

Early Childhood Distance Learning Materials



Toddlers
Week #3
May 4-8, 2020

Table of Contents

Home Learning Bingo Board	3
Daily Check-In	4
Social Emotional Development &	5
Social Systems Cognitive Activities	
Language, Literacy & Communication Activities	7
The Arts & Sensory Activities	17
Mathematics and Science Activities	20
Music and Movement Activities	25

Home Learning Bingo Board

DIRECTIONS FOR EACH DAY THIS WEEK: The goal is to do 5 activities in each area. After you complete an activity, color in the box and show it is done. The goal is to have a blackout by the end of the week with every box colored in! Get ready...get set...LEARN!

L Literacy	E Exercise	A Arts	R Regulation	N Numbers
Read 15 minutes with your child <div><div>M</div><div>T</div><div>W</div><div>R</div><div>F</div></div>	Have a family dance party!	Draw a picture of what you are doing today	Practice STAR breathing: Smile, Take a deep breath, and Relax. Fill up your belly like a balloon and slowly let it out 3 times	Count 1 to 20
Sing the ABC's	Create an obstacle course in your home and run it 5 times	Make up a new song	What did you do to to show kindness? Draw a picture	Find items in your house you can make patterns with. Can you make an AB pattern?
Retell main events in your favorite book	Find color freeze dance on YouTube and dance to it	Use objects from around your house to create a new art project	Choose a job that you can do today to help your family	Complete one lesson from the math packet
Complete one lesson from the literacy packet	Go outside and practice skipping, hopping on two feet, galloping, and running.	Complete one lesson from the Arts packet	Help your child make a daily schedule that you can put up in your house	Find shapes in your house and draw them on paper
Sing a song with rhymes	Do each stretch for a 10 second hold and repeat 3 times: baby pose, up dog, down do, tree pose	Make playdough	Help your child identify a space to go to help them feel calm.	Count your child's fingers and toes
Talk out loud as you go about your everyday chores. This will help you child develop a large vocabulary	Draw a picture of what foods give you energy.	Play your favorite song and clap to the beat	What toy or animal helps you calm down when you're feeling upset? Draw how they help you.	Count how many forks and how many spoons are in your house. How many all together?

Daily Check-In

Tell me how you're feeling today?

Kimochis
toys with feelings inside



HAPPY



SAD



MAD



BRAVE



EMBARRASSED



FRIENDLY



SORRY



DISAPPOINTED



FRUSTRATED



SILLY



HOPEFUL



LEFT OUT



EXCITED



JEALOUS



CURIOUS



CRANKY



SENSITIVE



PROUD



INSECURE



GRATEFUL



LOVED



GUILTY



UNCOMFORTABLE



SHY



HURT



SURPRISED



SCARED



KIND

©2012 Plushy Feely Corp.

www.kimochis.com

Social Emotional Development & Social Systems Cognitive Activities



Activity #1 Title	Learning Goal/Objective	Materials
Learning Human Emotions	Learning to understand emotions in self and others	Angry Face, Sad Face, Happy Face, Crying Face, Surprised Face
Activity/Lesson Description		
Spend time with your child and show them what each face means, and try to have them mimic what you're doing, while saying which face you are representing. After a while ask them to show you a face that they learned and watch as they make their own impression of that emotion		

Activity #2 Title	Learning Goal/Objective	Materials
Conscious Discipline I Love You Rituals Round and Round the Garden	Builds self-esteem, fosters connection and cooperation, promotes brain development	eye contact, touch, presence, playful
Activity/Lesson Description		

Round and round the garden, Goes the teddy bear.

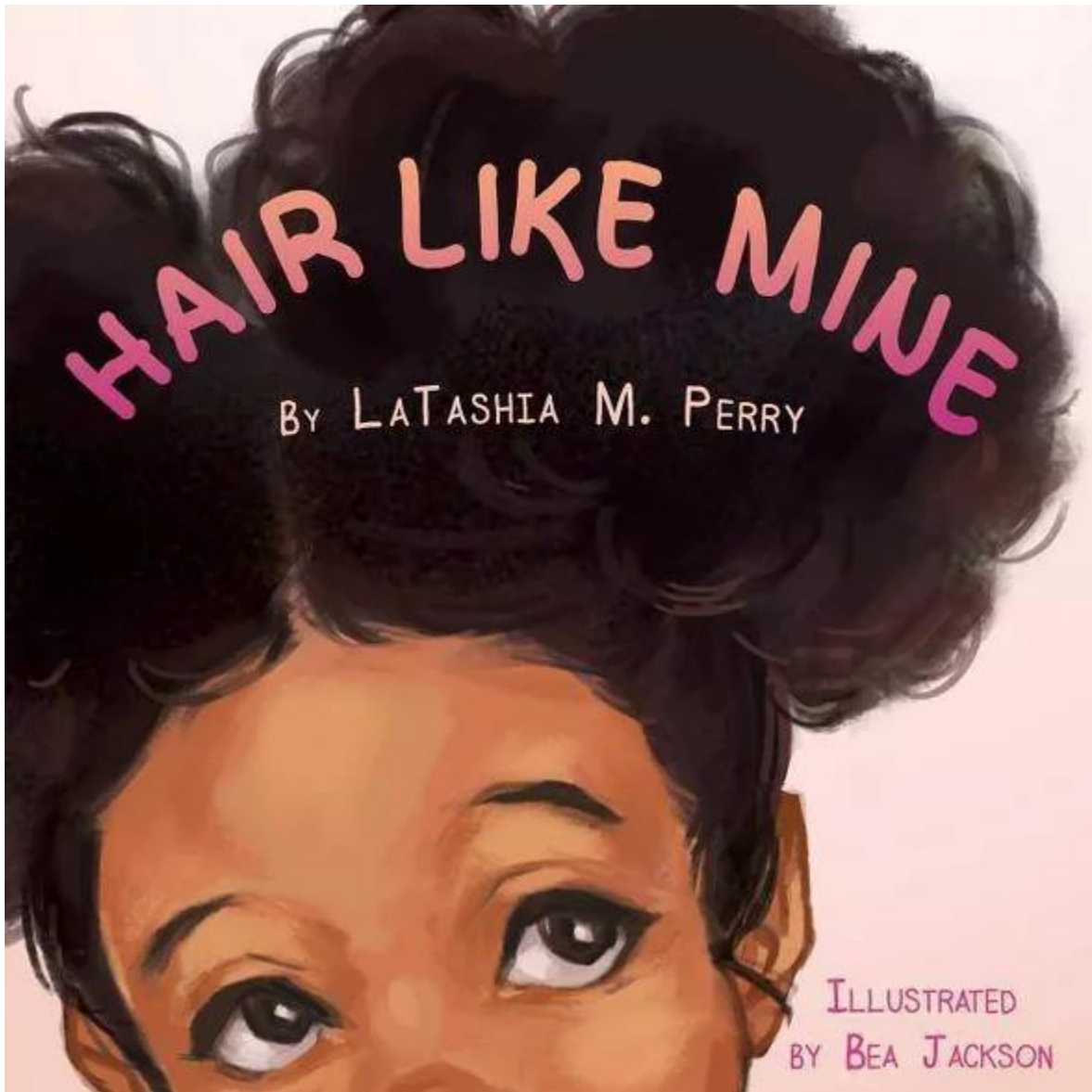
One step, two steps,

Tickle you under there!

<https://youtu.be/4c0s7Q4ESyo>

Activity #3 Title	Learning Goal/Objective	Materials
Conscious Discipline I Love You Rituals Twinkle Twinkle Little Star	Builds self-esteem, fosters connection and cooperation, promotes brain development	eye contact, touch, presence, playful
Activity/Lesson Description		
Twinkle twinkle little star, What a wonderful child you are. With bright eyes and nice round cheeks, a talented person from head to feet. Twinkle twinkle little star, What a wonderful child you are. https://youtu.be/C3PtrInUm4U		

Language, Literacy & Communication Activities



Activity #1 Title	Learning Goal/Objective	Materials
New ways to read a book	Literacy development, fine motor skills	Short children's book
Activity/Lesson Description		
<p>Pick a book to read this week. On Monday, read the book as written and help your child turn the pages. On Tuesday, look through the book and physically point out and name the prominent colors on each page. On Wednesday, look through the book and physically point out and name the shapes on each page. Help your child trace the shape with their finger. On Thursday, look through the book and physically point out and name the objects and characters on the page. Name animals and make the animal's noises. On Friday, reread the story including shapes, colors and noises.</p>		

Activity #2 Title	Learning Goal/Objective	Materials
ABC's	Learning ABC's, music	Crayon and paper
Activity/Lesson Description		
Sing the ABC's while writing them so your child can learn that letter recognition		

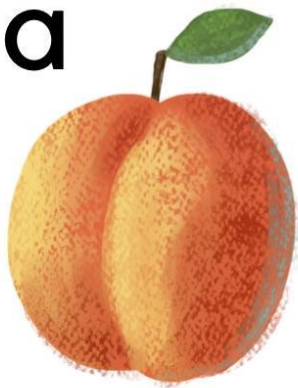
Activity #3 Title	Learning Goal/Objective	Materials
Read Little Blue and Little Yellow	Building a foundation in literacy	https://youtu.be/mxN8-rWdn88
Activity/Lesson Description		
Read this Story. Use the color mixing sensory activity and the color cards in nature as an extension.		

Activity #4 Title	Learning Goal/Objective	Materials
Talk about it All	Building Vocabulary	Your Voice
Activity/Lesson Description		
Talk about the everyday activities (diaper changes, cleaning, cooking) you usually think about silently. This will help your child learn vocabulary and patterns of speech.		

Activity #5 Title	Learning Goal/Objective	Materials
Relating Books to Home	Vocabulary building	Children's Book
Activity/Lesson Description		
When you read to your child, be sure to make connections from the story to home. example: If the book has a baby, mom, bed, or book, show baby the same objects at home		

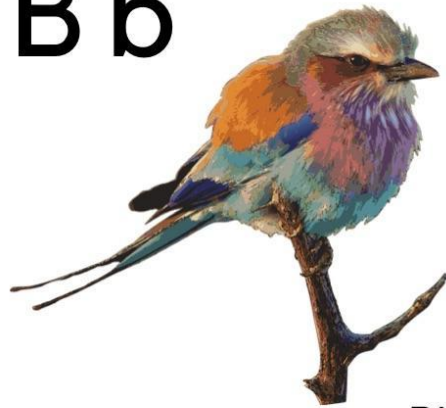
Cut and use these alphabet cards to identify animals and letters.

A a



Apricot

B b



Bird

C c



Cloud

D d



Deer

E e



Earth

F f



Fox

G g



Giraffe

H h



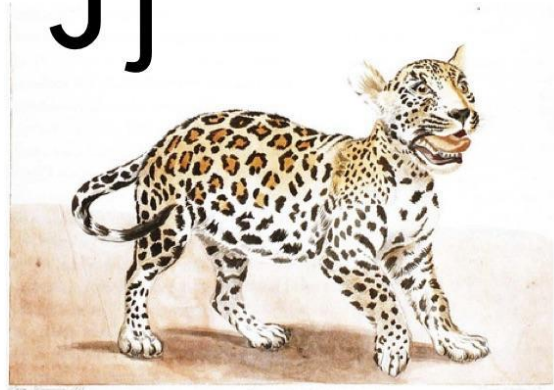
Honeybee

Ii



Insect

Jj



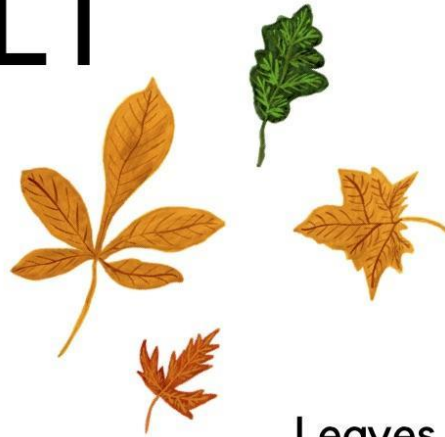
Jaguar

Kk



Kiwi

Ll



Leaves

M m



Mushroom

N n



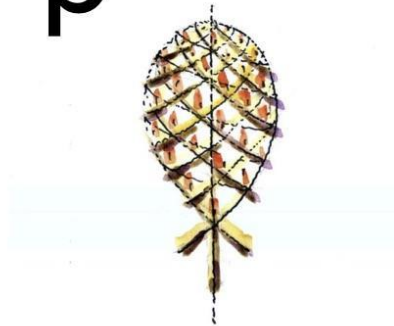
Nightshade

O o



Ocean

P p



Pinecone

Q q



Quail

R r



Rain

S s



Succulent

T t



Tree

U u



Urchin

V v



Venus Fly Trap

W w



Whale

X x



X-Ray Fish

Y y



Yarrow

Z z



Zebra

Aa Bb Cc Dd

Ee Ff Gg Hh

Ii Jj Kk Ll Mm

Nn Oo Pp Qq

Rr Ss Tt Uu Vv

Ww Xx Yy Zz

The Arts & Sensory Activities



Activity #1 Title	Learning Goal/Objective	Materials
Handprint Kite	Sensory stimulation, fine motor skills	Construction paper, washable paint, paintbrush or sponge, marker
Activity/Lesson Description		
<p>Gently paint your child's hand. Massage the slimy paint in their hand and onto their fingers. Let them move their hand independently and feel it and explore it in their hand. After they have explored the texture, repaint their hand if needed and stamp their hand onto the paper. Wash the paint off and let them feel the soapy water. Draw a "string" from the palm of their hand. Paint one finger a different color and help your child make fingerprint dots to make a tail along the string. Wash their hand again. Let dry and enjoy your spring art!</p>		

Activity #2 Title	Learning Goal/Objective	Materials
Scented Shaving Cream	Sensory stimulation, fine motor skills	Paint, scented shaving cream or whip cream, white construction paper, cardboard
Activity/Lesson Description		
<p>Take your shaving cream art to another level by adding scent! First allow the child to play with some so they can get used to the cream and explore it, then once they feel more comfortable with the cream add drops of paint and let them mix it around. Once the design is finished, place a piece of paper on top of the painted shaving cream. Press down gently to ensure the design transfers to the paper. Carefully remove the paper. Scrape the excess off of the paper with cardboard and there will be a masterpiece on the construction paper.</p>		

Activity #3 Title	Learning Goal/Objective	Materials
Edible Moon Sand	Sensory Play, motor development	Brown Sugar, tub, cups and mold
Activity/Lesson Description		
Make an easy sensory tub by dumping some brown sugar in a tub and adding some measuring cups and molds.		

Activity #4 Title	Learning Goal/Objective	Materials
Nature Walk Bracelets	Sensory ,color recognition, fine motor skills	Duct Tape reversed
Activity/Lesson Description		
Go on a nature walk with your child wearing a duct tape bracelet with the sticky side out.		

Activity #5 Title	Learning Goal/Objective	Materials
Color Mixing Play Dough	Sensory development, color sense	Red, blue, or yellow playdough
Activity/Lesson Description		
Give your child a small ball of blue and yellow (or yellow and red) playdough and allow them to mix it together to see what happens.		

Mathematics and Science Activities



Activity #1 Title	Learning Goal/Objective	Materials
Counting Leaves	Number Sense	Leaves
Activity/Lesson Description		
Go on a Nature walk and collect leaves, bring them home to count.		

Activity #2 Title	Learning Goal/Objective	Materials
What Happens to a Leaf?	Foundational Science	Green Leaves
Activity/Lesson Description		
Collect leaves and lay them out on a flat surface, and watch how they change daily.		

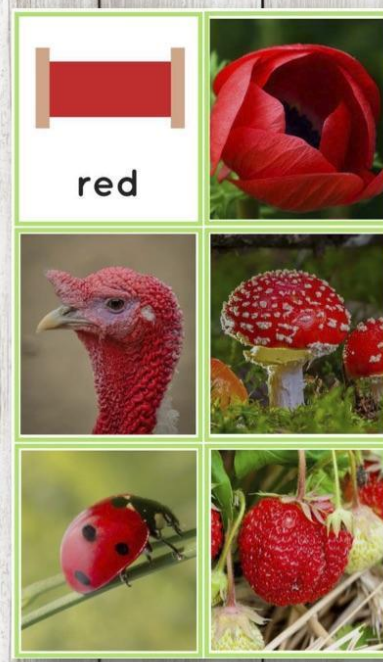
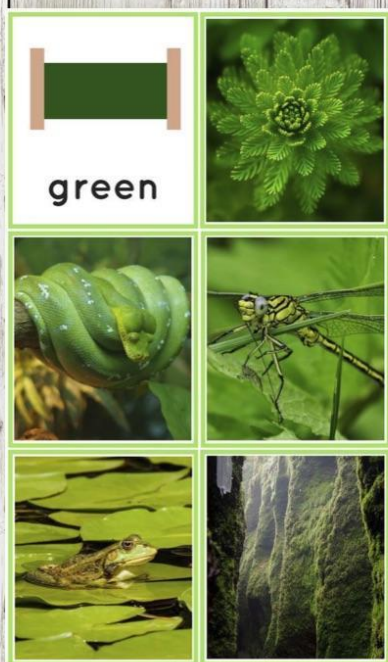
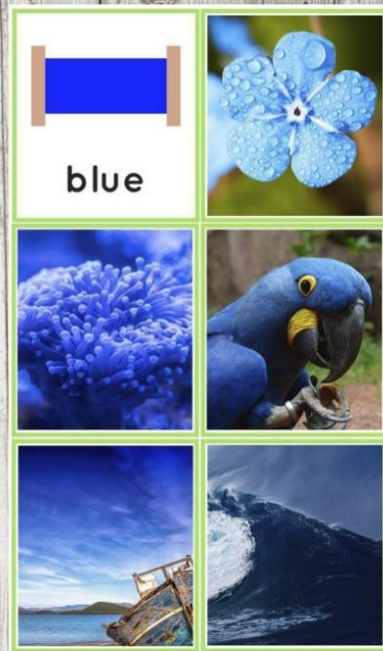
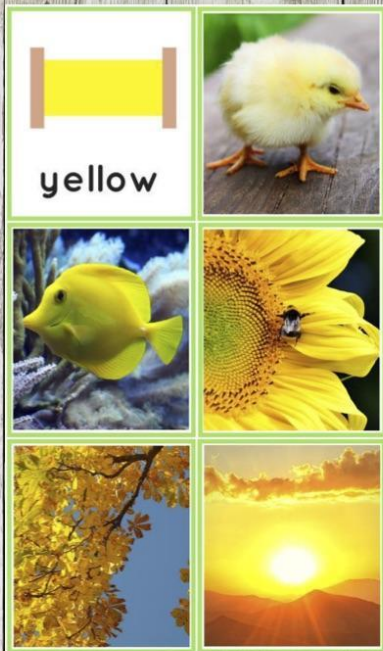
Activity #3 Title	Learning Goal/Objective	Materials
Counting with the five little Monkeys Song	Number Sense	Five Little Monkeys Song
Activity/Lesson Description		
Cut a circle out of paper and write numbers 1 to 5 in each circle. Glue the circle to the craft stick. When singing with your child use the numbers. You can also use just your fingers while singing.		

Activity #4 Title	Learning Goal/Objective	Materials
Weeding the Garden	Counting, Color Recognition	Play-doh, colored craft sticks (can be colored on craft sticks)
Activity/Lesson Description		
Roll Play-doh into a large clump and insert the colored craft sticks. Ask your child to hand you a particular quantity or color. For example, “2 blue” or “5 red”. Continue to weed the colors until they are all out.		

Activity #5 Title	Learning Goal/Objective	Materials
Colors in Nature	Identify Colors	Colors in Nature Printout, found objects of various colors
Activity/Lesson Description		
Use the colors in nature poster to sort household items by color.		

Supplemental Math Activity:

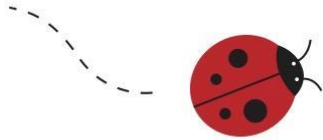
Cut out the ladybug counting cards and count with your toddler.



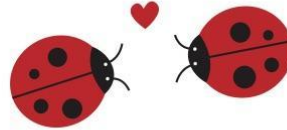
Colours in Nature

montessorinature.com

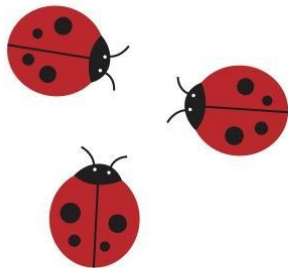
Cut This Line



1



2



3

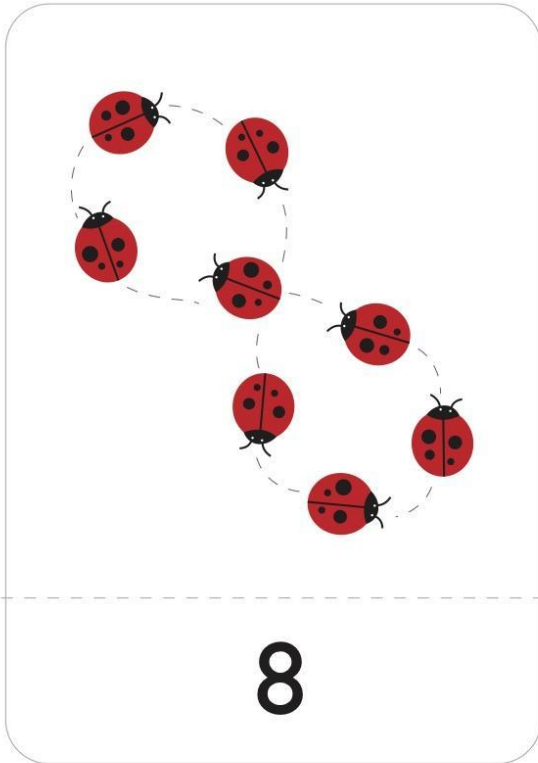
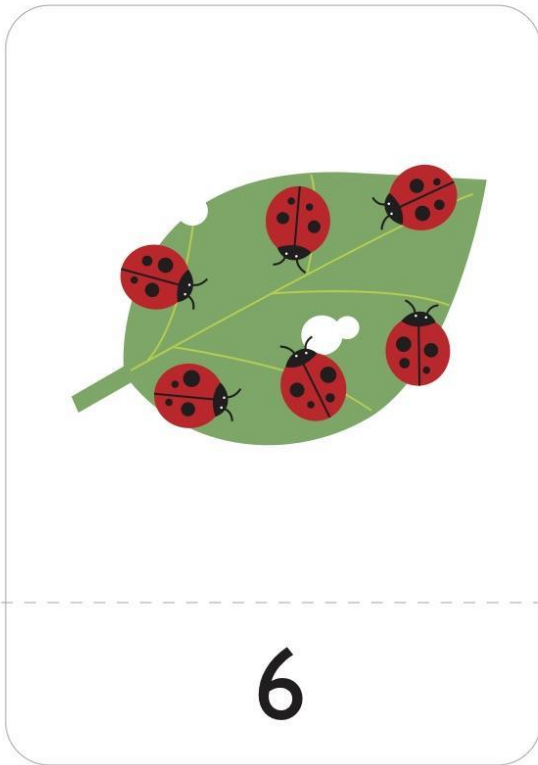
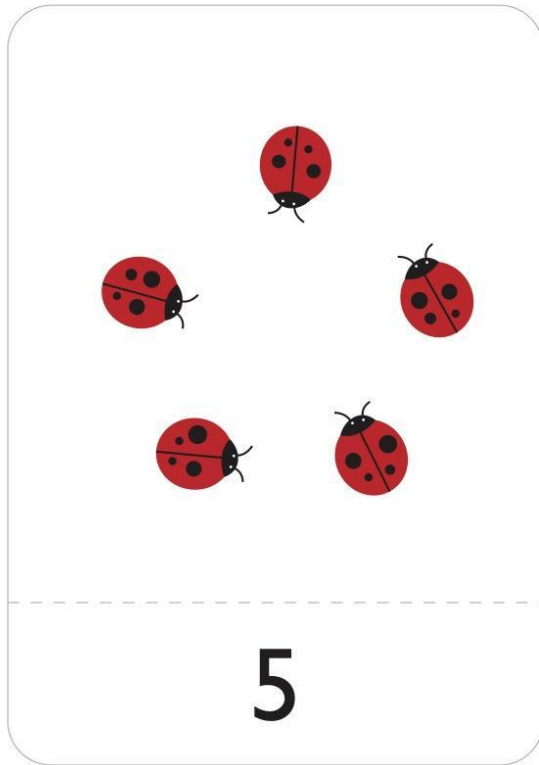


4

MRPFC03

NUMBER FLASH CARDS WITH LADYBIRDS For classroom and personal use only. NOT FOR SALE. www.mrprintables.com ©mrprintables 2010 All rights reserved.

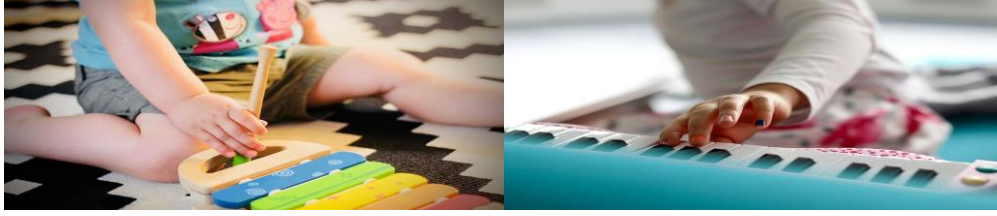
Cut This Line



MRPFC03

NUMBER FLASH CARDS WITH LADYBIRDS For classroom and personal use only. NOT FOR SALE. www.mrprintables.com ©mrprintables 2010 All rights reserved.

Music and Movement Activities



Activity #1 Title	Learning Goal/Objective	Materials
Spring Dance	Physical and Musical Development	YouTube: https://www.youtube.com/watch?v=hvPrISCgEt0
Activity/Lesson Description		
Dance along with your little one and learn the body movements of this cute spring song. It encourages movement, and it helps their motor skills.		

Activity #2 Title	Learning Goal/Objective	Materials
Animal Actions	Building Musical and movement skills	This song: https://youtu.be/4aVO_31rNQw
Activity/Lesson Description		
Play song and use the prompt to move like the animals.		

Activity #3 Title	Learning Goal/Objective	Materials
If You're Happy and you know it.	Building musical and social emotional skills	Your voice
Activity/Lesson Description		
Sing this song and try clapping along while using your face and body to express emotions.		