

# Jeremiah Program

## Early Childhood Distance Learning Materials



## Young Preschool

# Week #1

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# Home Learning Board

## Preschool

**DIRECTIONS FOR EACH DAY THIS WEEK:** The goal is to do 5 activities, one in each area. After you complete an activity, color in the box to show it's done. The goal is to have a blackout by the end of the week, with every box colored in. Get ready...Get Set...LEARN!

<b>L</b> <b>Literacy</b>	<b>E</b> <b>Exercise</b>	<b>A</b> <b>Arts</b>	<b>R</b> <b>Regulation</b>	<b>N</b> <b>Numbers</b>
Read 15 minutes with your child. <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Have a family dance party!	Draw a picture of what you are doing today	Who are your safe keepers? Can you draw them?	Count 1 to 20
Use handwriting sheet to write name	Create an obstacle course in your home. Run it 5 times.	Make up a new song	Practice <b>STAR</b> breathing. Smile, Take a deep breath, and Relax. Fill up your belly like a balloon and slowly let it out. Do this 3 times	Find items in your house you can make patterns with. Can you make an AB pattern?
Retell main events in your favorite book	Find color freeze dance on YouTube and dance to it	Use objects from around your house to create a new art project	Choose a job that you can do today to help your family	Complete one lesson from the math packet
Complete one lesson from the literacy packet	Go outside and practice skipping, hopping on two feet, galloping, and running	Complete one lesson from the STEAM packet	What did you do today to show kindness? Draw a picture of it.	Find shapes in your house and draw them on paper
Name some words that rhyme with: Cat, dog, bed, map	Do each stretch for a 10 second hold and repeat 3 times: Baby pose, up dog, down dog, tree pose	Use scissors to practice cutting paper in straight lines and zig zag lines	Help your child make a daily schedule that you can put up in your house	Find a block and use it to measure your bed, a table, and a chair. How many blocks tall are they?
Use a magazine to cut out the letters of your name and glue them to a piece of paper.	Draw a picture of what foods give you energy	Play your favorite song and clap to the beat	Help your child identify a space to go to help them feel calm.	Count how many forks and how many spoons are in your house. How many all together?

**Daily Check-In:** Tell me how you're feeling today?



Happy/Excited



Calm/Relaxed



Anxious/Worried



Sad/Upset



Angry/Frustrated



## **Math and Literacy in Early Childhood**

Dear Parents and Caregivers,

Math and literacy are exciting for young learners! Math helps children make sense of the world around them. Through mathematics, children learn to understand their world in terms of numbers and shapes. They learn to reason, to connect ideas, and to think logically. Mathematics is more than the rules and operations we learned in school. It is about connections and seeing relationships in everything we do. Literacy introduces children to rhyming, singing, talking, and eventually reading. These skills begin developing at birth and can profoundly influence learning and language development, the foundations for other areas of growth. Developing early literacy skills makes it easier for children to learn to read which is an essential skill for success in school and later in life.

Children learn best when they are interested and even excited about what they are doing. As a parent, you have the special opportunity to make the most of the moments during the day when your children are curious. Babies or toddlers may just point to objects to ask what they are. Describe it for them, "Oh, that's a pink flower" or "the chair has a square seat." As your children get older, they may ask "how many?" or "what color. . . ?" These questions encourage children to think. While planned activities are wonderful, you don't even have to plan in advance. Just take advantage of learning opportunities that happen naturally. You can turn these times into teachable moments. When you use daily events that have meaning to your children, the impact is very powerful.

To support your child's math and literacy education at home, we have provided a variety of activities. Some are simple and can be done in just a few minutes with no materials, while some are a bit more complex. As you incorporate these activities into your daily routine, your child's understanding of early childhood math and literacy concepts will grow!

You will notice that we are providing activities for the next age group above your child's current age. Start with the ones in your child's age group, but look through the other sections as well - many of the activities are perfect for other ages as well, and can provide your child continued opportunities to learn! Finally, we have included the classroom schedule, as well as some blank sample daily schedules that families may want to utilize at home.

Happy Learning!

# Early Childhood Math Resources

## Websites

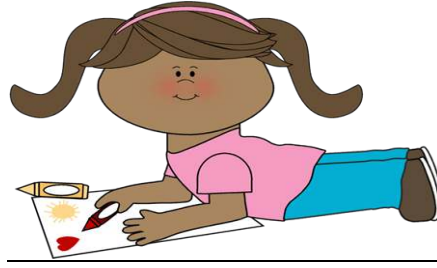
- Math at Home Toolkit (National Association for the Education of Young Children)- A fantastic list of resources, activities and information!  
<https://www.naeyc.org/math-at-home>
- Early Math Matters- A variety of games and activities to build on early learning math concepts. <http://www.getreadytoread.org/early-learning-childhood-basics/early-math/>
- Zero-to-Three Math Resources- Helpful explanations of math concepts, and ideas to teach them to young children in an engaging way.  
<https://www.zerotothree.org/resources/299-help-your-child-develop-early-math-skills>

## Favorite Math Books

- *Chicka Chicka 123* by Bill Martin, Jr.
- *My Very First Book of Numbers* by Eric Carle
- *One Duck Stuck: A Mucky Ducky Counting Book* by Phyllis Root
- *How do Dinosaurs Count to Ten* by Jane Yolen
- *Inch by Inch* by Leo Lionni

## Apps & Interactive Websites

- ABCMouse.com
- PBSKids.org/games/math
- Endless Numbers- Free on iPhone and Android
- Quick Math, Jr.- \$2.99 on iPhone and Android
- Splash math- Free on iPhone and Android
- Kahn Academy Kids- Free on iPhone and Android



## **Math Activities - Young Preschool**

- 1. Counting Objects:** Take 5 pieces of paper, and number them 1,2,3,4,5 or outside, you can draw boxes on the ground with chalk and write one number in each box, Then, work together to find items and place the correct number of each item on each piece of paper or in each box (ie. 1 item on the 1 paper, 2 items on the 2 paper...) Inside, you can do this with items like coins, buttons, Cheerios, crackers or sticker. Outside, you can try pine cones, rocks, dandelions or acorns! If your child has mastered the activity, try adding in numbers 6-10!
  - **This Activity Teaches: Fine Motor Skills, Language, One-to-One Correspondence Counting, Hand-Eye Coordination**
- 2. Make a Pattern:** Gather a variety of household objects (some that are similar, some that are different.) Use the items to make a variety of patterns. You can make an AB pattern (ie. big book, small book, big book, small book), and ABC pattern (coin, button, Cheerio, coin, button, Cheerio) or even try an ABB pattern (erasor, pencil, pencil, erasor, pencil, pencil)! As you make patterns, talk with your child about each item- its size, color, shape, name; and how the objects are the same and different. For a fun twist, do this outside and find items from nature for your patterns- rock, pine cone, rock, pine cone!
  - **This Activity Teaches: Fine Motor Skills, Language, Hand-Eye Coordination, Pattern Recognition**
- 3. For more learning fun, work with your child to complete the worksheets on the following pages!**

Name: \_\_\_\_\_

Count, add and write the sum in the box

$$\begin{array}{|c|} \hline \text{2 apples} \\ \hline \end{array} + \begin{array}{|c|} \hline \text{3 apples} \\ \hline \end{array} = \begin{array}{|c|} \hline \phantom{0} \\ \hline \end{array}$$

$$\begin{array}{|c|} \hline \text{2 apples} \\ \hline \end{array} + \begin{array}{|c|} \hline \text{1 apple} \\ \hline \end{array} = \begin{array}{|c|} \hline \phantom{0} \\ \hline \end{array}$$

$$\begin{array}{|c|} \hline \text{1 apple} \\ \hline \end{array} + \begin{array}{|c|} \hline \text{1 apple} \\ \hline \end{array} = \begin{array}{|c|} \hline \phantom{0} \\ \hline \end{array}$$

$$\begin{array}{|c|} \hline \text{2 apples} \\ \hline \end{array} + \begin{array}{|c|} \hline \text{2 apples} \\ \hline \end{array} = \begin{array}{|c|} \hline \phantom{0} \\ \hline \end{array}$$

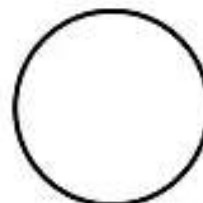
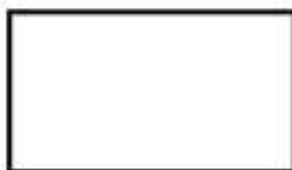
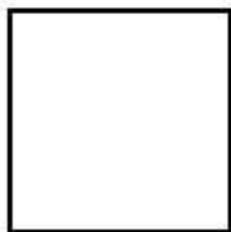
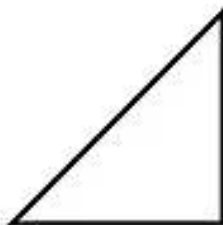
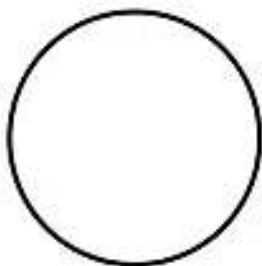
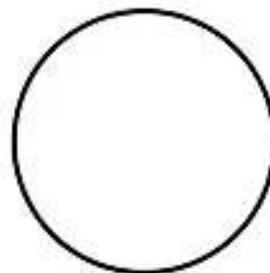
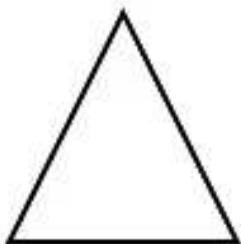
$$\begin{array}{|c|} \hline \text{4 apples} \\ \hline \end{array} + \begin{array}{|c|} \hline \text{1 apple} \\ \hline \end{array} = \begin{array}{|c|} \hline \phantom{0} \\ \hline \end{array}$$



Name: \_\_\_\_\_

### Circle

Color the circles. Count them and write the number below.



There are  circles.



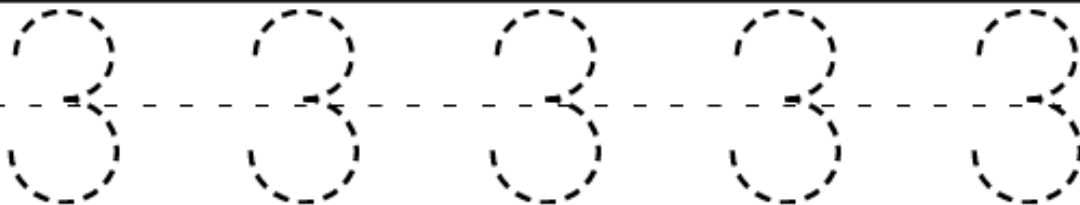
Name: \_\_\_\_\_

Pre-K/Kinder

Writing numbers

# Tracing numbers 1-5

Directions: Trace all the numbers.





## **Math Activities - Older Preschooler**


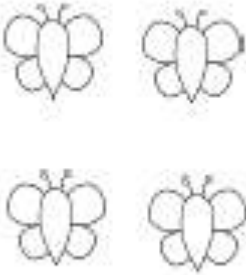
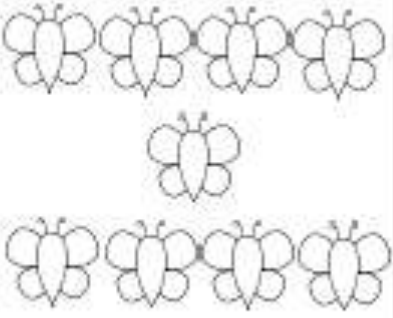

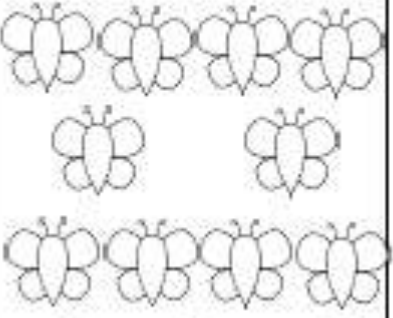
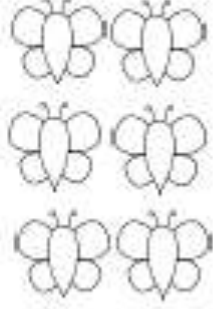
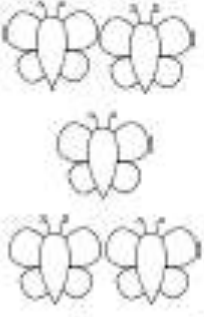
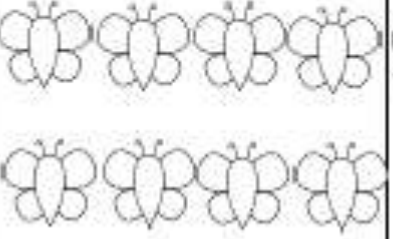
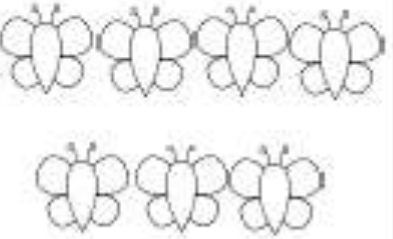
- 1. 2D Shape Scavenger Hunt:** Challenge your early learner to help you find two-dimensional shapes (such as circles, squares, rectangles, ovals, and triangles) in different environments, like in your apartment, on a neighborhood walk, or at a local park. Take turns finding a shape, First, you can find a circle. Then, challenge your child to find one. Go back and forth with different shapes. Once your child has mastered the game, add more challenges! You can track each shape you find on a chart with tally marks. For even more fun, try adding a time limit- “Can we find 7 circles in 5 minutes?” When you feel your child is ready, add in 3D shapes, like cubes and spheres!
  - **This Activity Teaches: Shape Recognition, Language, Hand-Writing, Time-Keeping**
- 2. The Big Count:** Find objects in your home like dried beans, crackers, canned goods, rubber bands, coins or small toys. Line the toys up in 3 rows of 10. Practice counting each object while touching it, 1-30. Make a game of it! If a mistake is made, start back at 1 and see how fast you can finish counting all of the objects. For an added challenge, continue adding items to see how high your child can count. If your child has mastered this, try counting backwards (try 1-5 or 1-10).
  - **This Activity Teaches: One-to-One Correspondence Counting, Addition, Subtraction**
- 3. For more learning fun, work with your child to complete the worksheets on the following pages!**



Name \_\_\_\_\_

# How Many Butterflies?

Count the pictures and circle the number.

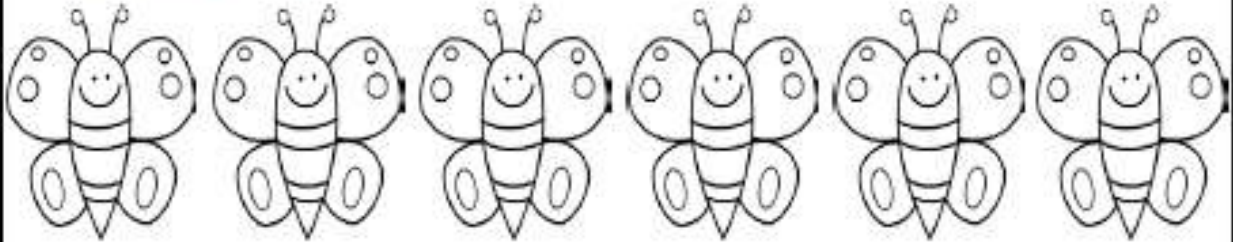
 2   3   4	 2   3   4	 7   8   9
 2   3   4	 8   9   10	 6   7   8
 3   4   5	 6   7   8	 7   8   9

# Garden Butterfly

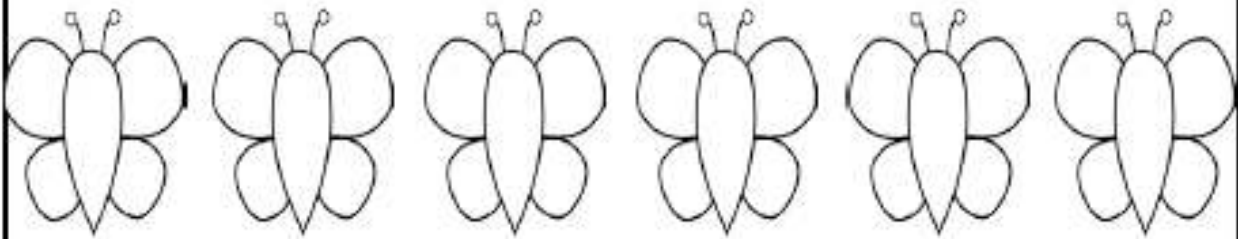
Name \_\_\_\_\_

## Patterns

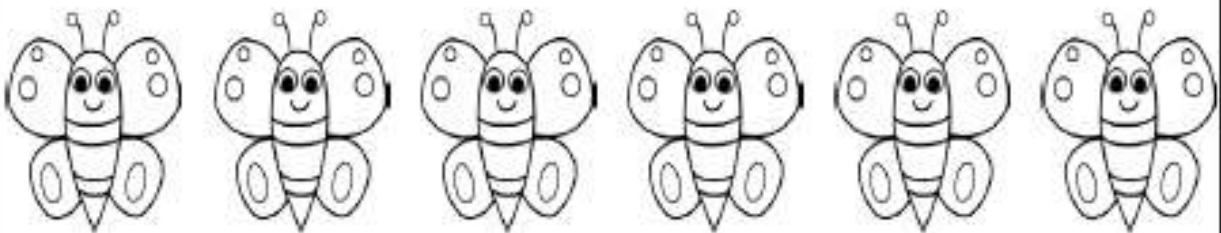
Color an AB pattern.



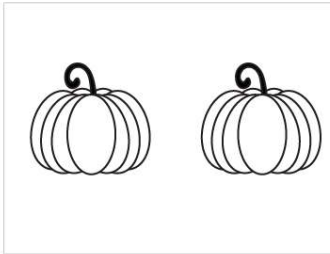
Color an ABC pattern.



Color an ABB pattern.

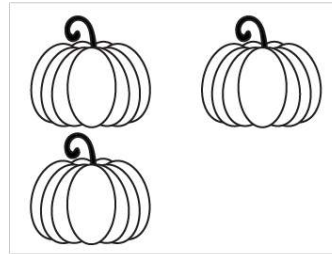


# Addition



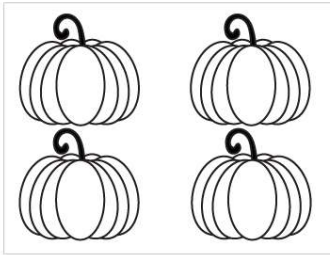
2

+



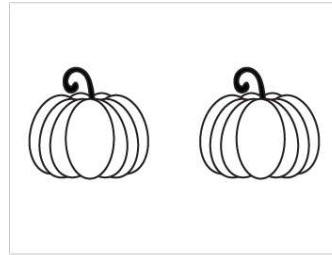
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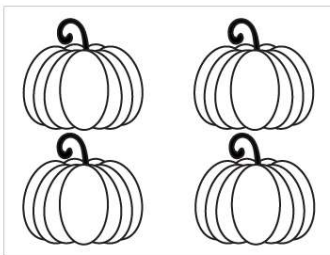
4

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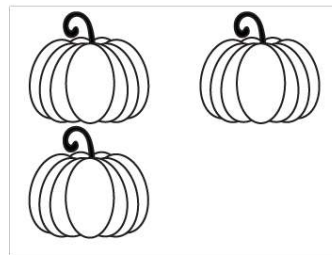
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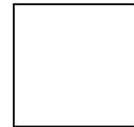
4

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3

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2

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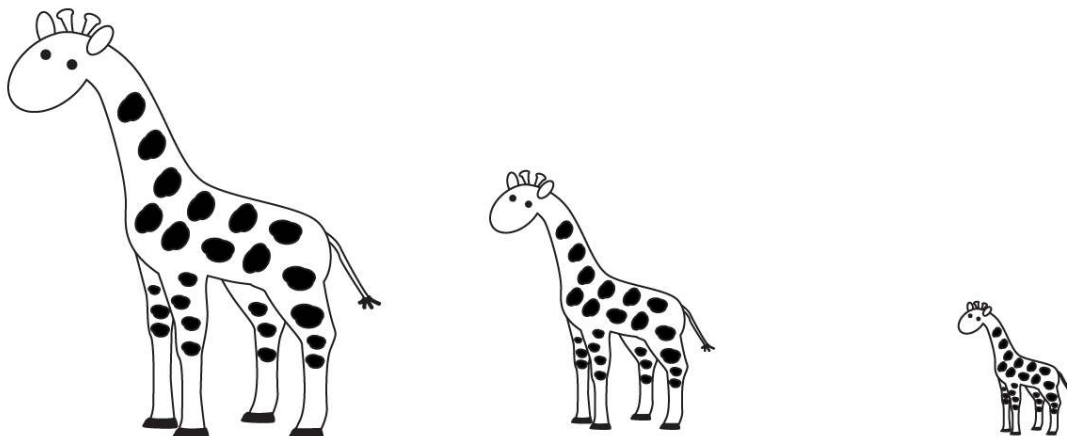
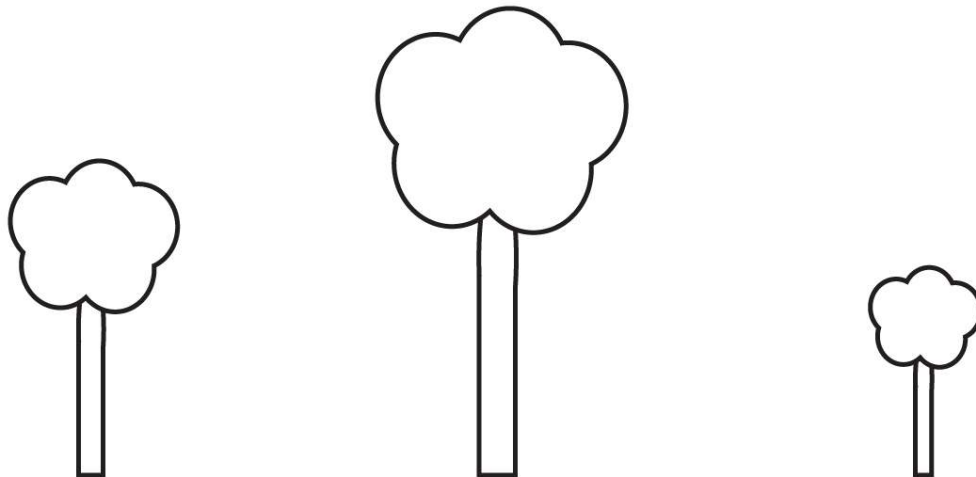
2

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# Tallest

Circle the tallest one.



## Literacy Activities – Preschool

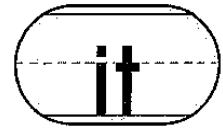
- Make a family book, let the children pick out favorite pictures and create their own story
- Read stories and ask the children to make predictions. After reading the book ask lots of questions and let them sequence the events!
- Use spiral notebooks to create journals: Take key words out of books and have the children write them. Ask a question and have them draw the answer.
- Read and follow a simple recipe asking lots of questions can you find the word milk or egg, what numbers do you see on a measuring cup
- Create memory games with rhyming words, pictures and upper and lower case letters.
- Have the children write a post card to someone
- Puzzles
- Simple worksheets

Here are some of our preschool classroom's favorite books 😊

- Abiyoyo by Pete Seeger
- Capes for Sale by Esphyr Slobodkina
- Dragons love Tacos by Adam Rubin
- Chica Chica Boom Boom by Bill Martin Jr.
- Too Many Tamales by Gary Soto & Ed Martinez
- The Apple Pie Tree by Zoe Hall



**Sight Word**



Name: \_\_\_\_\_

Write the sight word on the lines.

# What Is It?

Is        i   red?

Is      black,

with spots on its back?

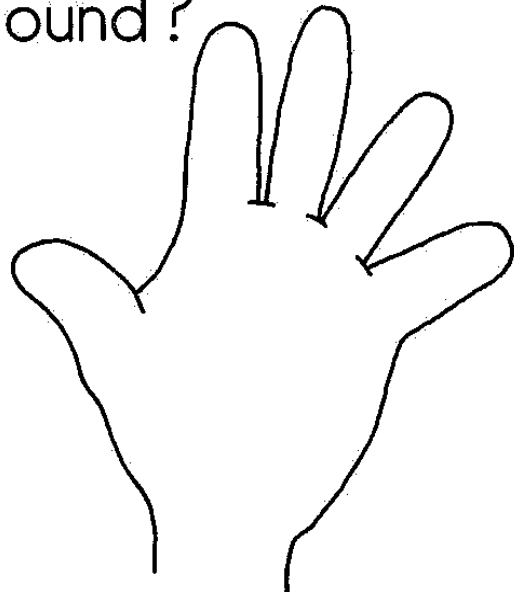
Is      small?

Is      round?

Can      fly all around?

Is      a ladybug

I just found?



**Draw a ladybug on the hand.**




Sight Word


see

Name: \_\_\_\_\_

Write the sight word on the lines.

# I See


I see a cat. 

I \_\_\_\_\_ a dog. 

I \_\_\_\_\_ a turtle. 

I \_\_\_\_\_ a frog. 

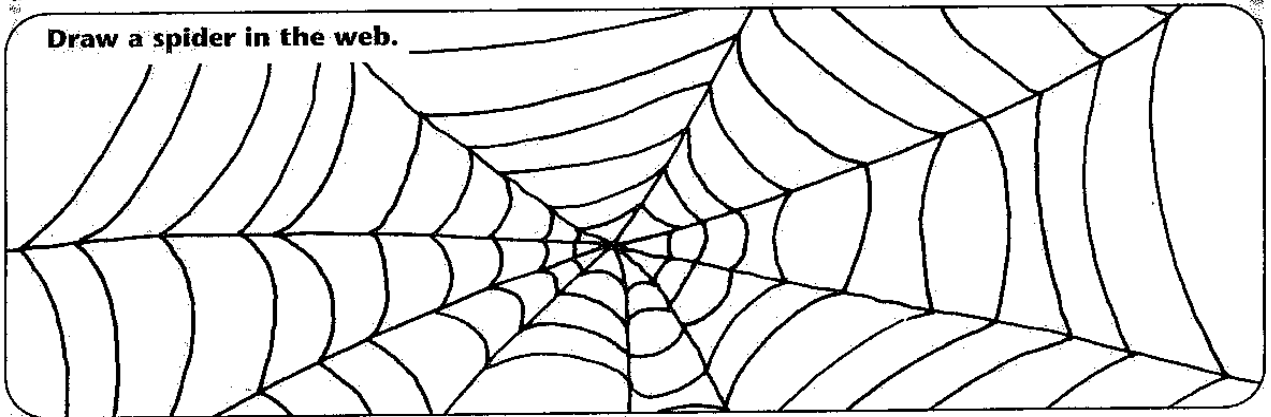
I \_\_\_\_\_ a ladybug. 

I \_\_\_\_\_ a bee. 

I \_\_\_\_\_ a spider. 

A spider sees me!

Draw a spider in the web.



Sight Word

can

Name: \_\_\_\_\_

Write the sight word on the lines.



# I Can Hop



I can hop like a frog.

I \_\_\_\_\_ swim like a fish.



I \_\_\_\_\_ look at a star.



I \_\_\_\_\_ make a wish!

I \_\_\_\_\_ hop like a bunny.

I \_\_\_\_\_ creep and leap.



I \_\_\_\_\_ go to bed.

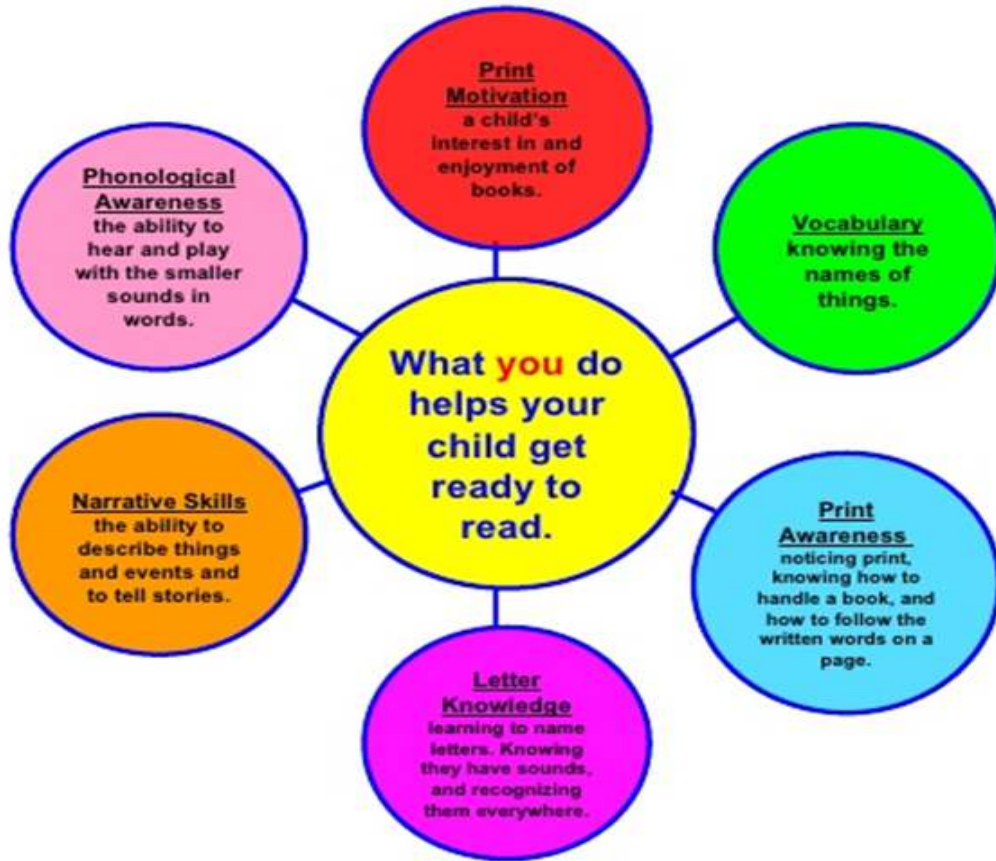
I \_\_\_\_\_ fall asleep.



## Good Night!



# Six skills every child needs to be “Ready to Read”



## Handwriting Activities

Children as young as 2 years old begin to imitate the act of writing by creating drawings and symbolic markings that represent their thoughts and ideas. This is the beginning of a series of stages that children progress through as they learn to write. Handwriting skills, such as the development of name writing proficiency, are important predictors of children's future reading and writing skills.

There are many ways to get your child writing, the most important part of emergent writing is to concentrate on the process of writing and not the product the child is producing. Preschoolers need to draw, paint, trace and inventive spell to begin their writing process. Don't worry too much if your child isn't interested in the tracing sheets, maybe they want to play with playdoh more, that is okay, turn that into an handwriting lesson by making their name with the playdoh.

**Here are some activities you can do with your child at home to develop their writing skills 😊**

Around the House Letters: Use a tracing sheet to find items around the house that match that letter. Example: T for TV, C for chair. Use some paper and draw pictures of them.

Chalk Letters: Use sidewalk chalk outside and draw different lines; zig-zag, curly, straight, shapes, etc. Then use the chalk to try to write your name. Allow the child to experiment writing their name all by themselves and see how it comes out. Writing for preschoolers might have a couple letters in their name mixed with some scribbles. Take a picture of your child and their creations!

Playdoh Letters: Use playdoh to create letters. Allow your child to experiment with playdoh to make the letters. Using playdoh is great for hand muscle development which is critical to handwriting.

Sorting: Take small objects like marbles, coins, small blocks, hair ties, hair clips, etc. and place them in a bowl or a tub. Have your child sort them by attribute (color, size, type, etc). This works the pincher grasp which is an essential muscle function to handwriting.










Pretend Story: Have your child pick out their favorite story and sit and read it together. After the story is over, have your child make their own story on paper.

They can draw the scene, and allow them to “write” the words to the story. Once they are done, ask them what their story says. Inventive writing is a stage of writing and is a great way to get your child practicing their letters.

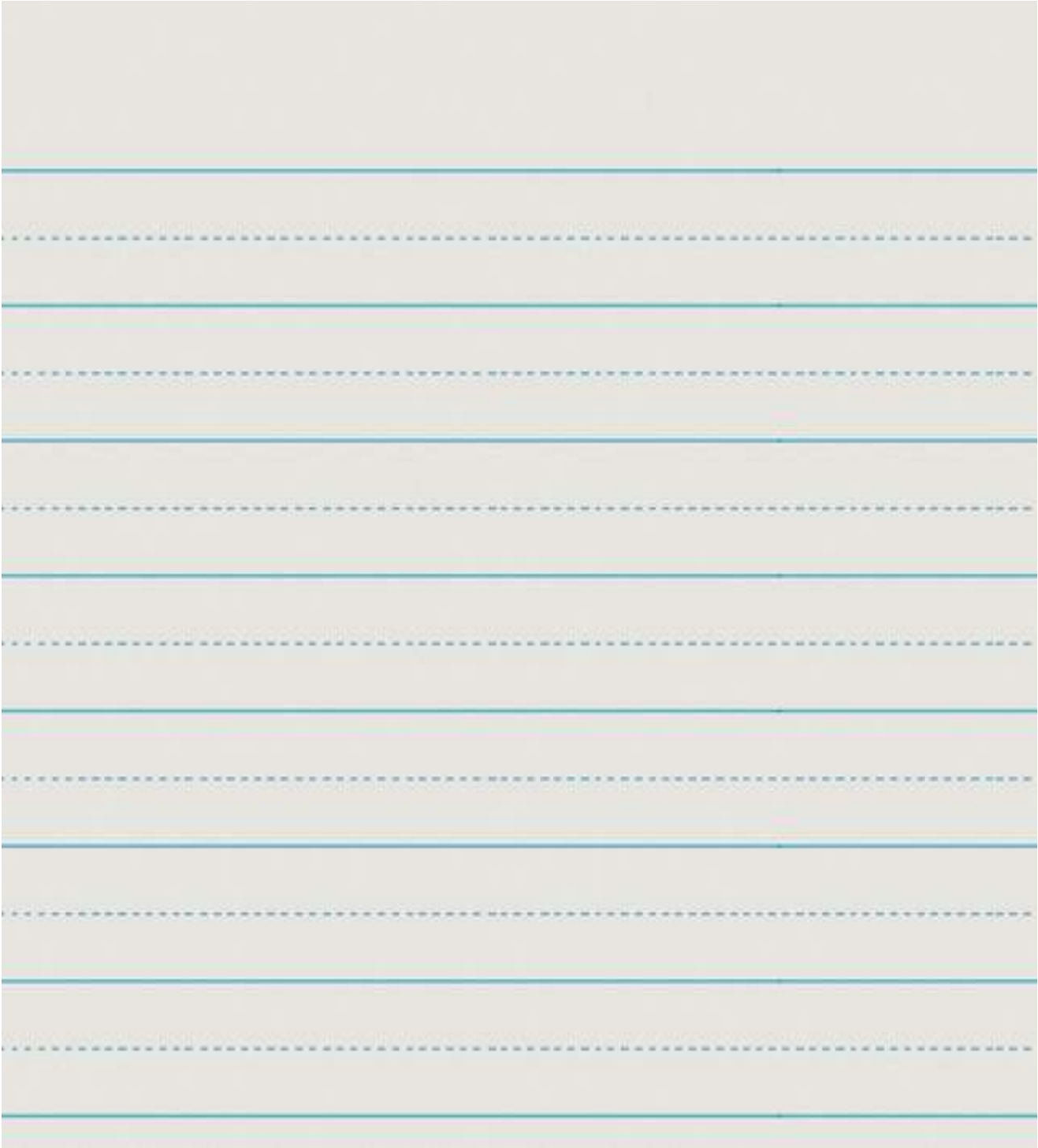
Finger Paint Letters: Draw some block letters on a paper and give your child some finger paint. Allow your child to dip their finger into the paint and trace the letters on the paper.

See the chart on the next page to determine your child’s current level of writing.

## Stages of Emergent Writing

Stage	Description	Example
<b>Drawing</b>	Drawings that represent writing	
<b>Scribbling</b>	Marks or scribbles the child intends to be writing	
<b>Wavy scribbles or mock handwriting</b>	Wavy scribbles that imitate cursive writing and have a left-to-right progression; child pretends to write words	
<b>Letter-like forms or mock letters</b>	Letters and marks that resemble letter-like shapes	
<b>Letter strings</b>	Strings of letters that do not create words, written left to right, including uppercase and lowercase letters	
<b>Transitional writing</b>	Letters with spaces in between to resemble words; letters/words copied from environmental print; letters often reversed	
<b>Invented or phonetic spelling</b>	Different ways to represent the sounds in words; the first letter of the word or beginning and ending sounds represent the entire word	
<b>Beginning word and phrase writing</b>	Words with beginning, middle, and ending letter sounds; short phrases	
<b>Conventional spelling and sentence writing</b>	Correct spelling of words, generally the child's name and words such as <i>mom</i> and <i>dad</i> ; sentences with punctuation and correct use of uppercase and lowercase letters	

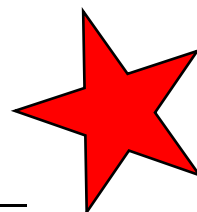
**Handwriting practice: Write your child’s name on the first line. Have them practice on the following lines. If they are already writing their name, try words from a favorite book, family or friends names, or even their teachers! Encourage children to write both upper and lower case letters as they put together words.**



## Preschool Classroom Daily Schedule

<b>7:30 am – 8:30am</b>	<b>Good Morning/Free Choice</b>
<b>8:30 am – 9:00am</b>	<b>Breakfast</b>
<b>9:00am – 10:00am</b>	<b>Free choice, Bathroom, Outside (weather permitting)</b>
<b>10:00am – 11:00am</b>	<b>Time, Small Groups, Free Choice</b>
<b>11:00am – 11:30am</b>	<b>Muscle Room/Outside</b>
<b>11:30am – 12:00pm</b>	<b>Lunch</b>
<b>12:00pm – 12:15pm</b>	<b>Bathroom/Reading Time</b>
<b>12:15pm – 3:00pm</b>	<b>Rest Time/Bathroom</b>
<b>3:00pm – 3:30pm</b>	<b>Snack</b>
<b>3:30pm – 5:00pm</b>	<b>Circle Time, Journals, Free Choice</b>
<b>5:00pm – 6:00pm</b>	<b>Muscle Room/Outside, Goodbye</b>





TODAY is: \_\_\_\_\_

<b>9:00</b>	
<b>10:00</b>	
<b>11:00</b>	
<b>12:00</b>	
<b>1:00</b>	
<b>2:00</b>	
<b>3:00</b>	
<b>4:00</b>	

Assignments:

A rectangular area with a light blue background and horizontal blue lines, representing a sheet of paper for writing assignments. The bottom right corner is folded over.

Chores:

A rectangular area with a light red background and horizontal red lines, representing a sheet of paper for writing chores. The bottom right corner is folded over.

Fun things:

A rectangular area with a light yellow background and horizontal yellow lines, representing a sheet of paper for writing fun things. The bottom right corner is folded over.

# SCHEDULE

