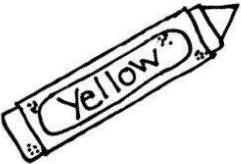

The Letters Of Literacy 2017

<p>M</p> 	<p>i m z l m i n l k m m k e r n t i l m i</p>
<p>N</p> 	<p>m u n n j k n u s t n u s t v r u n m</p>
<p>O</p> 	<p>c o p q r o l o d g o c r z t u v o m</p>
<p>P</p> 	<p>l i p k l r s t p l k l i h p n q h p h p l</p>

<p>Q</p> 	<p>i q z l p i q l q m m p e r q t i q m i</p>
<p>R</p> 	<p>m r n u r k r u s t n r s t v r u n m</p>
<p>S</p> 	<p>c s p q s o l s d g s c r z t u a o z</p>
<p>T</p> 	<p>t i p k a r b t p t k l i t p n t h p h p l</p>

 	a v u n a u e d u l u a u n v r v s u
 	v r s t o e q p v u v u r h j o v p l m
 	v u w g j p z w u i o m i w i w m o p i
 	k i p f x l w x w t b x i q g h i p m n

The Letters Of Literacy 2017

<p>Y</p> 	<p>i r p r z y i z y w y r s t u v o w z y</p>
<p>Z</p> 	<p>x e z i l p s z i e s z i e g l p v z i i</p>

The Letters Of Literacy 2017

LANGUAGE, LITERACY & COMMUNICATION

INDEPENDENT PRACTICE

DIRECTIONS: Read / Listen to these books

The Tiny Seed by Eric Carle

<https://www.youtube.com/watch?v=5z76OqjF6fU&feature=youtu.be>

Lola Plants a Garden by Anna McQuinn

<https://youtu.be/f01WcOO8vbM>



Planting a Rainbow by Lois Ehlert

<https://www.youtube.com/watch?v=sti3PXBeVag>

A Tree is Nice by Janice May Udry

<https://youtu.be/YnpOIEpfDT4>

THE ARTS & SENSORY ACTIVITIES: MUSIC & MOVEMENT

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
<p>Make your own instrument: Rainstick</p>	<p>Explores dance and movement. Uses fingers and hands.</p>	<p>Cardboard roll Beans or rice Decorative tape(optional), or you can use paint or markers for decoration. Duct tape</p>
ACTIVITY/LESSON DESCRIPTION		
<p>Decorate the tube. Add the beans or rice. Tape the ends with duct tape, and enjoy the sound with your child.</p> <div style="display: flex; justify-content: space-around;">   </div>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Dance	Demonstrate Balancing Skills	Computer or Phone
ACTIVITY/LESSON DESCRIPTION		
Play the song "If I were a Tree" by Jason Mesches following this link If I Were A Tree (Tu B'shevat Song) . Ask your child to follow your movements.		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Little Seed	Learning how trees and plants start to grow. Using their oral skills and creative expression to sing along.	Below song sheet

ACTIVITY/LESSON DESCRIPTION

“Here’s a little seed, in the dark, dark ground.”
 Hold left hand on top of right hand - right hand is in a ball.
 “Out comes the warm sun, yellow and round.”
 Stretch out both hands to represent the sun.
 “Down, comes the rain, wet and slow.”
 Hold hands close, and charade the hands down to represent the rain falling down.
 “Up comes the little seed, grow, grow, grow!” Hold both hands together and spout them up.



Little Seed
 Tune: I'm a Little Teapot


Here's a little seed
 In the dark, dark ground.


Out comes the warm sun,
 yellow and round.

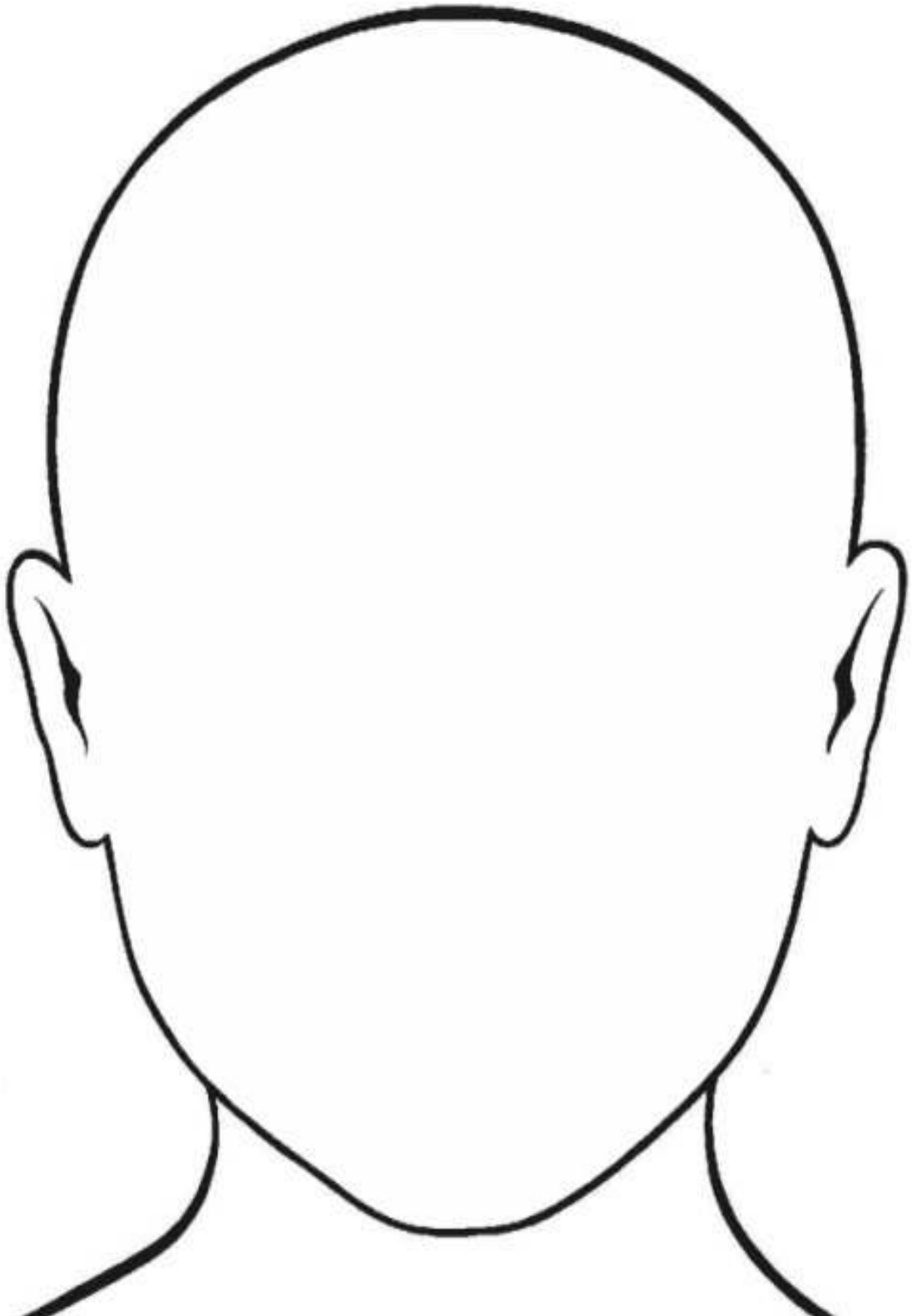
Down comes the rain,
 wet and slow.

Up comes the little seed,
 Grow, grow, grow!

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ACTIVITY #4 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Blooming Paper Flowers	Demonstrates knowledge of the characteristics of living things. Counts. Uses fingers and hands	Copy paper Container of water Scissors Markers
ACTIVITY/LESSON DESCRIPTION		
<div style="display: flex; align-items: flex-start;">  <div style="padding-left: 10px;"> <p>Start by cutting out some paper flowers, then colored them with markers. Fold the flower petals into the center. You don't want to fold them tightly, just a loose fold or they won't open. Do not press the creases too tight. Fill a plastic container with a few inches of water. Place the fold flower into the water. The paper will absorb the water causing it to open the petals.</p> </div> </div>		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Nature Head	Using creative expression and coordination to add flowers to the head as hair.	Flowers and Leaves Face Outline
ACTIVITY/LESSON DESCRIPTION		
<div style="display: flex; align-items: flex-start;">  <div style="padding-left: 10px;"> <p>Talk about hair and where the hair is located on the head. Put glue on the top of the head, and then have the student put their desired hair on.</p> </div> </div>		



MATHEMATICS & SCIENCE ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Window Greenhouse	Lifecycle of plants, STEAM	Seeds, Paper Towel or Cotton Ball, Ziplock bag, Tape
ACTIVITY/LESSON DESCRIPTION		
<p style="text-align: center;">With Parent then Independently</p> <p>Students will “plant” a seed by putting it with a moist paper towel or cotton ball into a baggie and tape it to a window. Students will be able to witness and measure the growth of their seedling over time.</p>		

ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Chlorophyll Rubbings	Parts of Plants, STEAM	Leaves, grass, plant parts that are green, tree print out, metal spoon
ACTIVITY/LESSON DESCRIPTION		
<p>Chlorophyll paintings are a fun and creative way to integrate art and science as students learn about plants, the process of photosynthesis, and how a plant makes its own food.</p>		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
PomPom Shooters	Engineering, STEAM	<ul style="list-style-type: none"> • Yourself Pom poms! 1" or smaller work best (Don't have pom poms? Cotton balls, marshmallows, and crumpled balls of paper work too.) • Pool noodle, cup, or toilet paper roll • Balloons • Scissors • Duct tape • Paper, cardboard, or card stock (for target) • Pencil, pen, or markers (for target)

ACTIVITY/LESSON DESCRIPTION



MATH & SCIENCE INDEPENDENT PRACTICE

ACTIVITY #1

DIRECTIONS: Students will “plant” a seed by putting it with a moist paper towel or cotton ball into a baggie and tape it to a window. Students will be able to witness and measure the growth of their seedling over time.



MATH & SCIENCE INDEPENDENT PRACTICE

ACTIVITY #2

DIRECTIONS: To make the paintings:

1. Fold a sheet of white paper in half. Place several leaves between the folded paper.
2. Press firmly on the leaves between the pages and rub with a metal spoon. Avoid plastic spoons as they break when pressed as firmly as necessary.
3. It's best not to use leaves with a waxy feel since they are harder to press and don't release their chlorophyll easily.



Your child may find that after they start rubbing with the spoon they may want to use their fingers to rub it instead. While doing this activity, talk about the texture of the leaves, what they notice works best, and what the green in the leaves actually is.

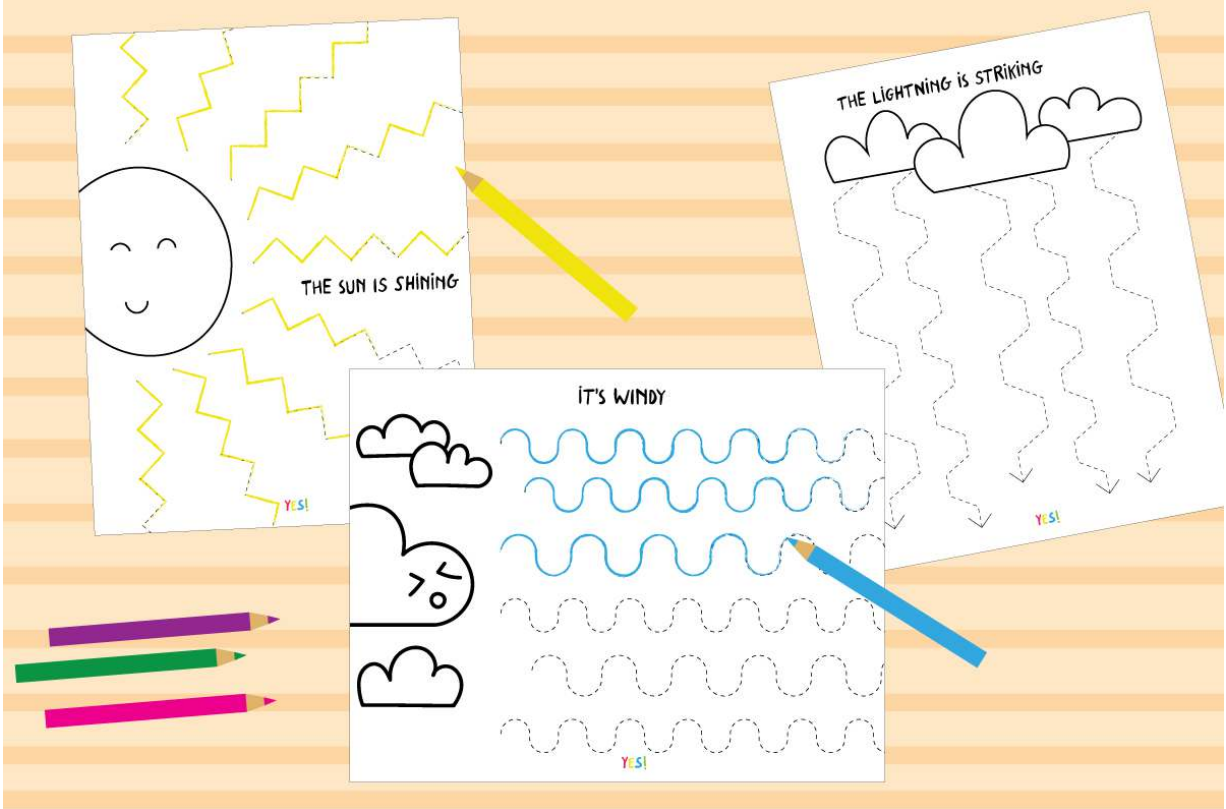
MATH & SCIENCE INDEPENDENT PRACTICE

ACTIVITY #3

DIRECTIONS:

1. The first step is to cut the body of your shooter. If you're using a toilet paper roll, skip this step. If you're using a pool noodle, cut off a length about 4" long. And if you're using a paper cup, grab a knife and an adult to do this. Carefully cut out the bottom of the cup so it's open on both ends.
2. Grab a balloon and tie a knot in the end. Cut off about 1/4" of the tip end (away from the knot).
3. Stretch the balloon over the end of the pool noodle, cup, or toilet paper roll as far as you can, centering the knot over the hole.
4. Secure the balloon to pool noodle, cup, or toilet paper roll with duct tape.
5. This is the part where it gets really fun. Pointing away from others, insert a pom pom into the shooter, pull the balloon knot, and FIRE! If you're using a toilet paper roll or cup, point the open end upwards towards the sky a bit for shooting. This makes the pom pom drop down into the balloon and get a bigger force. The pool noodle doesn't need this because it has a hole in the middle that helps compress the air for greater force.

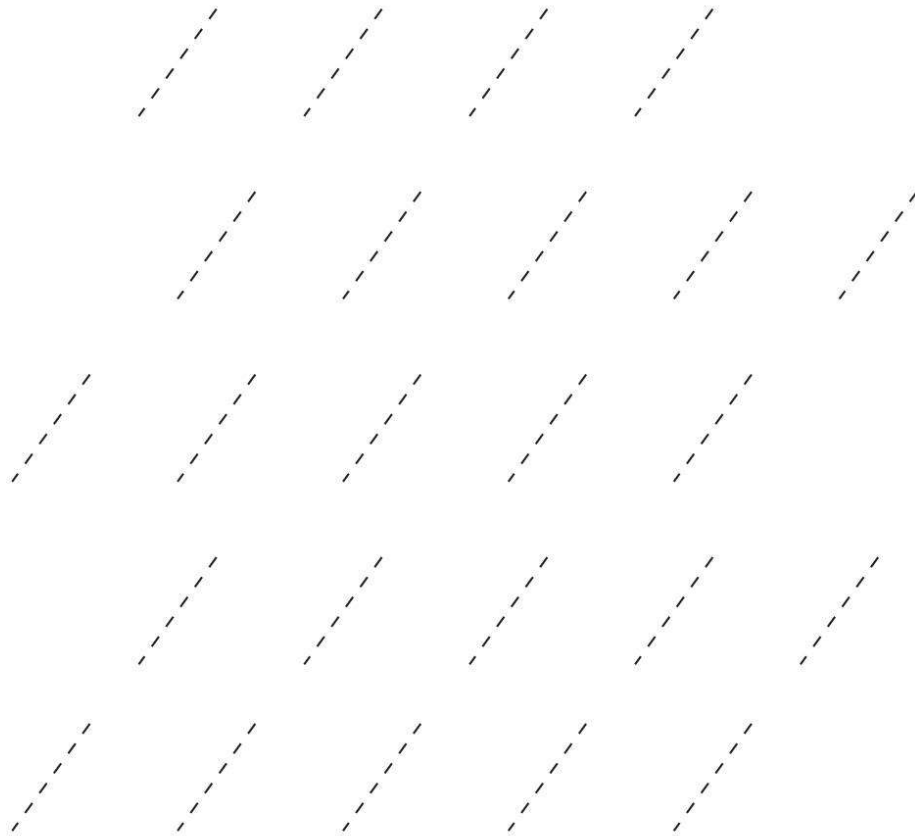
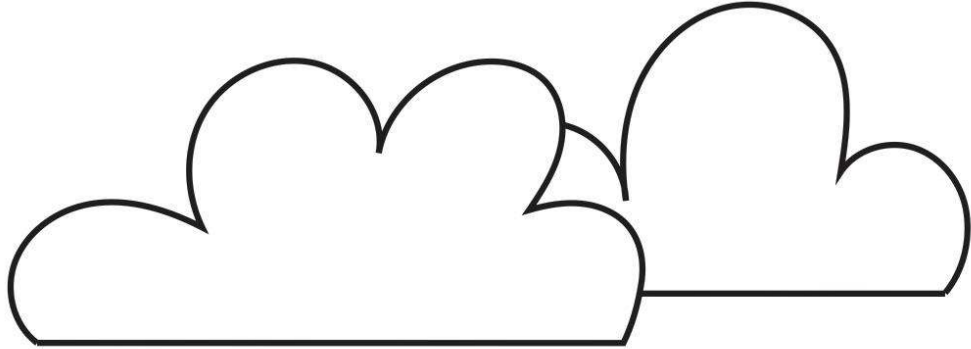
HANDWRITING ACTIVITIES

ACTIVITY #1 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Weather Tracing	Pre-Writing, Fine Motor Skills	Colored Pencils, Worksheet
ACTIVITY/LESSON DESCRIPTION		
<p style="text-align: center;">With parent/caregiver Have your child trace the various weather related dotted lines with color pencils.</p> 		

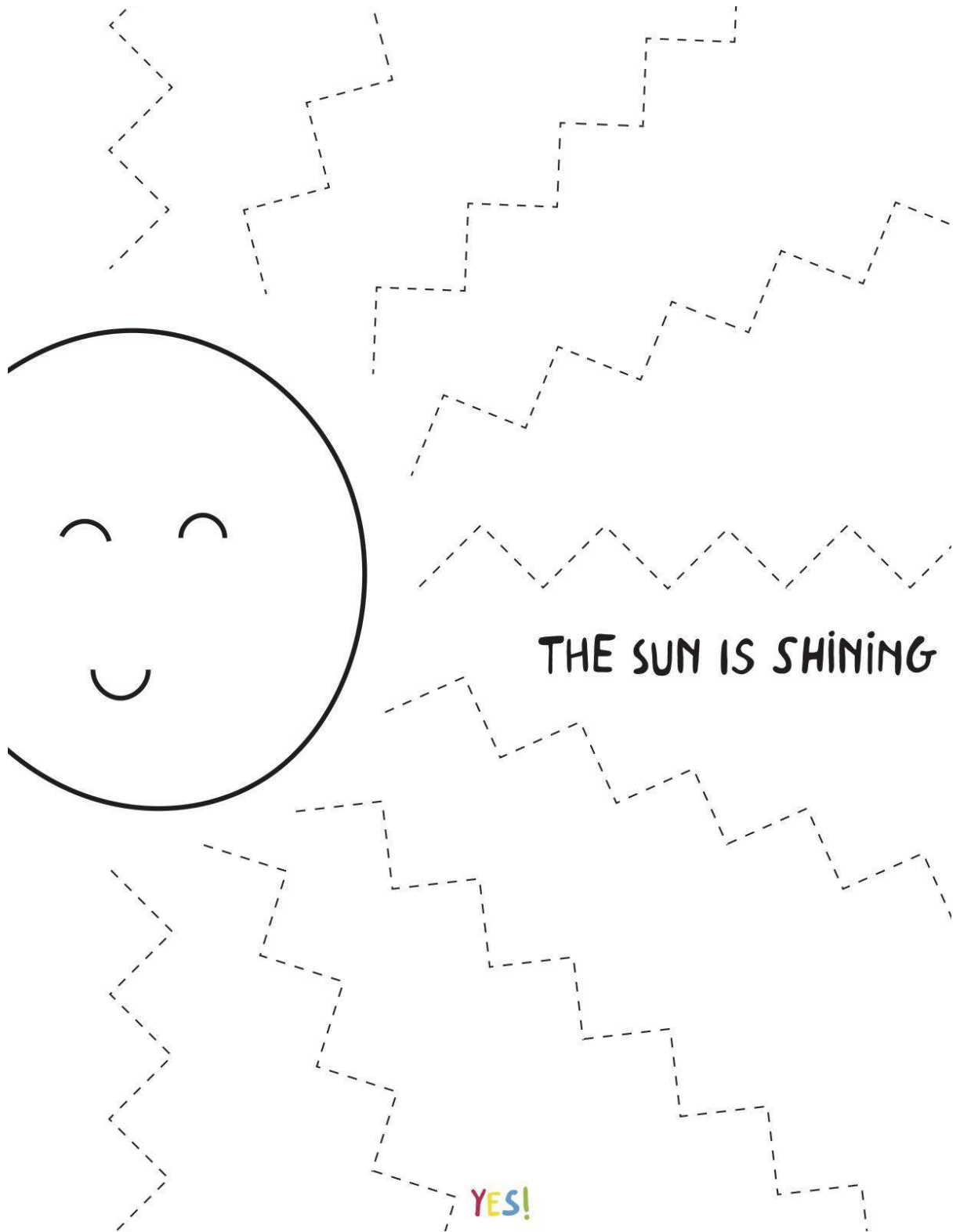
ACTIVITY #2 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Daily Journal	Pre-Writing, Fine Motor Skills	Pencils, Crayons, Markets, Stickers
ACTIVITY/LESSON DESCRIPTION		
<p>Each day, have your child “write” in their journal.</p> <p>Monday - Trace your hand Tuesday - Cover your name in stickers Wednesday - Draw your favorite tree Thursday - Draw a picture of your family Friday - Free Draw</p>		

ACTIVITY #3 TITLE	LEARNING GOAL/OBJECTIVE	MATERIALS
Line Tracing	Pre-Writing, Fine Motor	Worksheets, Big Pencils
ACTIVITY/LESSON DESCRIPTION		
<p>Independently without parent/caregiver Use the provided worksheets to trace lines. Remember, practice matters more than perfection.</p>		

IT'S RAINING!



YES!



THE LIGHTNING IS STRIKING

